



XIAMEN “SCIENCE & GEOGRAPHY” PROGRAM

– Dulwich Intl High School Suzhou



Location:

Xiamen, Fujian
福建省厦门市



Dates:

October 26-30, 2026

PROGRAM OVERVIEW:

This five-day program takes place in Xiamen, a coastal city known for its beaches, mild climate, and cultural heritage. The trip begins with a scenic hike from South Putuo Temple up Wulao Peak, blending cultural landmarks with botanical exploration. Students then explore coastal ecology through Beach Olympics, beachcombing, and a low-tide “sandwatch” survey. On Gulangyu Island, they join an educational scavenger hunt and visit Underwater World to learn about marine biodiversity. The program concludes at Xiamen’s largest mangrove wetland, where students study the ecosystem and participate in a related service project. Throughout the trip, Keystone instructors ensure safe, hands-on learning for all students.

ACCOMMODATION:

4-Star Hotel (4 nights)

TOTAL PRICE:

(Including meals/accommodation, equipment, professional instructors, insurance, bus transportation including pickup and drop-off at Xiamen Airport, applicable entry fees, and 1 free teacher for every 10 students):

RMB 5,700

PER STUDENT

*Does not include round-trip train / flight from Shanghai to Xiamen



厦门“科学与地理学”项目

- 苏州德威国际课程高中项目



地点:
福建省厦门市



日期:
2026年10月26日至30日

项目预览:

这项为期五天的活动将在厦门举行，这座沿海城市以优美的海滩、温和的气候和丰富的文化遗产而闻名。行程首先从南普陀寺出发，徒步攀登五老峰，将文化地标与植物探索相结合。随后，学生们将通过“海滩奥林匹克”活动、海滩寻宝以及退潮时的“沙滩观察”调查，深入探索沿海生态。在鼓浪屿，他们将参加教育性寻宝活动，并参观“海底世界”以了解海洋生物多样性。行程最后，学生们将前往厦门最大的红树林湿地，在那里研究生态系统并参与相关的社区服务项目。在整个行程中，卡赛团队将确保所有学生都能在安全环境中获得实践性学习体验。

住宿:

四星级酒店 (4 晚)

总价:

费用包含: 餐饮/住宿、装备、专业教练、保险、巴士接送(含厦门机场接送)、相关门票费用, 以及每10名学生可免费配备1名教师):

5,700 元

每位学生

*不包括上海至厦门的往返火车票/机票

TRIP THEMES: SCIENCE & GEOGRAPHY FIELDWORK

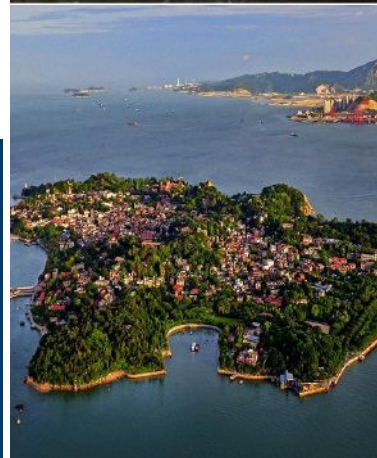
This program immerses students in Xiamen's coastal and ecological environments through hands-on scientific inquiry and real-world geography fieldwork. Across beaches, botanical gardens, tide zones, and mangrove wetlands, students conduct observations, collect data, and investigate how natural systems function and change. Activities such as “sandwatch” coastal surveys, biodiversity identification, aquarium-based marine science, and mangrove ecosystem studies connect directly to **SDG 14: Life Below Water** and **SDG 15: Life on Land**, helping students understand global environmental challenges through local examples. Through PBL-aligned tasks, asking questions, analyzing evidence, and proposing solutions, students develop scientific thinking, environmental literacy, and a deeper appreciation for China's coastal geography and biodiversity.



Proposed Location:
Xiamen, Fujian



Program Dates:
Fall 2026



研学主题：科学与地理实地考察

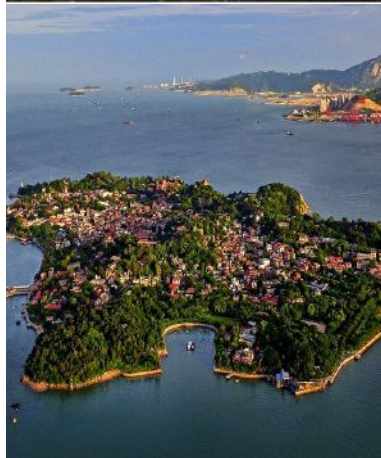
该项目通过实践性科学探究和真实的地理实地考察，让学生深入体验厦门的沿海及生态环境。在海滩、植物园、潮间带和红树林湿地等地，学生们进行观察、收集数据，并探究自然系统的运行机制及其变化规律。诸如“沙滩监测”沿海调查、生物多样性识别、水族馆海洋科学以及红树林生态系统研究等活动，直接关联可持续发展目标 SDG 14: 水下生物和 SDG 15: 陆地生物，帮助学生通过本地实例理解全球环境挑战。通过符合项目式学习(PBL)的任务，学生在提出问题、分析证据和提出解决方案的过程中，培养科学思维和环境素养，并对中国的沿海地理和生物多样性产生更深刻的理解。



地点：
福建厦门



日期：
2026年秋季



PROGRAM HIGHLIGHTS

COASTAL GEOSURVEY OCEAN SCIENCE



Away from the developed beaches in Xiamen sits a secluded section of coastline, somewhat isolated from the surrounding area. Here, KA staff will facilitate some educational activities. As part of a geosurvey activity, students will measure and record the profile of the beach. This will also involve a search for sea critters (only possible at low tide). Finally, a beach clean-up project and trash timeline activity will enable students to learn about the problem of ocean pollution.

GULANGYU SCAVENGER HUNT



The trip will include a half day on Gulangyu Island, whose well preserved buildings stand in stark contrast to the rest of the city, which is modernizing rapidly. We will experience some of the different cultural forces that shaped the architecture and history of Xiamen by doing a cultural scavenger hunt. The activity will also involve a DIY lunch, and free time for exploring and souvenir shopping.

UNDERWATER SCIENCE



As the students walk through the 100-meter underwater tunnel, students will observe over 350 species and nearly 10,000 marine animals, gaining close-up insight into tropical fish, rare deep-sea species, and unique ecosystems from China, Australia, and the Amazon. The visit concludes with an engaging dolphin and sea lion performance, reinforcing concepts of animal behavior, conservation, and marine biodiversity in an interactive, student-friendly way.

ORIENTEERING & HIKING



Students will embark on a guided hike, where they will learn essential map-reading and compass skills under the guidance of experienced instructors. As they navigate the trail, they will practice using these tools to locate landmarks, chart their course, and develop confidence in their navigation abilities. Along the way, they will be rewarded with mountain and its beautiful surroundings.

项目亮点

海岸地质勘测 海洋科学



在厦门那些开发完善的沙滩之外，有一段僻静的海岸线，与周边地区有些隔绝。在这里，卡赛的工作人员将组织一些教育活动。作为地质勘测活动的一部分，学生们将测量并记录沙滩的剖面图。这还包括寻找海洋生物（仅在退潮时才能进行）。最后，通过海滩清洁项目和垃圾时间线活动，学生将深入了解海洋污染问题。

鼓浪屿 寻宝游戏



此次行程将包括在鼓浪屿停留半天。岛上保存完好的建筑与正在快速现代化的厦门市形成了鲜明对比。我们将通过一场文化寻宝活动，亲身体验那些塑造了厦门建筑与历史的多元文化力量。活动还包括自制午餐，以及自由活动时间，供大家探索岛上风光和选购纪念品。

水下科学

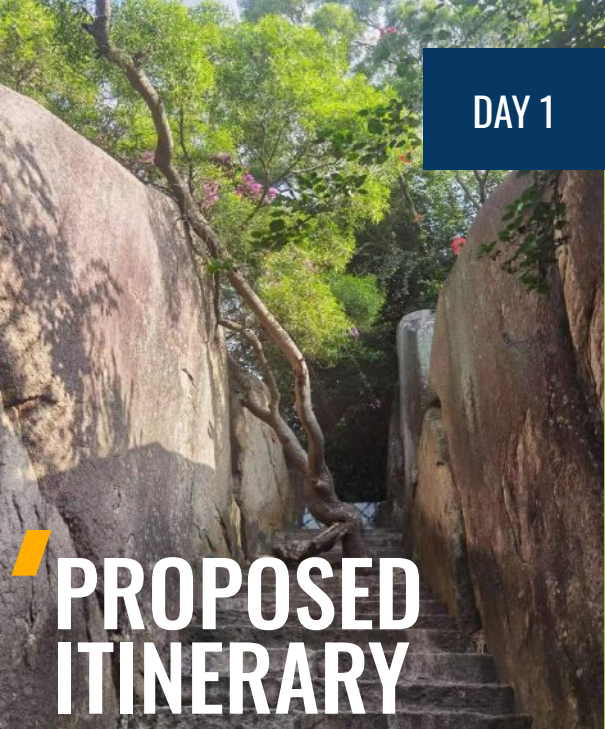


当学生们穿过这条100米长的水下隧道时，他们将观赏到350多种、近10,000只海洋生物，近距离了解来自中国、澳大利亚和亚马逊地区的热带鱼、珍稀深海物种以及独特的生态系统。参观的最后是一场精彩的海豚和海狮表演，通过这种互动且适合学生的方式，进一步巩固了关于动物行为、保护以及海洋生物多样性的知识。

定向越野 & 徒步



学生们将参加一次有向导带领的徒步活动，在经验丰富的指导员带领下，学习基本的读图和用指南针的技能。在穿越山径的过程中，他们将练习运用这些工具来定位地标、规划路线，并增强对自身导航能力的信心。沿途，壮丽的山峦与优美的自然风光将带给他们无与伦比的视觉享受。



DAY 1

PROPOSED ITINERARY

TRAVEL TO XIAMEN / HIKE ABOVE SOUTH PUTUO TEMPLE

10:10am – 11:55pm

- Flight / Train from Shanghai Hongqiao to Xiamen.

12:30pm

- Rendezvous with KA guides, introductions, welcome lunch.

01:30pm

- Transfer to South Putuo Temple, meet your group leaders.

02:30pm

- **Hike from South Putuo Temple (南普陀寺) up Wulao Peak**, whose five summits resemble “five old men gazing at the sea.” The trail passes historic stone carvings and temples, then descends through Xiamen Botanical Garden, exploring vine, succulent, and rainforest zones. The route combines coastal views, cultural heritage, and diverse plant ecosystems.

05:30pm

- Conclude activities, transfer to hotel.

06:30pm

- Dinner en-route.

08:00pm

- Check into hotel, shower, rest.



第一日

前往厦门 / 南普陀寺徒步

行程

10:10am – 11:55pm

- 坐飞机(或者高铁), 从上海虹桥飞往厦门。

12:30pm

- 与卡赛团队会合, 相互介绍, 享用欢迎午餐。

01:30pm

- 前往南普陀寺, 与小组领队会合。

02:30pm

- 从南普陀寺徒步 攀登五老峰, 其五座峰顶形似“五老观海”。沿途经过历史悠久的石刻和古刹, 随后经厦门植物园下山, 探索藤本植物区、多肉植物区及雨林区。这条路线将海岸风光、文化遗产与多样化的植物生态系统完美融合。

05:30pm

- 活动结束后, 前往酒店。

06:30pm

- 享用晚餐。

08:00pm

- 办理入住手续, 淋浴休息。

DAY 2

BEACH OLYMPICS / BEACHCOMBING & SANDWATCH

- 08:00am • Breakfast at hotel
- 09:00am • Transfer to Xiamen City Beach for “**Beach Olympics**” team-building activity: KA guides will facilitate a team-based multi-activity completion on the beach and lake, including sand castle building, relay races, and more.
- 12:00pm • Conclude activity, lunch break.
- 01:00pm • Transfer to coast for “**sandwatch**” **geosurvey**, involving an educational study of the beach environment. Circumstances permitting, we will try to time our trip around low tide, which will expose small tide pools, filled with various sea critters and crustaceans. As part of the activity, there will also be an optional beach clean-up component.
- 04:00pm • Return to hotel, shower, rest.
- 06:30pm • Dinner at hotel restaurant.
- 07:30pm • Reflections, optional evening activity.

PROPOSED ITINERARY



第二日

沙滩奥运会 / 海滩寻宝与沙滩观察

- 08:00am ● 酒店早餐
- 09:00am ● 前往厦门市海滩参加“沙滩奥运会”团队建设活动:卡赛团队将带领大家在海滩和湖畔完成多项团队协作任务,包括堆沙堡、接力赛等。
- 12:00pm ● 活动结束后,午餐休息。
- 01:00pm ● 前往海岸进行“沙滩观察”地质考察,内容包括对海滩环境的教育性研究。若条件允许,我们将尽量安排在退潮时段进行,届时会露出许多小潮池,里面栖息着各种海洋生物和甲壳类动物。作为活动的一部分,还将设有可选的海滩清洁环节。
- 04:00pm ● 返回酒店,淋浴休息。
- 06:30pm ● 在酒店餐厅享用晚餐。
- 07:30pm ● 活动总结,可选晚间活动。

行程



GULANGYU SCAVENGER HUNT / OCEAN SCIENCE

- 07:30am • Buffet breakfast at hotel.
- 08:30am • Transfer to pier, ferry to Gulangyu Island.
- 09:30am • Educational **scavenger hunt**, which will enable the students learn about the history of Gulangyu as a colonial outpost, with free time to explore the island.
- 12:30pm • DIY lunch or sit-down lunch at local restaurant.
- 01:30pm • Walk to Xiamen Underwater World, a national-level **science education** base. Students will explore the aquarium, learning about marine biodiversity and conservation. Highlights include observing rare tropical fish, a full size whale, and the underwater viewing tunnel.
- 04:30pm • Return bus to hotel, shower, rest.
- 06:30pm • Dinner at hotel restaurant.
- 07:30pm • Reflections, optional evening activity.

DAY 3

PROPOSED
ITINERARY



鼓浪屿寻宝活动 / 海洋科学

- 07:30am ● 在酒店享用自助早餐。
- 08:30am ● 前往码头，乘渡轮前往鼓浪屿。
- 09:30am ● 开展**教育性寻宝活动**，让学生了解鼓浪屿作为殖民前哨的历史，并安排自由活动时间探索岛上风光。
- 12:30pm ● 自理午餐或享用正餐。
- 01:30pm ● 步行前往厦门海洋世界，这是一处国家级科学教育基地。学生将参观水族馆，了解**海洋生物多样性及保护知识**。亮点包括观赏珍稀热带鱼、等比例鲸鱼模型以及水下观景隧道。
- 04:30pm ● 乘巴士返回酒店，淋浴休息。
- 06:30pm ● 在酒店餐厅享用晚餐。
- 07:30pm ● 活动总结，可选晚间活动。

第三日

行程



BOTANICAL GARDEN "BIODIVERSITY BINGO" / MARITIME KNOWLEDGE WORKSHOP

- 08:30am • Breakfast at hotel.
- 09:30am • Transfer to Xiamen Botanical Garden. Students will engage "**Biodiversity Bingo.**" With bingo cards featuring local plants, flowers, and natural features, students will explore the area.
- 12:30pm • Conclude activity, sit-down lunch at local restaurant.
- 01:30pm • Transfer to **Maritime Education** Base, students will get a hands-on introduction to life at sea. They'll learn basic ship roles and vessel structure, then visit the bridge to see how ships are steered and navigated. KA Instructors will teach essential **sailor knots** and guide students through a simple sea-survival skills session, giving them practical safety knowledge in an engaging, activity-based format.
- 04:30pm • Return bus to hotel, shower, rest.
- 06:30pm • Dinner at hotel restaurant.
- 07:30pm • Reflections, optional evening activity.

DAY 4A

PROPOSED ITINERARY



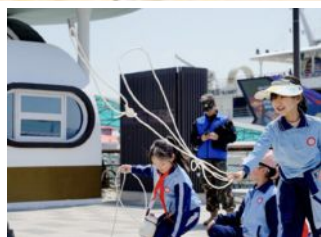
植物园“生物多样性宾果”/ 海洋知识工作坊

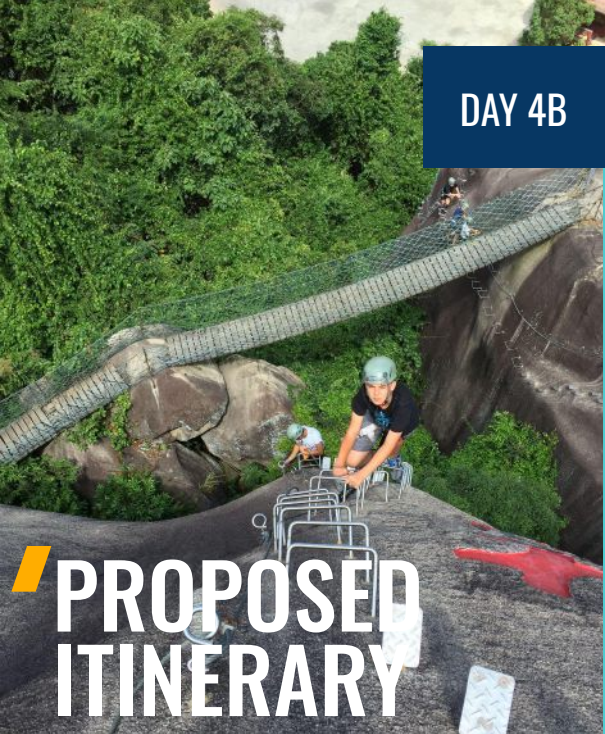
- 08:30am ● 在酒店享用早餐。
- 09:30am ● 前往厦门植物园。学生将参与“生物多样性宾果”活动。学生将手持印有当地植物、花卉及自然景观的宾果卡，在园区内进行探索。
- 12:30pm ● 活动结束后，在当地餐厅享用正餐。
- 01:30pm ● 前往**海洋教育基地**，学生将通过实践活动了解海上生活。他们将学习船上基本职责和船体结构，随后参观驾驶台，了解船舶的操纵与导航原理。卡赛教练将教授基础船员绳结技巧，并带领学生进行简易海上求生技能训练，通过生动有趣的互动形式传授实用的安全知识。
- 04:30pm ● 乘大巴返回酒店，淋浴休息。
- 06:30pm ● 在酒店餐厅享用晚餐。
- 07:30pm ● 活动总结，可选晚间活动。

第四日 方案一



行程





DAY 4B

VIA FERRATA & ZIPLINE

PROPOSED ITINERARY



- 08:30am • Buffet breakfast at hotel, transfer to Xiaohuangshan outdoor base.
- 09:30am • **Via Ferrata Cliffside challenge course:** KA guides will begin with a safety overview and instructions in using the via ferrata kit, which will enable students to climb and traverse a vertical rock face, via ladders, cables, and bridges.
- 12:00pm • Lunch break.
- 01:00pm • Walk up to the top of Xiaohuangshan Mountain for a **zipline** activity. This particular zipline involves a “harness seat,” and carries students 300m over a small valley, offering awesome views of the surrounding area.
- 04:30pm • Conclude activities, return to hotel for shower, rest.
- 06:30pm • Dinner in hotel restaurant, optional evening activity.

第四日 方案二

飞拉达攀岩与滑索

PROPOSED ITINERARY

- 08:30am ● 在酒店享用自助早餐，随后前往小黄山户外基地。
- 09:30am ● **飞拉达攀岩挑战课程**：卡赛教练将首先进行安全说明，并指导如何使用铁索攀岩装备，学生们将借助梯子、钢索和吊桥，攀爬并横越垂直岩壁。
- 12:00pm ● 午餐休息。
- 01:00pm ● 徒步登上小黄山山顶，体验**滑索活动**。该滑索采用“安全座椅”设计，将学员带过300米长的小山谷，沿途可饱览周边壮丽景色。
- 04:30pm ● 活动结束后返回酒店淋浴休息。
- 06:30pm ● 在酒店餐厅享用晚餐，晚间可自选参加活动。



DAY 5

MANGROVE EDUCATION & SERVICE LEARNING / RETURN TO SUZHOU

PROGRAM ITINERARY



- 08:00am • Breakfast at hotel, pack-up, check-out.
- 09:30am • Transfer to the largest **mangrove forest wetlands** in Xiamen (下潭尾红树林公园). Students will learn about the role that wetlands and mangroves play in depolluting the natural environment, preventing erosion, and providing a habitat for endangered animals. Guides will give an overview of various wetland types, the impact of tides on coastal wetlands, and more.
- 11:00am • Students will spend the final part of the trip doing a **service project** related to mangroves. Depending on seasonal conditions, this may involve planting mangroves, or removing invasive weeds from the mangrove forest.
- 12:00pm • Conclude activity, farewell lunch.
- 01:00pm • Final debrief, say goodbye to KA Staff, transfer to Xiamen Airport / Station.
- 03:20pm - 05:15pm • Return flight/train to Shanghai.

第五日

红树林教育与服务学习/返回苏州

行程



- 08:00am ● 酒店早餐后, 收拾行李, 办理退房手续。
- 09:30am ● 前往厦门最大的**红树林湿地**(下潭尾红树林公园)。学生们将了解湿地和红树林在净化自然环境、防止水土流失以及为濒危动物提供栖息地方面所发挥的作用。导游将概述各种湿地类型、潮汐对沿海湿地的影响等等。
- 11:00am ● 行程的最后部分, 学生们将参与一个与红树林相关的**服务项目**。根据季节情况, 项目内容可能包括种植红树苗或清除红树林中的入侵杂草。
- 12:00pm ● 活动结束, 享用告别午餐。
- 01:00pm ● 行程总结, 与卡赛工作人员告别, 前往厦门机场(或)厦门北站。
- 03:20pm - 05:15pm ● 坐飞机或者高铁返回上海

ACCOMMODATION

XIAMEN PROGRAM

While KA maintains consistent standards in safety and student experience across all of our programs and locations, we work hard to cater to different budgets, especially in the areas of food and accommodation. For many programs, we are able to offer a range of accommodation options, which might range from 4-star hotels, to family-run guesthouses, to camping in tents. All accommodation options must meet our rigorous standards of safety, hygiene, and comfort, and must be large enough to accommodate big groups. Typically, 2-3 students will share one room, while accompanying teachers will get their own rooms. Beyond that, we are happy to tailor accommodation options to the needs and budgets of our clients.



Accommodation Information:

4-Star Hotel (4 nights)



酒店:

Holiday Inn Express

Address: 厦门湖里区环岛北路509号



住宿

厦门项目

我们确保所有的项目和地点保持一致的安全和学生体验标准，但我们努力满足不同的预算，尤其是在食物和住宿方面。对于许多项目，我们能够提供一个系列住宿选择，从四星级酒店到家庭经营的宾馆，再到帐篷露营。所有住宿选择都必须符合我们严格的安全、卫生和舒适标准，并且必须足够大以容纳大型团体。通常，2-3名学生将共用一个房间，而随行教师将拥有自己的房间。除此之外，我们很乐意根据客户的需求和预算定制住宿选择。



住宿:

四星级酒店 (4 晚)



酒店:

厦门临港智选假日酒店

地址: 厦门湖里区环岛北路509号

