



XISHUANGBANNA (YUNNAN) PROGRAM

– Dulwich Intl High School Suzhou



Location:

Xishuangbanna, Yunnan
云南省西双版纳州



Dates:

Fall 2026

PROGRAM OVERVIEW:

This Xishuangbanna program offers a rich blend of rainforest exploration, cultural immersion, and experiential learning. Students engage with Dai culture through village scavenger hunts, tea production workshops, and traditional music and dance. In the rainforest, they develop ecological understanding by identifying plant species and examining conservation challenges. Outdoor activities such as canopy walks and kayaking provide hands-on learning in unique natural environments. A design-thinking project at a local museum encourages creativity and problem-solving, while visits to the Xishuangbanna Tropical Botanical Garden deepen knowledge of biodiversity. Throughout the programme, students build teamwork, environmental awareness, and cross-cultural understanding.

ACCOMMODATION:

4-Star Hotel (5 nights)

TOTAL PRICE:

(Including meals/accommodation, professional instructors, insurance, local transportation, applicable entry fees, one free teacher for every 10 students).

RMB 6950

PER STUDENT

*Does not include round-trip flight from Shanghai to Xishuangbanna



西双版纳(云南)项目

- 苏州德威国际课程高中项目



地点:

云南省西双版纳州



日期:

2026年秋季

项目概览:

西双版纳项目将雨林探索、文化浸入和体验式学习完美融合。学生们通过村庄寻宝活动、茶叶制作工坊以及传统歌舞表演, 深入体验傣族文化。在雨林中, 他们通过识别植物物种和探讨保护挑战, 培养生态意识。树冠步道漫步和皮划艇等户外活动, 让学生在独特的自然环境中获得实践学习体验。在当地博物馆开展的设计思维项目激发创造力并培养解决问题的能力, 而西双版纳热带植物园的参观则深化了对生物多样性的认知。在整个项目过程中, 学生将培养团队合作精神、环保意识以及跨文化理解能力。

住宿:

四星级酒店(5晚)

总价:

(包括餐饮/住宿、专业教练、保险、当地交通、相关入场费, 每10名学生配1名免费教师)。

6950 元

每位学生

*不包括上海至西双版纳的往返机票

XISHUANGBANNA, YUNNAN (云南西双版纳)

Located in Southeast Yunnan, Xishuangbanna is one of China's most biodiverse areas, where tropical rainforest, rivers, and traditional villages create an ideal setting for experiential learning and outdoor education. Its warm climate and rich ecosystems support an incredible variety of plant and animal species, making it a natural classroom for studying ecology, biodiversity, and conservation.

Home to the Dai ethnic minority, Xishuangbanna also offers a strong cultural context, where students can explore how local communities live in close connection with the environment through agriculture, architecture, and traditions. From rainforest canopies to river systems and botanical research centres such as the Xishuangbanna Tropical Botanical Garden, the region provides diverse environments for hands-on fieldwork.

Blending natural systems with cultural insight, Xishuangbanna is an ideal destination for immersive, inquiry-based learning beyond the classroom.



XISHUANGBANNA, YUNNAN (云南西双版纳)

西双版纳位于云南省东南部，是中国生物多样性最丰富的地区之一。这里的热带雨林、河流和传统村落共同构成了体验式学习和户外教育的理想环境。温暖的气候和丰富的生态系统孕育了种类繁多的动植物，使其成为研究生态学、生物多样性及自然保护的天然课堂。

作为傣族聚居地，西双版纳还拥有深厚的文化底蕴，学生们可以通过农业、建筑和传统习俗，探索当地社区如何与环境紧密相连。从雨林冠层到河流系统，再到西双版纳热带植物园等植物研究机构，该地区为实践性实地考察提供了多样化的环境。

西双版纳将自然生态与文化洞见相融合，是开展超越课堂的沉浸式探究式学习的理想目的地。



PROGRAM LOCATION MAP 活动地点地图



BIODIVERSITY, CULTURE & SUSTAINABILITY FUTURES

This program aligns with the UN SDGs, particularly **SDG 15** (Life on Land), **SDG 13** (Climate Action), and **SDG 12** (Responsible Consumption and Production). Through experiential learning in Xishuangbanna's rainforest ecosystems, students explore biodiversity, conservation, and the impact of human activity on fragile environments.

By engaging with local Dai communities, sustainable agriculture, and cultural traditions, students develop a deeper understanding of the relationship between people and nature. Through reflection and collaboration, they build the awareness, responsibility, and skills needed to act as informed global citizens.



Proposed Location:
Xishuangbanna, Yunnan



Program Dates:
Fall 2026



生物多样性、文化与可持续发展的未来

该项目与联合国可持续发展目标(SDGs)相契合,特别是目标15(陆地生态系统)、目标13(气候行动)和目标12(负责任的消费和生产)。通过在西双版纳雨林生态系统中的体验式学习,学生们将探索生物多样性、生态保护以及人类活动对脆弱环境的影响。

通过与当地傣族社区的互动,以及对可持续农业和文化传统的接触,学生们将加深对人与自然关系的理解。通过反思与协作,他们将培养作为知情全球公民所需的意识、责任感及实践能力。



地点:

云南西双版纳



日期:

2026年秋季



PROGRAM HIGHLIGHTS

DAI ETHNIC CULTURE



The Dai people (傣族), one of the main ethnic groups in Xishuangbanna, are deeply connected to the region's tropical environment, river systems, and Theravada Buddhist traditions. Known for their stilted bamboo houses, vibrant festivals, and close relationship with nature, Dai culture reflects harmony between people and the rainforest. Students in this program will gain an immersive understanding of Dai culture through hands-on and interactive experiences.

NANLA RIVER KAYAKING



At Nanla River, students will take part in a kayaking lesson led by experienced instructors, learning paddling, turning, and balance techniques. They will navigate a circuit through calm waterways surrounded by lush vegetation, blooming aquatic plants, and native wildlife such as egrets, herons, and turtles. The experience combines skill-building with opportunities to observe the wetlands' vibrant ecosystem, capped off with fun games that test balance, teamwork, and paddling technique.

YUNNAN TEA CULTURE & DIY TEA BRICKS



Yunnan is particularly famous for its rich tradition of Pu'er tea, which has been cultivated and traded along ancient routes for centuries. In Xishuangbanna, students will explore this heritage through a visit to a local tea plantation, learning about tea cultivation, harvesting, and processing techniques. The experience continues with a hands-on workshop, where students create their own Pu'er-style tea bricks, gaining insight into traditional methods of shaping and preserving tea.

RAINFOREST HIKE



Students venture into the tropical rainforest of Mengyuan Rainforest for an immersive field-based learning experience. With a local guide, they will trek through dense vegetation while identifying native plants, insects, and medicinal species and explore rainforest systems and ecological concepts. The hike also introduces conservation challenges, encouraging students to consider the balance between human activity and environmental protection.

项目亮点

傣族文化



傣族是西双版纳的主要民族之一，与该地区的热带环境、河流系统以及上座部佛教传统有着深厚的渊源。傣族以其高脚竹屋、绚丽多彩的节日以及与大自然的亲密关系而闻名，其文化体现了人与雨林之间的和谐共生。本项目的学员将通过实践和互动体验，深入了解傣族文化。

南腊河皮划艇



在南腊河，学生们将在经验丰富的教练指导下参加皮划艇课程，学习划桨、转弯和保持平衡的技巧。他们将沿着一条环形路线划行，途经水流平缓的水道，四周环绕着郁郁葱葱的植被、盛开的水生植物以及白鹭、苍鹭和乌龟等本土野生动物。此次体验既能提升技能，又能观察湿地生机勃勃的生态系统，最后还将通过趣味游戏来测试平衡能力、团队协作和划桨技巧。

云南茶文化 & 自制茶砖



云南以其悠久的普洱茶传统而闻名遐迩，数百年来，普洱茶一直沿着古道种植和交易。在西双版纳，学生们将通过参观当地茶园，了解茶叶的种植、采摘和加工技术，从而探索这一文化遗产。随后，学生们将参加一场动手实践工作坊，亲手制作普洱茶饼，深入了解传统的制茶塑形和保存方法。

雨林徒步



学生们深入勐远的热带雨林，体验沉浸式的实地学习。在当地向导的带领下，他们将穿越茂密的植被，识别当地的植物、昆虫和药用植物，并探索雨林生态系统和生态学概念。此次徒步活动还将介绍保护方面的挑战，鼓励学生思考人类活动与环境保护之间的平衡。

DAY 1

TRAVEL TO XISHUANGBANNA / TEAM-BUILDING

PROPOSED ITINERARY

1:10pm – 05:05pm



Flight from Shanghai to Xishuangbanna.

05:45pm



Rendezvous with KA guides, introductions.

06:00pm

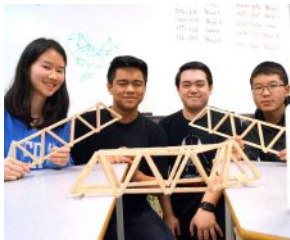


Transfer to hotel, check-in, welcome dinner, rest.

07:30pm



Meet your group leaders, optional evening activity: **“Carnival of Team-Building,”**
part 1. In their small groups, students will complete team-building challenges to earn “money,” which they can use to buy materials for part 2.



第一日

前往西双版纳 / 团队建设

行程

1:10pm – 05:05pm

从上海飞往西双版纳。

05:45pm

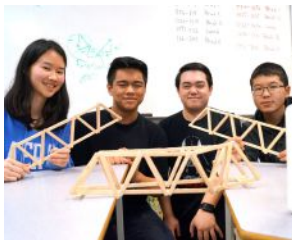
与卡赛团队会合, 互相介绍。

06:00pm

前往酒店, 办理入住手续, 享用欢迎晚宴, 休息。

07:30pm

与团队领队见面, 晚间可选活动: “团队建设嘉年华”第一部分。学生将分组完成团队建设挑战, 以赚取“虚拟货币”, 这些“货币”可用于购买第二部分所需的材料。



DAI VILLAGE SCAVENGER HUNT / YUNNAN TEA CULTURE & DIY TEA BRICKS

- 08:30am • Breakfast at hotel.
- 09:30am • A **scavenger hunt in Mandiu Dai Village** will take students to key landmarks like the Manchunman Buddhist Temple (曼春满佛寺), Millennium Ancient Well (千年古井), and Folk Culture Museum (山寨民俗文化馆), engaging them with local history and culture through clues and challenges.
- 12:00pm • Lunch break.
- 01:00pm • Transfer to a local tea plantation for **lesson in tea culture** and learning about tea production in the area. Afterwards, students will walk to tea workshop to create their own Pu'er-style tea bricks.
- 04:30pm • Conclude activity, return bus ride to hotel, shower, rest.
- 06:30pm • Dinner, reflections, followed by free time exploring local **riverside night market**.

DAY 2



PROPOSED ITINERARY



傣寨寻宝活动 / 云南茶文化与手工茶砖制作

08:30am

酒店享用早餐。

09:30am

在曼丢傣家古寨开展**寻宝活动**，学生们将前往曼春满缅寺、千年古井和古寨民俗文化馆等重要地标，通过线索和挑战深入了解当地的历史与文化。

午餐休息。

12:00pm

前往当地茶园，参加**茶文化课程**并了解该地区的茶叶生产。随后，学生将步行至茶艺工坊，亲手制作普洱风格的茶砖。

01:00pm

活动结束，乘车返回酒店，淋浴休息。

04:30pm

晚餐、活动总结，随后自由活动，探索当地河畔夜市。

06:30pm

第二日

行程



DAY 3

RAINFOREST HIKE / RAINFOREST CONSERVATION

PROPOSED ITINERARY

- 08:30am • Breakfast at hotel, pack-up, check-out, distribute packed lunches.
- 09:30am • Transfer to Mengyuan 勐远 (1.5 hours). **Hike into the rainforest**, where students will go on a morning-long trek, learning how to recognize different plants and insects and understand their medicinal uses (packed lunches en-route).
- 03:00pm • “Protecting the rainforests” **conservation activity**. Students will act as scientists, villagers, and conservationists, debating how to balance tourism with rainforest protection.
- 04:00pm • Conclude activity, transfer to Mengla (1 hour).
- 05:00pm • Arrive at hotel, check-in, shower, rest.
- 06:30pm • Dinner, reflections, optional evening activity.

第三日

雨林徒步 / 雨林保护

行程

- 08:30am ● 在酒店享用早餐, 收拾行李, 办理退房手续, 分发路餐。
- 09:30am ● 前往勐远(车程1.5小时)。徒步进入雨林, 学生们将进行一场持续整个上午的**徒步旅行**, 学习如何识别各种植物和昆虫, 并了解它们的药用价值(途中享用路餐)。
- 03:00pm ● “**保护雨林**”环保活动。学生将分别扮演科学家、村民和环保人士的角色, 就如何平衡旅游业与雨林保护展开讨论。
- 04:00pm ● 活动结束后, 前往勐腊(1小时车程)。
- 05:00pm ● 抵达酒店, 办理入住, 淋浴, 休息。
- 06:30pm ● 晚餐, 活动总结, 可选晚间活动。

DAY 4

CANOPY ECO WALK / KAYAKING

PROPOSED ITINERARY

- 08:30am • Breakfast at hotel.
- 09:30am • Transfer to the Wangtianshu Park 望天树景区 (30 minutes). Students will take a **guided canopy walk** on the sky bridge, learning how canopy ecosystems support biodiversity.
- 12:00pm • Lunch break.
- 01:00pm • Transfer to Nanla River (南腊河), for a **kayaking** activity, in which students will learn paddling, turning, and balance techniques. Following this, they will navigate a circuit through calm waterways surrounded by lush vegetation, blooming aquatic plants, and native wildlife such as egrets, herons, and turtles.
- 04:30pm • Conclude activity, return bus ride to hotel, shower, rest.
- 06:30pm • Dinner, reflections, optional evening activity.



第四日

树冠生态步道 / 皮划艇

行程

- 08:30am ● 酒店享用早餐。
- 09:30am ● 前往望天树景区(车程30分钟)。学生将在导游带领下沿天桥进行**树冠漫步**，了解树冠生态系统如何支撑生物多样性。
- 12:00pm ● 午餐休息。
- 01:00pm ● 前往南腊河，参加**皮划艇活动**。学生将学习划桨、转弯及平衡技巧。随后，他们将沿着平静的水道划行，沿途绿意盎然，水生植物繁花盛开，并能观赏到白鹭、苍鹭和乌龟等本土野生动物。
- 04:30pm ● 活动结束后，乘车返回酒店，淋浴休息。
- 06:30pm ● 晚餐、活动总结，可选晚间活动。



ELEPHANT-FOOT DRUM CULTURE / MUSEUM DESIGN / BONFIRE & DAI SHOW

- 08:30am • Breakfast at hotel.
- 09:30am • Transfer to Mandan Village 曼旦村 (1 hour). Students will visit the **Elephant-Foot Drum Museum** to learn about the history of elephant-foot drumming and learn the basic techniques of this local traditional art form. They will also learn the famous **Elephant-Foot Drum Dance**.
- 12:00pm • Lunch break.
- 01:30pm • Work in teams to propose and present plans to redesign part of the museum to revive interest among younger generations. Museum management will select one plan as the winner.
- 05:30pm • BBQ dinner.
- 07:00pm • Bonfire party with traditional Dai performances.

DAY 5

PROPOSED
ITINERARY



象脚鼓文化 / 博物馆设计 / 篝火与傣族表演

- 08:30am ● 酒店早餐。
- 09:30am ● 前往曼旦村(车程1小时)。学生将参观**象脚鼓博物馆**，了解象脚鼓的历史，并学习这种当地传统艺术形式的基本技巧。他们还将学习著名的**象脚鼓舞**。
- 12:00pm ● 午餐休息。
- 01:30pm ● 分组合作，为博物馆部分区域设计改造方案并进行展示，以重燃年轻一代的兴趣。博物馆管理方将评选出一个方案作为优胜方案。
- 05:30pm ● 烧烤晚餐。
- 07:00pm ● 篝火晚会，欣赏傣族传统表演。

第五日

行程



DAY 6

TROPICAL BOTANICAL GARDEN / RETURN TO SUZHOU

PROPOSED ITINERARY

- 07:00am • Breakfast at hotel, pack-up, check-out, distribute packed lunches.
- 08:00am • Depart for **Xishuangbanna Tropical Botanical Garden**. During guided exploration, students will act as "plant detective" to identify species linked to local culture or economy, and learn about rare tropical plants, medicinal herbs, and rainforest species.
- 10:00am • Conclude activity. Transfer to Xishuangbanna Airport.
- 11:30am • Arrive at airport, say good-bye to KA guides, check in for return flight.
- 01:00pm - 04:45pm • Return flight to Shanghai.

第六日

热带植物园 / 返回苏州

行程

- 07:00am ● 在酒店享用早餐, 收拾行李, 办理退房手续, 分发便当。
- 08:00am ● 出发前往**西双版纳热带植物园**。在导游带领下探索期间, 学生将化身“植物侦探”, 识别与当地文化或经济相关的物种, 并了解珍稀热带植物、药用植物及雨林物种。
- 10:00am ● 活动结束。前往西双版纳机场。
- 11:30am ● 抵达机场, 与卡赛团队道别, 办理返程航班登机手续。
- 01:00pm - 04:45pm ● 搭乘返程航班飞往上海。



ACCOMMODATION (JINGHONG)

YUNNAN PROGRAM

While KA maintains consistent standards in safety and student experience across all of our programs and locations, we work hard to cater to different budgets, especially in the areas of food and accommodation. For many programs, we are able to offer a range of accommodation options, which might range from 4-star hotels, to family-run guesthouses, to camping in tents. All accommodation options must meet our rigorous standards of safety, hygiene, and comfort, and must be large enough to accommodate big groups. Typically, 2-3 students will share one room, while accompanying teachers will get their own rooms. Beyond that, we are happy to tailor accommodation options to the needs and budgets of our clients.



Accommodation Information:

4-Star Hotel (2 nights)



Proposed Hotel:

Microtel by Wyndham / 曼弄金湾麦客达温德姆酒店

Address: 曼弄金湾B2栋



住宿 (景洪)

云南项目

我们确保所有的项目和地点保持一致的安全和学生体验标准，但我们努力满足不同的预算，尤其是在食物和住宿方面。对于许多项目，我们能够提供一个系列住宿选择，从四星级酒店到家庭经营的宾馆，再到帐篷露营。所有住宿选择都必须符合我们严格的安全、卫生和舒适标准，并且必须足够大以容纳大型团体。通常，2-3名学生将共用一个房间，而随行教师将拥有自己的房间。除此之外，我们很乐意根据客户的需求和预算定制住宿选择。



住宿:
四星级酒店 (2 晚)



酒店:
曼弄金湾麦客达温德姆酒店
地址: 曼弄金湾B2栋



ACCOMMODATION (MENGLA)

YUNNAN PROGRAM

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Accommodation Information:

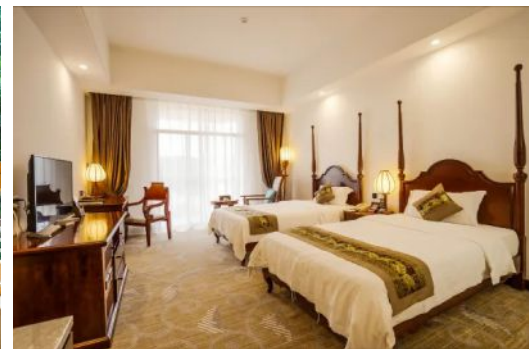
4-Star Hotel (3 nights)



Proposed Hotel:

King Land Hotel / 勐腊景兰大酒店

Address: 新城区新政府大楼对面



住宿 (勐腊)

云南项目

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住宿:
四星级酒店 (3 晚)



酒店:
勐腊景兰大酒店
地址: 新城区新政府大楼对面

