



# *Shanghai Secrets*



# WELCOME

Dear Parents,

The Friends of Dulwich Committee is pleased to present the 2019–2020 edition of *Shanghai Secrets*: your guide to finding what you need in Shanghai. It isn't an exhaustive list, but it is a great start if you've just moved to Shanghai (and even if you've lived here for a few years you may find something new!).

We start our guide off with 'Must-Haves', which includes helpful numbers, apps and a few websites for guidance. We then follow on with our 'A–Z of Shanghai'. This is a comprehensive listing of all the places that we believe will make your transition to life here a little easier.

We hope you'll settle in Shanghai faster by using this knowledge. It has been assembled from many different sources over a number of years. And we look forward to hearing about any updates you might have for next year's edition.

Good luck with your adventure in Shanghai and, from your Friends of Dulwich community, WELCOME!

Yours truly,

Friends of Dulwich Committee

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Although these recommendations come from our community, we do not accept any responsibility for information that may have changed since publication or for any problems that may occur. If you do find that something has changed, or you have a bad experience, please advise a member of the Friends of Dulwich Committee so we can make changes to future editions [fod\\_welcome@dulwich-shanghai.cn](mailto:fod_welcome@dulwich-shanghai.cn)

# MUST-HAVES

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## PHONE NUMBERS

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- First aid ambulance: 120
- Fire: 119
- Lifeline Shanghai: 6279 8990
- Police: 110
- Police text: 12110
- Expats Call Centre: 962288 (emergency translation and directory)
- Taxi Service: 96822 or 6258000 (press 1 and then 2 for English)
- Traffic Accidents: 122



**Talk is Cheap:  
Actually it's free**  
**Call (021) 6279 8990**

We provide free, confidential  
and anonymous support.  
10am – 10pm. 365 days a year.

Connect with us at  
[www.lifeline-shanghai.com](http://www.lifeline-shanghai.com)



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**Talking helps**

**We listen. We care**

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## APPS

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**Alipay** – Online payment platform that will become a way of life very quickly



**Air Matters** – Advised Air Quality Index



**CamCard** – Stores, sorts and catalogues all the business cards you collect



**Chope** – Restaurant booking app for many places around town



**Didi** – China's version of Uber



**Explore Shanghai Metro** – Use to explore Shanghai by metro, very handy



**Ktdict C-E** – Chinese-English translation app



**Mobike** – Scan and use any of the orange Mobike shared bikes around town



**Sherpa's** – Meal delivery service with English interface



**Smart Shanghai** – News, events and a comprehensive directory



**Taobao** – One-stop shop for anything you could possibly want to buy



***That's Shanghai*** – News, events, current affairs and lifestyle app with a comprehensive website and monthly hardcopy magazine



***WeChat*** – Facebook, Twitter, Instagram and texting all in one! Must-have for communication with friends and groups



***Youku, Sohu and iQIYI*** – Download these apps and you can find many American and other international shows (often the day after they air in your home country. VPN not required). Might be helpful to



have a Chinese speaker help you initially, but you will be amazed what you find. You do need to know a few simple Chinese characters and then you'll be hooked. US 美剧, England 英国, TV Series 电视剧



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## WEBSITES

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***247 Tickets*** – [www.247tickets.com](http://www.247tickets.com). Use to purchase (in English) tickets for all events, shows and other entertainment

***Community Center Shanghai*** – [www.communitycenter.cn](http://www.communitycenter.cn)

***American Club Shanghai*** – [www.acshanghai.org](http://www.acshanghai.org)

***Baopals*** – [www.baopals.com](http://www.baopals.com). Online marketplace with over 800 million items available from Taobao and TMall in English

***Brits Abroad*** – [www.britsabroadshanghai.com](http://www.britsabroadshanghai.com)

***Australian Chamber of Commerce*** – [www.austchamshanghai.com](http://www.austchamshanghai.com)

***Royal Asiatic Society*** – [www.royalasiaticsociety.org.cn](http://www.royalasiaticsociety.org.cn)

***Shanghai Expat Association*** – [www.seashanghai.org](http://www.seashanghai.org)

***Shanghai Mamas*** – [www.shanghaimamas.org](http://www.shanghaimamas.org)

***That's Shanghai*** – [www.thatsmags.com](http://www.thatsmags.com)

***How to Tao*** – [www.howtotao.com/buy-from-taobao/](http://www.howtotao.com/buy-from-taobao/)

***Timeout Shanghai*** – [www.timeoutshanghai.com](http://www.timeoutshanghai.com)

***Urban Family Shanghai*** – [www.urban-family.com/shanghai](http://www.urban-family.com/shanghai)

# A-Z OF SHANGHAI

## ACCESSORIES

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### GLASSES

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#### ***Bright Eyes Optical***

Glasses market near the Shanghai Railway Station, a great place for knock-off designer frames. They have a range of different lens qualities and sell contact lenses, and will confirm your prescription if necessary.

- 3 Yeh Optical Market, 360 Meiyuan Lu, Room 4056, 4th Floor. 上海市火车站南广场梅园路 360 号环龙商厦 4 楼三叶眼镜城 4056 号
- Contact Linda, Tel: 138 1686 1521

#### ***Coin Optometrist***

- Science & Technology Market (A.P. Market), C1-26. Metro Line 2 Shanghai Science and Technology Museum Station, 2000 Century Avenue, near Yingchun Road. 地铁 2 号线上海科技馆站内, 世纪大道 2000 号, 近迎春路

#### ***International Glasses City***

This three-storey market is one of the best places in town to buy glasses – custom-made glasses are still one of the few products that are much cheaper in Shanghai than back home. Over one hundred shops sell glasses and sunglasses.

- Railway Station North Plaza 1688 Zhongxing Lu, near Henfeng Lu. 国际眼镜城 闸北区中兴路 1688 号, 近上海火车站

#### ***Puyi Optical***

Designer-brand eyewear. Multiple locations.

- Floor 3-23, IFC, 8 Century Avenue, Pudong, Tel: 5012 63220
- Floor 4 Plaza 66, 1266 West Nanjing Lu, Puxi, Tel: 6288 6837
- 242A, Floor 2 Grand Gateway 66, 1 Hongqiao Lu, Tel: 6448 6088



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## JEWELLERY

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### **C-Stone** 意彩石光

Custom-made jewellery.

- Block B, Daning Debiyiyuan, 602 Pengjiang Lu. 上海市彭江路 602 号大宁德必易园 B 座

### **Hongqiao Pearl Market**

First floor sells knock-offs; second/third floors have pearl vendors; upscale shops on the sides, lower end in the middle.

- 3721 Hongmei Lu, just off Yanan Lu.

#### *Suggested vendors*

- Cathy Jewellery Club – G-012
- Charles Cai & Jennifer – 2nd floor, G-066
- Charles Jewellery – Unit 2002, 1st floor
- Lenny Jewellery – G-051 & G-051
- Passion Bijoux – 2nd floor, 2-037

### **Fernando Sung**

Jewellery designer at Studio 5, a collective group of designers who share a space in Xuhui.

- 2/F, No. 5, 169 Jiashan Lu. 嘉善路 169 弄 5 号 2 楼
- Tel: 138 1747 4284
- Email: [hello@fernandasungjewelry.com](mailto:hello@fernandasungjewelry.com)



### **Pudong YaDa Pearl Market**

Located at the Shanghai Science & Technology Museum Metro Station (Line 2).

- 2002 Century Avenue, Pudong. 地铁 2 号线上海科技馆站内, 世纪大道 2000 号, 近迎春路

#### *Suggested vendor*

- B12, Julia Zhu, [juliazhu65@126.com](mailto:juliazhu65@126.com)

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### ***Yu Garden Wholesale Pearl Market***

- Windy Designs No. R7, 296 FangBang Middle Lu
- Tel: 139 1787 9583

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## **SHOES**

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### ***The Collection Shoe Store***

Good-quality heels and boots at an acceptable price. Nice display and very helpful. Has sizes EU 34–42. 11:00am–9:00pm.

- 126 Wulumuqi Nan Lu, by Yongjia Lu. 乌鲁木齐南路 126 号, 近永嘉路

### ***Mr. Billy's***

Handmade shoes.

- 1238 Changle Lu, Puxi
- Contact Billy Wang, Tel: 6248 4881

### ***Yanye Custom Shoes***

Handmade leather shoes.

- 1363 Fuxing Zhong Lu, by Baoqing Lu. 庆路中国上海复兴中路 1363 弄 (靠近宝庆路)
- Contact Mr Zhao Tel: 131 6270 5506 or 5204 1395

## **BEAUTY**

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## **HAIR REMOVAL**

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### ***Browhaus – [www.browhaus.cn](http://www.browhaus.cn)***

Tweezing and threading available at many locations in Shanghai.

- L227A-1 Kerry Parkside Shopping Mall, 1378 Huamu Lu, Pudong
- Tel: 189 6494 7746 or 6837 5550

### ***Dreams Laser Hair Removal***

Call for appointments and visit to ask questions. English is limited. Packages are available.

- Dreams Korean Cosmetic Medical Centre, Floor 3-4, Nanzheng Building, 580 West Nanjing Lu, Puxi
- Tel: 6218 5111

### ***Strip, Ministry of Waxing— [www.strip-shanghai.cn](http://www.strip-shanghai.cn)***

Many locations around Shanghai.

- L227A, Kerry Parkside, 1378 Huamu Lu, Pudong
- Tel: 6837 1166

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## **SALONS**

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### ***81 West***

- Tel: 5030 6981
- B15/16 Green Sports & Leisure Centre, 633 Biyun Lu, Jinqiao
- B2, Himalayas Center, 1188 Fangdian Lu

### ***Benson Salon***

- 1208 Biyun Lu, near Hongfeng Lu, Jinqiao
- Tel: 5030 3878

### ***Head to Toe***

Child and adult haircuts, manicures, pedicures, waxing and massages.

- 150 Biyun Lu, Jinqiao
- Tel: 5030 2794

### ***J & L Hair***

Colour and cut at reasonable prices.

- 239 Mingyue Lu, Jinqiao
- Contact Henry, Tel: 3870 0143

### ***Mentor Salon***

- Several salons in Pudong and Puxi
- Lv 7, Super Brand Mall
- Tel: 6866 1026

### ***Mikael Bottero***

French hairstylist who does Olaplex, Balaiaage. By appointment only.

- WeChat: mikaelshanghai
- Tel: 138 1746 8127

### ***Mirage M – [www.miragemhairmakeup.com](http://www.miragemhairmakeup.com)***

London-trained Malaysian hairstylist who does excellent blond highlights. Also offers full makeover services including nails, makeup and private events. By appointment only.

- Tel: 021 6153 6762



### ***Z Hair Story***

- Lane 299, Biyun Lu, Pudong
- Contact Lee or Alan, Tel: 5049 1189

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## **SPAS**

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Most spas will offer a loyalty membership, where you prepay your account at a discounted rate (typically 20–30%). With this, you are often allowed to share with family or friends.

### ***Bamboo 7***

- Tel: 5030 8406
- 1198 Biyun Lu, Jinqiao (near Hongfeng Lu)
- Weifang Xi Lu x Puming Lu, Lujiazui

### ***Dragonfly – [www.dragonfly.net.cn](http://www.dragonfly.net.cn)***

Multiple branches throughout the city.

- 616 Biyun Lu, across from Carrefour. Tel: 5835 2118
- Kerry Parkside Shopping Mall, 1378 Huamu Lu, Pudong. Tel: 2025 2308

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***Subconscious Day Spa – <http://en.subconsciousdayspa.cn>***

- B17-20 Green Sports & Leisure Centre, 633 Biyun Lu, Jinqiao
- Tel: 5030 7382

## ***BIKES/SCOOTERS***

### ***Specialized Bikes***

- 1192 Biyun Lu at Hongfeng Lu, Jinqiao
- Tel: 021 228211992

### ***Trek Bicycles***

- 158 Biyun Lu at Baihua Lu, Jinqiao.

### ***Decathlon Sports Store – [www.decathlon.com.cn](http://www.decathlon.com.cn)***

Stores closest to DCS are:

- 600 Lantian Lu, Green Sports & Leisure Centre, Jinqiao
- 393 Yinxiao Lu, Huamu flagship store

## ***BOOKS***

### ***Amazon China-- [www.Amazon.cn](http://www.Amazon.cn)***

Now available in English and with cash on delivery if you don't want to use a credit card. Be sure to check the delivery time as imported books might take a long time for delivery from overseas.

### ***Boocup***

- Floor 2, Kerry Parkside Shopping Mall, 1378 Huamu Lu, Pudong
- Super Brand Mall, Lujiazui

### ***Book City***

Shanghai's largest bookstore, with some foreign-language books.

- 465 Fuzhou Lu, Puxi

**Book Depository – [www.bookdepository.co.uk](http://www.bookdepository.co.uk)**

Free worldwide shipping.

**Sisyphean Bookstore**

– Lv 2, B1-2 Kerry Parkside Shopping Mall, 1378 Huamu Lu, Pudong

## CHARITIES / VOLUNTEERING

**Anna's Home**

Non-government organisation that acts as a refuge and a rehoming centre for animals, abandoned or rescued from puppy mills. Works closely with DCSPD



**Baobei Foundation –**

**<http://www.baobeifoundation.org/volunteer.html>**

Takes orphan babies in life-threatening situations and gives them needed healthcare or surgery. Their main goal is to save lives of orphans and place them in permanent adoption families. Volunteers can provide in-home care for children, take them to hospital visits or help with nursing. You can also assist with product sales and fundraising, as well as web management.

– Email: [info@baobeifoundation.org](mailto:info@baobeifoundation.org)

**Beacon of Love – <http://www.beaconoflovecn.org/index.htm>**

Raise awareness for children suffering from congenital heart disease in China. Every year, they host an event in partnership with Shanghai Children's Health Foundation to raise money for the children. Donations to this charity help fund lifesaving medical procedures. Volunteers can help with events, raffles or sponsorship solicitation.

***Best Friends China – <http://www.bestfriendschina.org/en/>***

Best Friends China is an animal adoption agency that ensures animals are sent to responsible and loving homes. People who are passionate about animals and are dedicated can join their team or foster a pet.

- Email: BestFriendsChina@hotmail.com

***Chunhui Children – <http://www.chbaf.org/en/content/our-programs>***

Chunhui Children helps vulnerable children in China by providing education programmes. They work with government-run social welfare institutions to deliver their professional help and programmes. Volunteers can hold fundraising events for the children. Sponsors can donate to the babies or to the mothers/caretakers.

- Tel: 10 8532 6886

***Heart to Heart Shanghai – <http://www.h2hsh.com>***

Provides corrective surgeries for children born with congenital heart defects whose families are under financial constraints. Volunteers can go to the hospital playroom and help the assembly team create schedules and activities for the sponsored children and their families.

- Tel: 139 1629 5852
- Email: info@h2hsh.net

***Lifeline – <https://www.lifeline-shanghai.com/volunteer.html>***

Lifeline Shanghai serves the English-speaking community with free, confidential and anonymous emotional support via telephone 10am–10pm, 365 days a year. Volunteers are needed for their call line to take calls and offer options and choices. They also have positions within their admin team. Each volunteer must undergo thorough training.

- Tel: 6279 8990
- Email: info@lifeline-shanghai.com

***Safe Haven – <http://www.tryclearcut.com/event/xbZl0F9f>***

1. Safe Haven Shanghai is a new organisation providing information, support and services to individuals and families in domestic and relationship abuse situations. There are four different types of volunteers: phone intake, advocates, administrative support and fundraising.

2. Email: safehavenshanghai@outlook.com

***Shanghai Baby Home – <http://www.shbabyhome.org.cn>***

Helps orphan babies from impoverished towns find the medical care they need. After the babies are given the proper surgeries, they try to find them foster homes. Volunteers are needed to help care for the children or just donate needed funds.

***Shanghai Adream Charitable Foundation –***

***<http://www.adream.org/en/join-us>***

Provides kids with an education system that integrates into local curriculums. They train teachers and donate computers and curriculums to impoverished inner-city schools. Volunteers are always welcome to help teach their curriculums.

– Tel: 6858 7100

***Shanghai Sunrise – <https://www.shanghaisunrise.com/volunteer>***

Raises funds for educational scholarships for underprivileged and at-risk young people in Shanghai. This is delivered through student sponsorship, or you can share your skills in areas such as administration, event management, fundraising, marketing, IT, accounting, sponsor engagement and community outreach.

– Email: [volunteer@shanghaisunrise.com](mailto:volunteer@shanghaisunrise.com)

***Stepping Stones –***

***<http://steppingstoneschina.net/volunteer/volunteer-individuals>***

Strives to help kids receive a better education by sending volunteers to different schools every week to teach English. Volunteers are asked to teach three to six hours per week for a minimum of three to four months. There are also other positions, such as tutoring and working as a substitute teacher.

## ***CLOTHING & REPAIRS***

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### **DRY CLEANING**

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***Cobbers***

Two locations in Pudong:

- 43 Liushan Lu (just north of Seasons Villas)
- 256 BaiHua Lu



### **Fornet**

Under Carrefour at Jinqiao, 1138 Biyun Lu and at Thumb Plaza – if you buy a cash card you get discounts.

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## **TAILORS / ALTERATIONS / REPAIRS**

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### **A.P. Market Tailors (Science & Tech Market)**

- Metro Line 2 Shanghai Science and Technology Museum Station, 2000 Century Avenue, near Yingchun Road. 地铁 2 号上海科技站内, 世大道 2000 号, 近迎春路

#### *Suggested vendors*

- Anna Tailor, K3-9, wool, cashmere, silk, cotton
- Zhao Rong Fu, K3-7, K3-8, children's uniform trousers
- Samth's Tailor, K1-50, men's suits and shirts
- Xinshang Dress, K2-39-50
- Team Sports Shirts, Jerri, C1-42
- Mr. John, K2-36, formal wear

### **Carrefour**

Watch battery desk in the electronics section.

### **eDressit – [www.edressit.com](http://www.edressit.com)**

Good for formal dresses. Check the website and select dresses, then visit the showroom and have made to measure. 83 Xingeng Lu, Puxi

- Tel: [54364388](tel:54364388)
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### **Mr Shang**

In Jinqiao, across from Yasmine's Steakhouse

- Tel: 136 0185 8435

### **Mr. Wang**

Will come to your house and custom-make clothes including formal wear and costumes.

- Tel: 130 6166 2788.

### ***Shi Liu Pu Tailors***

Smaller and less touristy than other fabric markets. Less English. Good quality.

- 168 Dongmen Lu, near Zhongshan Dong Er Lu, Puxi

### ***South Bund Tailors (Also known as the ‘Fabric Market’)***

- 399 Lujiabang Lu, Puxi (almost under the Nanpu Bridge). 陆家浜路 399 号

*Suggested vendors*

- Ashley, 210, dresses
- Jimmy Jeans, 218, denim
- Jenny, 247, Prada macintosh coats
- Rita Zhang, 130, suits, shirts and formal dresses
- Zhang Lin, 213, women’s and girls’ formal dresses
- Jack, 132, suits
- Li Guang Ming, 371, shirts
- Zhao Liang, 370, cashmere

### ***Retoucherie Manuela***

Under Carrefour in Jinqiao

- Tel: 6651 1010

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## **SHOES / LEATHER REPAIRS**

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### ***Happy Craftsman***

Simple shop, behind Yasmine’s Steakhouse.

- 178 Biyun Lu, Jinqiao

### ***L & F***

Leather care.

- 804 YingChun Lu (near Thumb Plaza). 上海迎春路 804 号
- Tel: 6854 1187

### ***Mister Minit***

Can re-heel and re-sole shoes.

- Under Carrefour, Biyun Lu, Jinqiao

# DONATION AND RECYCLING

## ***À Pleines Mains – [www.apleinesmains.com](http://www.apleinesmains.com)***

This charity accepts clothes (age 3 and above), unused toiletry kits, books, toys, clean duvets and quilts and shoes (sizes child 11.5–adult 10.5). Drop off your donation at the Qingpu location or find volunteers at one of the community bazaars around town.

## ***Asian Tigers***

As one of Asia’s best-known moving and relocation companies, Asian Tigers accepts donations of clothes, toys, shoes, books and furniture, which are redistributed to orphanages and underprivileged groups to help those in need.

– Email: [sales@asiantigers-china.com](mailto:sales@asiantigers-china.com)

## ***Books in Shanghai***

Collects and resells secondhand books at RMB20 each. The proceeds are donated to the children at Guangci Orphanage. Deposit your books at Banshe Bookshop, and they’ll be placed on the ‘Books in Shanghai’ shelf.

– 4, Lane 254, Nanchang Lu. 南昌路 254 弄 4 号

– Tel: 188 8870 8871

## ***FoD Used Books***

FoD invites you to donate any books that you no longer need at home for their ongoing used-books sales. There are collection points around Dulwich College: one next to the DUCKS reception and another outside the Junior School library. Books covering all genres for all age groups are welcome. Funds raised from their resale go to the Heart to Heart charity.

## ***Heart to Heart Shanghai***

This charity supports children undergoing corrective heart surgery in Shanghai. If you have used clothing, toys, unused toiletries or even protein-rich packaged food to donate, get in touch with Heart to Heart to arrange collection.

– Email: [donations@h2hsh.net](mailto:donations@h2hsh.net)

### ***Mifan Mama***

This NGO provides basic services to orphanages across six provinces. You can donate clothing, toys and games, books, diapers and furniture.

- Contact Julie Garratt 139 1871 9179
- Email: mifanmama@outlook.com

## ***FAMILY ACTIVITIES / PARTY VENUES***

### ***Action and Fun @ Jinqiao***

Action and Fun is a play area in block 1 of Life Hub in Jinqiao. The main attraction here are two large slides, but it's got a cool ambience with lots of fun learning stuff, like constellations on the ceiling and a fossil puzzle on the ground. In addition to the slides, there's a race track for competitive biking, a fake air balloon, and Xbox and Wii games. Best for kids aged 3–14. Also good for parties.

- Life Hub Jinqiao, 3/F, Block 1, 3611 Zhang Yang Lu. 张杨路 3611 号, 近金桥路
- Tel: 2023 3158

### ***Adventure Zone***

Obstacle course, slides, climbing and play areas. Private party rooms. Sometimes offers 2 hours free when booking a weekend brunch at The Meat.

- 4th Floor Kerry Hotel, Kerry Parkside, Pudong

### ***Big E – [www.bigecn.com](http://www.bigecn.com)***

Laser Tag, KTV, mini golf and bar.

- 855 Pudong Nan Lu, World Plaza B2 Lujiazui. 浦东南路 855 号世界广场 B2
- Tel: 400 030 9992

### ***Bowling – Life Hub Alleys***

- Life Hub Jinqiao @ 3611 Zhangyang Lu

### ***Cinema/Movies***

It is possible to see English movies in Shanghai! It just takes a little planning. It is usually more expensive to buy your tickets at the theatre; online you can save 50% or more. If you think you are going to go often you can by a VIP card with a set value and receive a discount.

- SFC Himalayas PIC – 1188 Fangdian Lu, 7th floor (opposite Kerry Parkside) – for show times visit: [www.gewara.com/cinema/47227076](http://www.gewara.com/cinema/47227076)
- Palace IFC Theatre – Lujiazui IFC building, Ground floor
- Shanghai Stellar Cinema City – Super Brand Mall 8th floor, Lujiazui
- Shanghai Zhoupu Wanda & IMAX Cinema – 518 Nianjiabang Lu, Wanda Plaza 4th floor [www.imax.cn/en/theatres/t/shanghai-zhoupu-wanda-imax-cinema/](http://www.imax.cn/en/theatres/t/shanghai-zhoupu-wanda-imax-cinema/) – this one is in English!
- 247 – [www.247cinema.cn](http://www.247cinema.cn) show and movie ticket site (can search by cinema, venue or movie).



### ***Citygarden Farm***

- Rooftop 3rd Floor, Block 7, Jinqiao International Commercial Plaza, 3611 Zhangyang Lu
- Tel: 5083 9159

### ***Climbing Centre HaniKids – [www.hanikids.cn](http://www.hanikids.cn)***

- WanJia Plaza 1F, 1881 Dongjing Lu, Pudong
- Tel: 5865 0382
- Also has a location near the German Centre

### ***Community Center Shanghai – [www.communitycenter.cn](http://www.communitycenter.cn)***

Locations in Pudong and Puxi. Fantastic array of classes and tours on a wide range of topics. They have a fabulous ‘Shanghai 1-2-3’ in August and September, plus many other activities and classes throughout the year. They also have a counselling service.

- Jinqiao Tel: 3382 177
- Downtown counselling Tel: 136 3631 7474



### ***Disc Cart Indoor Karting – [www.kartingchina.com](http://www.kartingchina.com)***

- 809 Zao Yang Lu (Chang Feng Park)
- Tel: 6222 2880

## ***Disney Resort Shanghai***

**Advice:** Get a season pass to go on Sundays, as it's usually not busy Sunday mornings if you go early, and it's not busy on rainy days. For little ones the splash area by Shipwreck Cove is good and you'll find an empty temple at Camp Discovery. Shows are in Chinese except the castle fan fair, but the Frozen show is still good. Download the app before going to scan your ticket for fast passes. The best way to travel to Disney is by metro. Opening time is busy as queues are long because of security.

- 360 Shendi Xi Lu, Chuansha Town, Pudong. 上海市川沙申迪西路 360
- Tel: 3158 0000

## ***Extreme Jump – 极限 Jump 蹦床娱乐团建中心***

Trampoline park with climbing walls and games rooms. Birthday parties available here. South Pudong near Ikea.

- 518 Kangshan Road near Kangqiao Bridge Road. 康衫路 518

## ***GLSA Grand Laser Strike Association***

- 1353 Waima Lu, Huangpu District, Puxi. 外马路 1353 号, 近苗江路
- Contact Damon Lee, Tel: 137 6438 9204

## ***iStage Academy***

A performance art studio in Pudong. Features English performers and teaches dance, singing, visual arts and instruments. They teach in small classes and provide ABRSM tests in Shanghai.

- 2/F Room 18, 1078 South Pudong Lu, 1088 Plaza. 浦东南路 1078 号 1088 广场 2f-18 室
- Tel: 50725172

## ***I – Workshop Lego Centre***

Hosts parties and has classes.

- Shop 122–123, Zone A, Himalayas Center, 1188 Fangdian Lu, Pudong
- Tel: 5033 3053

## ***Jitterbugs – [www.jitterbugsinshanghai.com](http://www.jitterbugsinshanghai.com)***

Offering 45-minute music, movement and play classes for children to develop social and motor skills before school. Available for infants to 4 years old. They have a full

schedule of classes available at venues throughout Shanghai: Jinqiao, Former French Concession, Hongqiao, Lujiazui and Jing'An.



### ***Laser Tag Planet Laser***

Near the Shanghai Hongkou Football Stadium.

- 444 Dong Jiang Wan Lu. 上海东江湾路 444 号
- Tel: 5560 0658

### ***Lollipop Playground***

A small playground for kids (6 months to 6 years old). It's an enclosed space with a modest jungle gym, and places for crawling and climbing. Several locations around town. Rate is cheaper when you buy more tickets.

- Laya Plaza, 300 Fangdian Road. 上海市浦东新区芳甸路 300 号 邮政编码

### ***Legoland Discovery Center – [www.legolanddiscoverycenter.cn/shanghai/](http://www.legolanddiscoverycenter.cn/shanghai/)***

With a hands-on play area, jungle gyms and fun rides, this interactive play centre inside the Changfeng Joy City has over 3 million pieces and over 20 Shanghai landmarks rebuilt brick by brick. Highlights include a towering Lujiazui skyline by night, slides made of Lego blocks, plus a 4D theatre! Open 10am–8pm.

- 2/F, Joy City Changfeng, 196 Daduhe Lu. 大渡河路 196 号大悦城二楼
- Tel: 021 2287 2188

### ***Le Ran Performing Arts Center – [www.leranart.com.cn](http://www.leranart.com.cn)***

Runs various plays and dramatic arts programmes in Jinqiao.

### ***Li Ning Climbing Centre 李宁攀岩馆***

Good-sized climbing area for varying abilities. Also offers kids parties at a reasonable price.

- River Mall, Zone 5, 339 Zhoujiadu Road (about 1 km south of Mercedes-Benz Arena). 世博源 5 区 浦东新周家度路 339 号
- Tel: 2028 0209

### ***Little Scholars – [www.scholaracademy.org](http://www.scholaracademy.org)***

Provides childcare, but also has classes and will host parties.

- 450 Hongfeng Lu, Jinqiao
- Tel: 152 2138 4017

### ***Little Urban Centre – [www.thelittleurbancenter.com](http://www.thelittleurbancenter.com)***

Kids' parties as well as daycare facilities.

- 1883 Huamu Lu, Lane 233, Pudong (enter at Fangdian Lu)
- Tel: 139 1704 7785

### ***Mr. X – [mr-x.com.cn:9877/skcms/en/contact\\_en.html](http://mr-x.com.cn:9877/skcms/en/contact_en.html)***

Mission game room best suited for adults and older kids.

- Building 1, 550 Jumen Lu, near Quxi Lu. 局门路 550 号 1 号楼, 近瞿溪路
- Tel: 3304 1233

### ***NBA Playzone***

Jungle gym with slides, ball pit for climbing, small trampolines for shooting hoops, a small indoor basketball court, a few arcade games, a separate play area for toddlers and a decent snack bar. Slightly pricey, RMB188–238 per person, but the kids love it.

- 2/F, Hubin Dao Mall, 150 Hubin Lu, by Jinan Lu, Xintiandi. 湖滨路 150 号, 近济南路, 湖滨道购物中心 2 楼
- Tel: 5302 0520

### ***Park Climbing Gym***

Enter the premier rock pavilion in Shanghai: Park Climbing Gym. It boasts the highest indoor artificial rock wall in China, the longest roof in Asia. Open daily from 10am–10pm.

- 1F, 199 Yangzhai Lu. Changning. 杨宅路 199 号东华创意园 1 楼大厅



**Scouts (Boy) – [www.scoutlander.com/publicsite/unithome.aspx?UID=33228](http://www.scoutlander.com/publicsite/unithome.aspx?UID=33228)**

**Scouts (Cub) – [www.shanghaipack12.org](http://www.shanghaipack12.org)**

***Strawberry Picking Song Strawberry Garden***

- 2255 Huadong Lu. 上海市浦东新区金海路到底 ( 过绕城高速) 右转 800 米左右
- Tel: 158 0085 0029

***Trampoline Dole Island – [www.duoletto.com](http://www.duoletto.com)***

- 65 4F (near Yixian Lu) Shanghai Jiaotong University High School High Lu opposite the Baoshan District. 上海市宝山区殷高路 65 号 4F(近逸仙路)上海交大附中正对面
- Tel: 5588 1677

***Trampoline Jump360 – [www.jump360.co](http://www.jump360.co)***

Huge trampoline warehouse offering 1-, 2- or 3-hour packages and birthday parties. Two locations.

***Baoshan***

- Area C4, 258 Changjiang Lu, near Jungong Lu. 江路 258 号城智谷园 C4 区, 近工路
- Tel: 5182 8806

***Minhang***

- 1408 Jidi Lu, near Jizhan Lu. 纪翟路 1408 号, 近红南路
- Tel: 131 6625 0458

***Urban Aphrodite Theatre –***

***<https://urbanaphroditeinternational.weebly.com>***

Ann James offers theatre classes for kids and puts on expat theatre productions.

- Tel: 187 2152 8625
- Email: [info@urbanaphrodite.nl](mailto:info@urbanaphrodite.nl)

# FITNESS

## **Active Kidz – [www.activekidz.org](http://www.activekidz.org)**

Community-based activities including basketball, soccer, baseball, tennis, dance, volleyball and gymnastics. They also host holiday camps.

## **Ambassy Club – [www.ambassyclub.com.cn](http://www.ambassyclub.com.cn)**

Gym, outdoor and indoor pool, child and adult fitness, dance and swimming classes.

- 588 Hongfeng Lu, Jinqiao

## **Anytime Fitness**

Offers an affordable gym and group classes.

- 1188 Biyun Lu, 2nd floor, Jinqiao

## **Christina's Pilates**

Fully trained Pilates instructor offering one-on-one full studio sessions (reformer, chair, trapeze table, laser barrel and spine corrector). Also available for semi-private reformer sessions or mat classes.

- Green villas, Jinqiao
- WeChat: christinasmith1973
- Email: [christinawiesner@hotmail.com](mailto:christinawiesner@hotmail.com)

## **Dassi Pilates**

Professional and caring instructor qualified to teach Pilates for a wide range of needs including fitness, wellbeing, rehabilitation and pre/post-natal care.

- Group or private mat classes available
- All abilities taught from beginner to advanced
- WeChat: sm0135
- Email: [sm0135@hotmail.com](mailto:sm0135@hotmail.com)

## **Elizabliss yoga – [www.elizabliss.yoga](http://www.elizabliss.yoga)**

Grounded in vinyasa flow, breath, alignment, opening, strength and stability are taught to music that makes the heart dance.

- Tiger Fitness Building 21, 3rd floor, 383 Zizhu Lu, Pudong.
- WeChat: yogi\_0724

## ***F45 Training***

F45 Training is a mixture of high-intensity interval and resistance circuit-based Training. Every day is a new class, and everyone around the world does that same class on the same day. The classes always run for 45 minutes and they run nutritional challenges during the year too.



## ***Feiyang Skating Center***

- Qihe Lu, in the Sanlin Sports Centre. 上海浦东新区齐河路 471 号

## ***InnerFIT 360° – innerfit360.com***

In Jinqiao, this is one of Shanghai's premier fitness organisations offering a diverse range of fitness classes incl bootcamp, Pilates, spin, barre and nutrition with industry-certified instructors and leading-edge equipment.

- Embassy Club, Basement B1, 588 Hong Feng Road

## ***ICARUS Crossfit – www.icaruscrossfit.com***

Small group CrossFit classes and individual training offered. Several classes run daily from 5:30am until 7:30pm

- 510 Hong Feng Lu, Jinqiao

## ***Kerry Sports***

Exercise facility offering classes and a pool.

- Located in The Kerry Hotel on Hua Mu Lu

## ***Megafit – www.megafitchina.com***

- 600 Lantian Lu, Jinqiao (Green Sports & Leisure Centre)

### ***Multisport – [www.multisport.com.cn](http://www.multisport.com.cn)***

Runs soccer, tennis, gymnastics and other sports programmes as well as holiday camps.

### ***Rachel May Pilates***

Varied, fun Pilates classes with a personal touch. Max six clients per lesson. Trial classes can be arranged.

- Green Villas, 888 Mingyue Road, Jinqiao
- WeChat: RachelMay86



### ***Shanghai Dragons American Football – [www.shanghaiamericanfootball.com](http://www.shanghaiamericanfootball.com)***

### ***Shanghai Gymnastics – [www.shanghaigymnastics.com](http://www.shanghaigymnastics.com)***

Fully equipped gymnastic equipment and certified coaches.

### ***Shanghai Instructional Basketball – [www.shanghaibasketball.com](http://www.shanghaibasketball.com)***

### ***Shanghai Jinqiao Sports***

- Tel: 5015 7553
- Email: [iven\\_zhou@yahoo.com](mailto:iven_zhou@yahoo.com)

### ***Shanghai Sluggers Baseball – [www.shanghaisluggers.com](http://www.shanghaisluggers.com)***

Practices and games run from the SRFC.

### ***Sport for Life – [www.sportforlife.com](http://www.sportforlife.com)***

Runs multiple sports programmes (basketball, soccer, dance, swimming, etc.) as well as holiday camps.

### ***Sports World China – [www.sportsworldchina.com](http://www.sportsworldchina.com)***

Runs various swimming, soccer, dance, tennis programmes and holiday camps.

***Shanghai Thunderbirds ice hockey –  
www.shanghaithunderbirds.com***

Competitive ice hockey for most ages, including travelling teams.

***Skating – www.centurystar.com.cn***

Lessons, hockey club and free skate.

- 1200 Expo Lu @ Mercedes Benz Arena. 浦东世博大道 1200 号, 近高科西路
- Tel: 2025 5831

***Tennis coaching with Mohana Sunder***

Sunder is a great tennis coach for children and parents. He is flexible in regards to location as he will travel to you. He teaches at any level and is highly recommended.

- Tel: +86 139 1732 9746
- Email: tennis9@.com

# FOOD

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## BAKERIES

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***Brotzeit***

German bakery with great pretzels.

- 150 Biyun Lu
- WeChat: brotzeitchina

***Cinnaswirl – www.cinnaswirlchina.com***

China's first cinnamon roll bakery. They have a store in Jing'an, and you can pre-order for pickup.

- 32 Yuyuan East Rd, Jing'an. 愚园东路 32 号 (近常德路铜仁路)
- Tel: 138 1717 3245

***Dutch pies – www.dutchpies.com/menu***

For a wide range of delicious quiches, cakes, tarts, cheesecake and pies.

- WeChat: dutchpies



### ***La Parisienne***

Authentic French bakery offering a wide range of sandwiches and pastries. Will cater parties and delivers with Sherpas.

- 88 Zhangyang Lu, near Puming Lu. 张杨路 88 号, 近浦城路
- Tel: 5897 9725
- Email: laparisienne@laparisienne.cn

### ***Secret Recipe – [www.50270588.com](http://www.50270588.com)***

Restaurant chain with 250 stores worldwide.

- Under Carrefour, opposite school



### ***Spread the Bagel – [www.spreadthebagel.com](http://www.spreadthebagel.com)***

Authentic New York bagels. Online delivery of fresh bagels.

- Tel: 185 0177 0684
- Email: [contact@spreadthebagel.com](mailto:contact@spreadthebagel.com)



### ***Strictly Cookies – [www.strictlycookies.com](http://www.strictlycookies.com)***

Delivers delicious cookies around Shanghai.

- WeChat: strictlycookies 完全曲奇



***Sweet Ever After – [www.sweeteverafter.com.cn](http://www.sweeteverafter.com.cn)***

Custom-made cakes and cupcakes, delivered to your door.

- Tel: 6255 5512
- Email: [contact@sweeteverafter.com](mailto:contact@sweeteverafter.com)

***Mr Waffle – [www.mrwafflegroup.com](http://www.mrwafflegroup.com)***

Serving the most authentic waffles, along with other handmade treats such as Belgian biscuit flavoured ice cream, edible waffle cups and a selection of beverages suitable for every season.

- Tel: 156 1852 4236
- Email: [hello@mrwafflegroup.com](mailto:hello@mrwafflegroup.com)
- WeChat: mr-waffle



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## CATERING

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Many restaurants will cater if asked, and usually supply all necessary items (plates, chafing dishes, etc.)

***Da Marco – [www.damarco.com.cn](http://www.damarco.com.cn)***

Italian.

- 875 Biyun Lu, Jinqiao

***Kebabs on the Grille – [www.kebabsonthegrille.com](http://www.kebabsonthegrille.com)***

Indian.

- Unit A4, Green Sport & Leisure Centre, Jinqiao

### ***Maison Delice***

Nicolas will bring an icecream freezer and serve your event.

- Tel: 136 364 36304 or 6058 5929
- Email: nicolas.kubler@live.fr

### ***La Parisienne***

Authentic French bakery offering a wide range of sandwiches and pastries. Will cater parties and delivers with Sherpas.

- 88 Zhangyang Lu, near Puming Lu. 张杨路 88 号, 近浦城路
- Tel: 5897 9725
- Email: laparisienne@laparisienne.cn

### ***Pistoleras – [www.pistolera.cn](http://www.pistolera.cn)***

Mexican,

- 855 Biyun Lu in Jinqiao

### ***Q's – [www.qs-express.com](http://www.qs-express.com)***

Catering and party rentals.

### ***The Flying Chef – [www.flyingchef.cn](http://www.flyingchef.cn)***

Catering Service for private dinners in your own home.

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## **FRESH FOOD**

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### ***Avocado Lady***

Popular among expats; supplies lots of Western imports and large packs of nuts.

- 274 Wulumuqi Lu, near Wuyuan Lu, Xuhui district, Puxi 徐汇区乌鲁木齐路  
274 号, 近无源路

### ***Swiss Butchery – [swissbutchery.mysapanywhere.cn](http://swissbutchery.mysapanywhere.cn)***

Sells a wide variety of fresh, high-quality meats, cut with excellence by their Swiss butchers under stringent hygiene standards. Great selection of fresh meat and cheeses. They offer next-day deliver to all locations. Their stores are open Monday–Sunday, 9am–7pm.

Hongmei



- 3187 Hongmei Road 虹梅路 3187 弄 6 号, 近红松路
- Tel: 5223 7275
- Email: customerservice@swissbutchery.com

#### *Baihua*

- 262 Baihua Road, Pudong New Area. 上海市浦东新区白桦路 262 号
- Tel: 5090 6190
- Email: customerservice@swissbutchery.com

#### ***Yasmine's Butcher & Restaurant***

- 178 Biyun Lu, Jinqiao. 襄阳北路 93 号, 近长乐路
- Tel: 5030 7886

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## ONLINE GROCERIES

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Most accept cash on delivery and arrive the same or next day.

#### ***BIO Farm – [www.biofarm.cn](http://www.biofarm.cn)***

Living in Shanghai does not mean giving up all hopes for healthy fruits and veggies! BIOFarm is a great source of organic vegetables, with a weekly box geared towards expats called the 'Sharon Box'! They offer vegetable picking and knowledge on growing their veggies in China.

#### ***Breakfast Champion***

Suppliers of quality meats from several countries including British bacon, Spanish & Italian sausages, Australian beef, haggis and black pudding. Delivers all over Shanghai (and China). Place orders by WeChat or scan the code.

- WeChat: Breakfast Champion



#### ***Elders Fine Foods – [www.elders.com.cn](http://www.elders.com.cn)***

Specialises in Australian meat.

### ***Epermarket – [www.epermarket.com](http://www.epermarket.com)***

Good inventory of UK, US, French and German food. Order online or through the app.



### ***Kate and Kimi – [www.kateandkimi.com](http://www.kateandkimi.com)***

Sells great vegetables, meats and poultry (e.g., NPR and Tyson). Also good for specialised or vegan ingredients.



### ***Hema***

Online supermarket shopping via the app. Reasonably priced with speedy delivery in certain areas. Only in Chinese but very easy to set up and use via the pictures.



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## **READY TO EAT/DELIVERY**

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### ***Element Fresh – [www.elementfresh.com](http://www.elementfresh.com)***

Can place orders via WeChat, website or Sherpas.

### ***Home Kitchen***

Ready-to-eat delivery of sandwiches, cakes and cupcakes.

- Room 105 Block B, 18 Huangyang Lu, Jinqiao (Phoenix Mansions)
- Tel: 5056 5696

### ***New York Style Pizza***

- 336 Hongfeng Lu, Jinqiao
- Tel: 21 3872 6606

### ***Sherpas – [www.sherpas.com.cn](http://www.sherpas.com.cn)***

Online service that coordinates delivery from many restaurants in your specific area for a minimal delivery fee. Definitely worth downloading this app. Scan the QR code.



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## **WESTERN GROCERIES**

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### ***Abundance Imported Food Store***

Basmati rice, many Indian spices, masala mixes, imported food and sweets. A great place to find vanilla extract, bakeware, fondant and other items that are difficult to find. Pudong locations:

- 256 Yin Xiao Road, Huamu area. 浦东银霄路 256 号
- 90 Dan Gui Lu, Zhangjiang area. 张江高科，丹桂路 90 号

### ***Carrefour***

Carrefour is the main grocery store in Shanghai; you can find them almost anywhere. They have all kinds of food (Asian and imported). Below, in and around Carrefour there are many shops. Locations closest to Dulwich are:

- 555 Biyun Lu
- Thumb Plaza

### ***City Shop – [www.cityshop.com.cn](http://www.cityshop.com.cn)***

- Mingyue Lu at Hongfeng Lu (Jinqiao). You can also order online.

### ***City Super***

- Inside IFC Mall, 8 Century Avenue, Lujiazui, Pudong

### ***Lotus***

- 3521 Shangnan Lu, near Haiyang Lu. 上南路 3521, 近海阳路
- Basement of Super Brand Mall, Fucheng Lu, Lujiazui. 陆家嘴西路 168 号 正大广场, 近陆家嘴环路

### ***Metro***

Similar to Costco (bulk items) with imported foods section. Also sells kitchen equipment and clothes.

- 382 **Baiyang** Lu (across from the Maglev Station, just under the elevated road in Pudong)

### ***Olé***

Large supermarket with many international products, wine, beer.

- Basement of Kerry Parkside, 1378 Huamu Lu
- Laya Plaza, 300 Fangdian Lu
- Basement of L+ Mall on Shangcheng Lu

### ***Pines***

- 239 Mingyue Lu, Jinqiao

### ***Times Grocery***

- 115 Huang Yang Lu, near Biyun Lu, Jinqiao

### ***Yasmine's Butcher & Restaurant***

- 178 Biyun Lu, Jinqiao. 襄阳北路 93 号, 近长乐路
- Tel: 5030 7886

### ***Sam's Club***

Membership style, wholesale supermarket, international products, electronics, household items, fresh groceries, pantry items. Stocks the Kirkland brand (think Costco).

- 2110 Gaoke Xi Lu, Pudong. 高科西路 2110 号

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## **WINE DELIVERY**

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### ***Bottles XO – [www.bottlesxo.com](http://www.bottlesxo.com)***

Chilled wine and beer delivery within 30 minutes.



**Epermarket – [www.epermarket.com](http://www.epermarket.com)**



**Lao-Wines – [www.lao-wines.com](http://www.lao-wines.com)**

Online ordering with delivery.

- Storefront in Jinqiao on Biyun Lu, by Jamaica Blue.

**Oyster Bay Wines – <https://www.oysterbaywines.cn/shop/>**

Order direct from this website for delivery of the Oyster Bay range of wines in China at a great price. Bottles are RMB159 which is good value for this selection of red, rosé and white New Zealand wines.

## FURNITURE

**DTL Home & Garden – [www.dingtang.com](http://www.dingtang.com)**

DTL is an expat institution that has been around for over 15 years. A reliable source for quality modern Chinese, antique Chinese, European/American style, outdoor and bedroom furniture, Afghanistan handmade carpets, home décor and more.

- 1568 HuQingPing Lu, Puxi. 上海市青浦区沪青平公路 1568 号 B-1(近谢卫路圣保艺术园区内)
- Tel: 6976 0245



### ***Harbour House***

- Store 206, Kerry Parkside Shopping Mall, 1378 Huamu Lu, Pudong

### ***Hebei Ancient Stone Carvings***

- 6 Hengfu Lu, Jiuting, Songjiang District. 上海市松江区九亭镇恒福路 6 号厂房
- Tel: 139 1807 3565

### ***Hu-Hu***

Large warehouse of Chinese furniture antiques.

- 601-38 Qing Xi Lu, Changning District (btw Hong Gu and Huai Yin). 上海市长宁区青溪路 601-38 号 一层 (在青溪路上 淮阴路和虹古 路之间 )
- Tel: 3431 1212

### ***Ikea – [www.ikea.com/cn/en/](http://www.ikea.com/cn/en/)***

#### *Pudong*

- 550 Lin Yu Lu, Pudong. 临御路 550 号, 近沪南路
- Tel: 2030 4532

#### *Baoshan*

- 1818 Hutai Lu, near Wenshui Lu. 沪太路 1818 号, 近汶水路
- Tel: 400 800 2345

#### *Wangjing*

- 59 Futong Dongdajie. 阜通东大街 59 号
- Tel: 6479 2345

#### *Puxi*

- 126 Caoxi Lu, by Shanghai Stadium. 漕溪路 126 号, 近上海体育馆
- Tel: 400 800 2345

### ***Macalline – [www.chinaredstar.com](http://www.chinaredstar.com)***

Seven-storey furniture mall, behind Ikea in Pudong.

- 250 Linyu Lu, Pudong. 临御路 250 号, 近沪南路
- Tel: 2025 7688

### ***Markeva Antiques – [vwww.markeva.com](http://vwww.markeva.com)***

Antiques and custom pieces.

- 68 Huaxu Lu, Qingpu, Pudong. 上海市青浦区沪青平公路 2677 号 C 座 3 楼
- Contact Mark Wei (speaks English)
- Tel: 6446 1087
- Email: markwei76@foxmail.com

### **Master Furniture**

Custom upholstered furniture. Call ahead.

- 1030 Tong Pu Lu, Block 4, Level 2, West Side. 上海市同普路 1030 号 4 号楼 2 楼西边, 家具, 陶瓷制品, 去之前打电
- Tel: 5270 1278 or 139 1780 3416

### **PR Home – [www.pr-home.com](http://www.pr-home.com)**

Wholesale and personal supplier with a warehouse showroom in Pudong.

- 3rd Floor, Building No. 8, 1 YanjiaQiao Road, (at the end of Yanzhong road), Pudong 200125. 上海浦东新区严家桥 1 号 8 号楼 3 楼 ( 宏慧-音悦湾, 靠近杨高南路、严杨路开到底往左转就到 ) 200125



### **Platane Home & Lifestyle – [www.platane.cn](http://www.platane.cn)**

High-end furniture/homewares shop in the French Concession.

- Taikang Lu (near Sinan Lu). 上海市泰康路 156 号
- Tel: 6466 2495 156
- 439 Wukang Lu (near Middle Huaihai Lu). 上海市武康路 439 号
- Tel: 6433 6387

### **SH House**

- 2F, 6 JinHai Lu, Jinqiao. 上海浦东金桥金海路 6 号 2 楼
- Contact Mandy Yu, Tel: 5033 8239
- WeChat: 186 0215 2559
- Email: 14586341@qq.com

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***T-Square Furniture – [http://shcreatives.com/portfolio\\_page/t-square-furniture-decor/](http://shcreatives.com/portfolio_page/t-square-furniture-decor/)***

Vintage and new style Chinese furniture.

- 28 Lane 95 Wuyi Lu. 上海市武夷路 95 弄 28 号
- Tel: 6222 7380

***Villa Lifestyles – [www.villalifestyles.cn](http://www.villalifestyles.cn)***

BBQ, air purifiers, trampolines and other products – online only.

***Yi-Ren Gallery***

- Small shop in Green Sports & Leisure Centre, 633 Biyun Lu, Jinqiao
- Tel: 5030 9570
- Bigger showroom (with framing) at 333 Biyun Lu, Room B102, Unit 5, Block 3 (entrance on Baihua Lu)
- Tel: 3382 0161

## ***GENERAL SERVICES***

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### **AIR SERVICES**

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***Greenwave Solutions – [www.greenwavechina.cn](http://www.greenwavechina.cn)***

Air purifiers and water filtration.

- Tel: 136 2193 5343
- WeChat: Greenwave888

***IQ Air – [www.iqair-china.com](http://www.iqair-china.com)***

- Contact Reid Lu, Tel: 6126 5435 or 139 1742 8645
- Email: reid@iqair-china.com

***Shanghai Home Inspections***

Smoke and CO2 alarms, home inspection and surveys.

- Contact Matthew Utterback, Tel: 136 8191 4015





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### ***Renaud Air – [www.renaudliving.com](http://www.renaudliving.com)***

Air purifiers and water filtration.

- Contact Leroy Kellogg, WeChat: leroy9152

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## **IT SUPPORT**

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### ***iSpot***

- Biyun Lu, across from Carrefour in Jinqiao

### ***Shanghai Geeks – [www.shanghaigeeks.com](http://www.shanghaigeeks.com)***

- Contact Martin & Richard, Tel: 137 6431 6677

### ***TEK Shanghai – [www.TEKshanghai.com](http://www.TEKshanghai.com)***

Electronics store/service designed for expats. Easy shopping with genuine, quality products and great service in English. Online ordering, and free delivery.

#### *Pudong*

- 1134 Biyun Lu, Jinqiao (opposite Parkway Health). 浦东 碧云路 1134 号
- Tel: 5080 7398

#### *Puxi*

- 3F Block A, 98 YanPing road, JingAn. 静安区延平路 98 号 A 座 3 楼
- Tel: 5075 9737

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## **INK CARTRIDGES & ELECTRONICS**

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Taobao is by far the best place to shop, but Metro, TEK Shanghai and iSpot stock some makes and models. They can cost more than Taobao.

### ***Cybermart***

- 1 Huaihai Zhong Lu

### ***IT Buy Now Hypermarket***

- 588 Zhangyang Lu, near Pudong Nan Lu (beside the Intercontinental Hotel)

### ***iSpot***

- Biyun Lu, across from Carrefour in Jinqiao

### **Metro**

- 382 Baiyang Lu (across from the Maglev Station in Pudong)

### **TEK Shanghai – [www.TEKshanghai.com](http://www.TEKshanghai.com)**

- 1134 Biyun Lu, Jinqiao (opposite Parkway Health)
- Tel: 5080 7398

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## **PERSONALIZATION, ENGRAVING & EMBROIDERY**

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### **Decathlon Sports Store – [www.decathlon.com.cn](http://www.decathlon.com.cn)**

They label shirts, bags, sports gear, etc.

- 600 Lantian Lu, Green Sports & Leisure Centre, Jinqiao
- 393 Yinxiao Lu, Huamu flagship store

### **Li Tao Character Embroidery**

Behind the South Bund Fabric Market. They will embroider anything on anything!

- 413 LujiaBang Lu, Building 5, Suite 701A

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## **PHOTO & STATIONERY PRINTING**

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### **Tu Ran Advertising**

- 724 Tai Er Zhuang Lu (near Middle Yang Gao Lu). 中国上海台儿庄路 724 号(靠近杨高中路)
- Tel: 5846 3617 or 17760885306

### **HP Photomi**

Two locations nearby; will print on the spot and take passport/residence card photos.

- Biyun Lu, under Carrefour in Jinqiao
- Kerry Parkside 1378 Hua Mu Lu (near Century Park), Pudong

### **My Canvas – [www.icootoo.com](http://www.icootoo.com)**

Will print photos on canvas.

- Himalayas Center, B2-143, 1188 Fangdian Lu

***PicJoy – [www.picjoy.com](http://www.picjoy.com)***

Digital and offset printing, flyers and business cards.

***Shanghai Easy document***

- 1376 Nanjing Lu West, Room 201, West Tower, Shanghai Center
- Contact Steven Yan, Tel: 6279 1694 or 139 1873 1832
- Email: [steven.yan@easydocument.cn](mailto:steven.yan@easydocument.cn)

***Sharp Image***

- Find Leo. 300 Luban Lu, #19, 2nd Floor Area B Xingguang, (Photographic market). 中国上海鲁班路 300 号

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## PIANO/INSTRUMENT RENTAL

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***Best Friend Music – [www.bestfriendmusic.com](http://www.bestfriendmusic.com)***

Instrument rentals and sales; can use shop/instruments for lessons.

*Pudong*

- Located under City Shop near Thumb Plaza B1, 30 Lane 1399, Dingxiang Lu
- Tel: 5011 9570

*Puxi*

- 3F, Tower B, 1200 Changning Lu
- Tel: 136 0192 8515

***Sh-Haiyin – [www.sh-haiyin.com](http://www.sh-haiyin.com)***

Many Pudong and Puxi locations.

- 1826 Zhangyang Lu, near Juye Li, Pudong

***Better Piano***

Piano rentals.

- 776 Gongping Rd. Hongkou
- Contact Jesmine 139 1739 1750



扫一扫上面的二维码关注我们，以便联系。

## GIFTS

### ***Happy Ink***

Printed canvases that make great gifts. Choose from their range of quotes and designs or custom-make your own. They come in a variety of sizes and options.



### ***Jane's Home***

Silk purses/tablecloths and other Chinese silk goods.

- Science & Tech Market Shop C1-12, C1-21, C1-20

### ***Simply Living***

- Above the Pearl Market, 3721 Hongmei Lu, Room 315, 3rd floor

### ***Spin Ceramics – [www.spinceramics.com](http://www.spinceramics.com)***

Great for presents. Modern designs, made in China's ancient ceramics capital, Jingdezhen.

- 1/F, Bldg D2, 5i Center II, Lane 538 Hutai Zhi Lu, near Jiacheng Lu. 沪太支路 538 号飞马旅二期 D2 幢 1 楼, 近交城路
- Tel: 6279 2545

### ***Shanghai Gift Company***

Stocks great soy candles and other gifts such as pillowcases, calendars and cards. Well worth checking out for those take-home gifts or items to jazz up your home.



### ***SAN/XIA***

Shanghainese brand that twists Chinese traditional bamboo steamers and baskets into stylish organisers by using Japanese washi papers, pompoms and masking tapes. Beautiful decorative items that make good take-home gifts. Produced by a non-profit association that helps disabled and homeless individuals by assisting integration in the community.

- Tel: 156 1840 6075



### ***Ta Xiang***

Ta Xiang offers handmade, high-quality and unique lifestyle products for personal and home use, including silver jewellery, scarves, shawls, handbags, table mats, cushion covers, bed covers and other delightful handicrafts. Each piece is exquisitely designed and made by artisans using special techniques. You can find Ta Xiang products in their online shop.

- WeChat: eTaxiang

# HEALTH

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## HEALTH COACH

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### ***Power Me Healthy – [www.powermehealthy.com](http://www.powermehealthy.com)***

Sharon is a health coach in Jinqiao helping women and families reach their health goals – from cooking classes to one-on-one coaching and her shop selling many healthy products.

- Email: [Sharon@powermehealthy.com](mailto:Sharon@powermehealthy.com)



### ***Ney Funes-White – [thesehealthydays@gmail.com](mailto:thesehealthydays@gmail.com)***

Holistic health coach certified by the Institute for Integrative Nutrition in New York who can help you work towards achieving your health and lifestyle goals as well as improving overall wellbeing. Offers one-on-one or group coaching in English or Spanish. Complimentary initial session offered.



### ***Nicki Leaper Coaching – [www.nickileapercoaching.com](http://www.nickileapercoaching.com)***

London-trained coach Nicki can offer individual support to ensure the most can be made of your Shanghai adventure. Free intro session offered.

- WeChat: nickileaper

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## PHARMACIES

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### ***Guo Da Pharmacy***

- 987 Biyun Lu at Huangyang Lu (near Times Grocery)
- Tel: 5089 8663

### ***Huashi Pharmacy***

- Green Sports & Leisure Centre, 633 Biyun Lu, Jinqiao
- Tel: 3893 3894

### ***Parkway Community Pharmacy***

- 333 Biyun Lu – enter from Baihua Lu. 上海浦东金桥碧云路 333 弄 9 号 B-101 室 A

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## **OTHER**

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### ***Lice No More***

- Door-to-door hair lice removal service
- Safe and convenient
- Eco-friendly and discreet
- Wechat: reginagalang



## ***HOUSEHOLD ITEMS & DECOR***

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## **ART**

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### ***50 Moganshan Lu***

Contemporary art galleries; many top artists have their studios here.

- 莫干山路 50 号 ( 近苏州河 )

### ***Long Museum – [www.thelongmuseum.org](http://www.thelongmuseum.org)***

As the largest private institution of collection in China, the Long Museum boasts of the richest collection nationwide.

#### *Pudong*

- 210, Lane 2255 Luoshan Lu

#### *Puxi*

- 3398 Longteng Avenue, Xuhui District (West Bund)

### ***Painters' Street***

You can have photos made into paintings or choose from a selection of oil or watercolour other paintings. Many will also provide framing.

- 212 Wen Ding Lu. 中国上海文定路 212 号

#### *Suggested vendors*

- Hongqiang Gallery – Huang Yi, Tel: 131 2269 4869
- Stores A26, D52, 2F2-3, C1/25 (framer)

### ***Rockbund Art Museum – [www.rockbundartmuseum.org](http://www.rockbundartmuseum.org)***

The Rockbund Art Museum is the first contemporary art museum in China that is fully devoted to supporting contemporary art production and creativity.

- 20 Huqiu Lu, Huangpu District. 虎丘路 20 号

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## **BEDDING, CURTAINS & CARPETS**

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### ***June Wang***

Decorative fabrics and curtains.

- 488-3 Huai Yin Lu, Changning District, Pudong
- Tel: 5404 1002 or 133 0164 8073
- Email: junewangcurtain@sina.com

### ***SH House***

- 2F, 6 JinHai Lu, Jinqiao. 上海浦东金桥金海路 6 号 2 楼
- Contact Mandy Yu, Tel: 5033 8239
- WeChat: 186 0215 2559
- Email: 14586341@qq.com



### ***Sherrill Wu***

Supplies Westin & Shangri-La with duvets, sheets and bed linens.

- 580 JiYu Lu, JiWang Town
- Tel: 138 0193 9621
- Email: sherrillwu@hotmail.com

### ***Shanghai Textile Market***

Ready-made or custom-made curtains, linens, bedding.

- 1618 Cao'an Lu, Putuo District, Puxi

### ***Tai Ping Carpets Intl Trading Co. Ltd – [www.taipingcarpets.com](http://www.taipingcarpets.com)***

- Block F, 753 Yu Yuan Lu, Changning District
- Tel: 6067 3788

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## **CANDLES**

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### ***DTL Home & Garden – [www.dingtang.com](http://www.dingtang.com)***

- 1568 HuQingPing Lu, Puxi. 上海市青浦区沪青平公路 1568 号 B-1(近谢卫路圣保艺术园区内)
- Tel: 6976 0245



### ***Kong De Candle***

Candle factory and crafts.

- 251 Lanxue Lu Chuansha County, Pudong. 地址, 上海市浦东新区川沙镇黄楼栏学路 251 号, 电话
- Tel: 5894 3978 / 5894 3979

### ***Shanghai Jia Yu Ind Co.***

- 3/F Loft 1, No 1281 Jin Hu Lu, Pudong Candle Market 业务经理 曹勇, 手机 /, 地址 : 上海市浦东新区金桥出口加工区金沪路 1281 号 1 栋 3 楼, 电话, 传真/
- Contact Cao Yong, Tel: 137 0170 9805

### ***Shanghai Gift Company***

The Shanghai Gift Company stocks great soy candles among many other items. They have their stock at DTL stores and you can also contact them directly to buy candles and other great gifts such as pillowcases, calendars and cards.



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## **FLOWERS & PLANTS**

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### ***Flower & Christmas Market (Cao Jiadu) – Puxi***

Fresh and silk flowers, Christmas decorations during the holidays.

- Lane 33 Wan Hangdu Hou Lu, Cao Jia Du

### ***Hongqiao Plant & Flower Market – Puxi***

Lots of plants and flowers, great at Christmas for decorations, wreaths, etc. Also houses a few furniture shops plus ceramics, arts and a good shop for baking supplies.

- 718 Hongjing Lu. 虹井路 718 号 461 Near Hongsong Lu – Jin Hui Lu (at Wu Zhong Lu)

### ***Hua Mu Hua Flower Market – Pudong***

- Bai Yang Lu near Fang Cao Lu (behind the Maglev Station)

### ***Shuang Ji Flower Market – Pudong***

- 620 Pujian Lu near Huanlong Lu. 浦建路 620 号 近环龙路

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### ***Yuntai Lu Flower and Bird Market – Puxi***

Flowers, plants, paintings, furniture, animals, fish (and all the necessary equipment for them).

- 260 Yuntai Lu near Chengshan Lu. 中国上海云台路 260 号 (靠近成山路)

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## **FRAMING**

### ***Eddy Tam's Gallery***

Specialises in framing and Chinese art. Very good quality.

- 20 Maoming Nan Lu, Puxi. 中国上海茂名南路 20 号
- Tel: 6253 6715

### ***Painters' Street***

- Wen Ding Lu, C1/25 Upstairs 中国上海文定路

### ***Sal's Antique***

Quality framing, art and paintings.

- 560 Biyun Lu (across from Carrefour Jinqiao)
- Tel: 150 2149 5168

### ***Yi-Ren Gallery***

- Small shop in Green Sports & Leisure Centre. 633 Biyun Lu, Jinqiao
- Tel: 5030 9570
- Bigger showroom (with framing) at 333 Biyun Lu, Room B102, Unit 5, Block 3 (entrance on Baihua Lu)
- Tel: 3382 0161

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## **KITCHEN EQUIPMENT**

### ***Hotel Equipment Corporation – [www.hec.com.cn](http://www.hec.com.cn)***

- 345 Aomen Lu near Jiangning Lu, Puxi 澳门路 345, 近江宁路

### ***Yipin – [www.yipin-online.com](http://www.yipin-online.com)***

Sells many imported baking supplies.

- Green Sports & Leisure Centre, 633 Biyun Lu, Jinqiao

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## LAMPS/LIGHTING

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### ***Lamp Market – Yuanle Zhen***

- 285 East Tianlin Lu, Room 1105
- Tel: 021 6487 0316

## MALLS/DEPARTMENT STORES

### ***Century Link Mall***

High-end mall on Century Avenue by the metro station. Several floors of Asian and Western stores. Includes Zara home and many dining options.

- 1192 Century Avenue, near Weifang Lu. 世纪大道 1192 号, 近潍坊路

### ***Chamtime Plaza***

Large outdoor and indoor shopping with many Asian and Western restaurants and retail, including Alla Torre, Pizza Express, Outback, Uniqlo, Gap & Nike Factory Stores, H&M, etc.

- 1239 Zuchongzhi Lu, Pudong (by Jinke Lu metro station). 祖冲之路 1239 弄 1 层, 近金科路

### ***Daiso – Japanese Dollar Store***

- 900 Huaihai Zhong Lu B1/F, near Shangxi Nan Lu, Pudong

### ***Decathlon Sports Store – [www.decathlon.com.cn](http://www.decathlon.com.cn)***

All you need for sports equipment and attire. Stores closest to DCS are:

- 600 Lantian Lu, Green Sports & Leisure Centre, Jinqiao
- 393 Yinxiao Lu, Huamu flagship store

### ***IFC – [www.shanghaiifcmall.com.cn](http://www.shanghaiifcmall.com.cn) (pinyin: Guo Jin Zhong Xin)***

High-end mall featuring Hermes, Tiffany, Prada, etc. Also has many restaurants (e.g., Morton's) and is home to the Ritz Carlton Hotel.

- 8 Century Avenue, Lujiazui District, Pudong. 世纪大道 8 号, 近陆家嘴环路

### ***Kerry Parkside (pinyin: Jiali Dajiudian)***

Near the international expo site. Houses many Asian and Western restaurants and well-known chains like H&M, Gap, Element Fresh, etc., and home of the Kerry Hotel in Pudong.

- 1378 Hua Mu Lu (near Century Park), Pudong. 花木路 1378 号, 近芳甸路

### ***LCM***

Good-sized mall in northern Jinqiao. Good dining options, sports stores and Western clothing.

- 2389 Zhangyang Road, Pudong. 张扬路 2389 号, 近崑山路

### ***L+***

Lujiazui mall incorporating high-end Galleria Lafayette and Olé supermarket. Large Toys 'r' Us on the 7th floor.

- Shangcheng Lu, Lujiazui. 浦东南路 899 号, 近世纪大道

### ***Life Hub Jinqiao – [www.jinqiaojinqiao.com](http://www.jinqiaojinqiao.com)***

Chinese shopping mall with many Western shops (Zara, Esprit, etc.) along with a children's play area and bowling alley.

- 3611 Zhangyang Lu, Pudong

### ***Laya Plaza (Lianyang Plaza)***

A shopping mall approx. 10 mins' drive from Dulwich College, with Zara, Sephora and Esprit along with dining options such as Jade Garden and South Beauty.

- 300 Fangdian Road 上海市浦东新区芳甸路 300 号 邮政编码
- Tel: 6854 0688

### ***Super Brand Mall (pinyin: Zheng da Guangchang)***

Huge Western-style mall with plenty of dining options including Element Fresh and Tsui Wah.

- 168 Lujiazui Xi Lu, near Fucheng Lu, Pudong. 陆家嘴西路 168 号 (靠近富城路)

### ***Super Sports Xiebo***

Offers clothing and gear for most sports. Employees are very friendly and knowledgeable. Don't let the 'Buy Now' electronics market on the first floors deter you, the sports store is on the 3rd floor.

- 588 Zhangyang Lu at Nanquan; located at the entrance of the Fuxing Tunnel. 中国上海张杨路 588 弄 (靠近南泉路)

### ***Thumb Plaza (pinyin: Damu Zhi Guangchang)***

A variety of stores and restaurants such as Carrefour, The Cambridge, Wagas, Blue Marlin, Starbucks, Esthacil, etc.

- 199 Fangdian Lu (near Dingxiang Lu), Pudong. 芳甸路 199 号 1 楼, 大拇指广场, 近丁香路

## MARKETS

### ***Art Supplies Market***

Paints, canvases and various other art and craft supplies (can negotiate).

- 355 Fuzhou Lu, near Shaanxi Lu, Puxi

#### *Suggested vendors*

- Linseed oil canvas, frames, ceramics: Chuangmeng Art Materials B108/C106 4th Floor, Wenhua Building, Weiming Lu
- Tempura Paints: Pebeo Colour Centre 319 3rd Floor
- Canvas, paints, general craft supplies: D106

### ***Children's Market 普安儿童市场***

A small-scale market stocking a selection of inexpensive clothing, footwear and toys for children.

- 10 Puan Lu, by People's Square at Jinling Lu. 普安路 10 号

### ***Electronics Market***

Sells knock-off HP cartridges at a fraction of the price. They often convert printers to the external ink supply systems (Epson and Canon, but not HP) and sell all types of electronics.

- Room 123-124, 209, Tianshan Zhi Lu (Furong Jiang computer building). 上海勤扬数码科技有限公司, 杨玉清, 专业硒鼓加粉, 维修打印机, 地址: 天山支路 209 号芙蓉江电脑城 1 楼 123 - 124 房, 电话 Tel: 3211 0311, 6273 1714, 6229 7617

***For flowers and plants markets refer to page 51***

***For glasses markets refer to page 8***

### ***Haberdashery/Embellishment Market***

Full market with fabric, zips, buttons, feathers and all sewing supplis.

- 388 Ren Min Lu, near Sichuan Nan Lu 人民路 388 号, 近四川南路

### ***Lamp Market***

- 285 East Tianlin Lu, Room 1105
- Yuanle Zhen, Tel: 021 6487 0316

### ***Plaza Shanghai A.P. Xinyang Fashion & Gifts Market***

Also known as the Science & Tech 'Fake Market' (pinyin: Ke Ji Guan). Includes scarves, jewellery, souvenirs, clothing/tailors, electronics, shoes, sunglasses, watches, purses and more.

- 2002 Century Ave, Pudong. 地铁 2 号线上海科技馆站内, 世纪大道 2000 号, 近迎春路

### ***South Bund Tailors (Also known as the 'Fabric Market')***

- 399 Lujiabang Lu, Puxi (almost under the Nanpu Bridge). 陆家浜路 399 号

*Suggested vendors*

- Ashley, 210, dresses
- Jimmy Jeans, 218, denim
- Jenny, 247, Prada macintosh coats
- Rita Zhang, 130, suits, shirts and formal dresses
- Zhang Lin, 213, women and girl's formal dresses
- Jack, 132, suits
- Li Guang Ming, 371, shirts
- Zhao Liang, 370, cashmere

### ***Yu Garden Commodities Market***

Four floors of crafts, party supplies, holiday décor, clothing, jewellery, etc.

- 427 FuYou Lu by Henan Lu, Puxi

## ***PARTY SUPPLIES***

### ***The Holiday House***

Stocks everything from party supplies, costumes and holiday-themed home décor to props and accessories. Open 9:30am–5:00pm daily.

- 101, Gate 4, Lane 355 Beiande Lu, near Anyong Lu. 北安德路 355 弄 4 号门  
101 号, 近安勇路
- Tel: 6447 7189

### ***JaJaJa Party and Toys – [www.JaJaJaParty.com](http://www.JaJaJaParty.com)***

Gifts, balloons, party supplies, costumes, equipment rental, popcorn makers, bouncy house rentals.

- 158 Biyun Lu, Jinqiao. 中国上海浦东新区碧云路 158 号

### ***JT Kids Party – [www.kidsparty.cn](http://www.kidsparty.cn)***

- Tel: 021 5169 2146
- Tuesday to Friday, 10am–4pm

### ***Party & Events***

- Contact Heidi Du, Tel: 021 5178 3655 or 130 5208 5037

### ***Party Box – [www.partyboxcn.com](http://www.partyboxcn.com)***

For all party-planning needs: cakes, cotton candy, bouncy castles, clowns, magician, face painting and arts and crafts, to décor, invitations, photographs.

- Email: [Info@partyboxcn.com](mailto:Info@partyboxcn.com)
- Tel: 3220 0977 or 186 2197 5150

### ***Party Monster***

Specialising in birthday, Halloween and Christmas parties.



- 41 Songlin Lu
- Tel: 5882 4991

### ***Yu Garden Commodities Market***

All you need for party bags, wrapping and decorations.

- 427 FuYou Lu by Henan Lu, Puxi

## ***PET SERVICES***

### ***Buddy Dog – [www.buddyydog.net](http://www.buddyydog.net)***

Training and boarding.

- 2898, Xiayan Lu, Pudong
- Tel: 158 0210 0791
- Email: buddyydogkennel@163.com

### ***Doggy House***

Pet supplies.

- 258 Baihua Lu at Biyun Lu, Jinqiao
- Tel: 3382 00401

### ***PAW Veterinary Clinic – [www.pawivs.com](http://www.pawivs.com)***

- 1-11, 1755 Dong Lu (near Jin Gao Lu) Pudong 东陆路 1755 号(靠近金高路)
- Tel: 5043 5620

### ***Spare Leash – [www.spareleash.com](http://www.spareleash.com)***

Spare Leash offers pet sitters to walk, care for your pet, house sit, make a vet run.

Booking is done through their website where you can choose your pet sitter. Spare

Leash is always looking for dedicated animal lovers to join their team.

## ***TOYS***

### ***Children's Market***

- 10 Pu'an Lu (People's Square near Jinling Lu). 普安路 10 号

### ***Kidsland***

- Kerry Parkside
- L+ Mall
- Chamtime plaza

### ***Lego store***

Multiple locations. Pudong ones include Kerry Parkside and Disney Town.

- Lego discovery centre 196 Daduhe Rd, Putuo
- <https://www.legolanddiscoverycenter.cn/shanghai-en/>

### ***Science & Tech Market***

- Century Toys – D1-01

### ***Yu Yuan Gardens***

- Fu You Plaza 3rd Floor, 318/9 225 Fuyou Lu
- QW Toys, Tel: 133 0178 7709
- Shanghai Educational Playthings, Tel: 6326 0010

### ***Toys R Us***

- Super Brand Mall
- L+ Mall

## ***TRAVEL***

***Nearby Water Towns:*** Shanghai boasts several nearby water towns that make for a great day trip with family and visitors. Some can be reached by metro or train, others are a 1–2-hour car ride. Opinions vary as to which is the best, so research them before visiting – or visit them all! Information can be found here:

<http://www.shanghaihighlights.com/shanghai-water-town-tours/>

***Shanghai's Surrounding Cities: Wuzhen*** is divided into four zones by a cross-shaped river, with the Beijing-Hangzhou Grand Canal running across, making it the only ancient water town adjacent to the canal. Owing to its abundant rainfalls and sunshine, the products here are rich, making Wuzhen known as 'the town of fish, rice and silk'.

**Suzhou** is a national point for travel, located in the centre of the Yangtze Delta. Take time to visit the museums and handcraft institutes where you will find the Great Suzhou Embroidery.

Capital of Zhejiang Province, **Hangzhou** is a city well known to locals and foreigners for its beautiful landscape. You must visit West Lake in the evening. The G20 Summit was held here in 2016.

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## TRAVEL BEYOND SHANGHAI:

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**Thomas Cook** – <http://en.thomascook.com.cn>

- Offers tailor-made travel assistance across China, Southeast Asia and most destinations worldwide.
- English-speaking advisers can help with your travel needs, including flights, visas, hotels, tour/guides and tailor-made packages.
- WeChat: thomascooken
- Tel: 400 0100 6262
- Email: [info@thomascook.com.cn](mailto:info@thomascook.com.cn)

**Australia Expat Travel** - <https://www.ausxpattravel.com.au>

- Specialist travel company run by expats for expats
- Personalised itineraries for Australia and New Zealand
- Providing local knowledge, experience and trusted advice since 2004
- WeChat: calfoulis or vickibaensch
- Email: [info@ausxpattravel.com.au](mailto:info@ausxpattravel.com.au)

*Do you have something to add or find something outdated? Please let us know by emailing:*

[fod\\_welcome@dulwich-shanghai.cn](mailto:fod_welcome@dulwich-shanghai.cn)

# NOTES

# NOTES