



# **Co-Curricular Activity Programme**

**Term 1 September to December  
Junior School (Year 3-Year 6)**

Dear Parents,

Please find the Dulwich College Shanghai Puxi Co-Curricular Activity (CCA) Programme for Term 1 of the 2020-2021 Academic Year. Please read the information below carefully and complete your child's selections using Schools Buddy. Please note that lunch time activities will be arranged separately by staff and pupils will have chance to take part in lunch time activities if they so choose.

### **Co-Curricular Activity (CCA) Programme 2020 Term 1**

Junior School pupils in Years 3 to 6 have the option to take part in a number of after school Co-Curricular Activities from 3.30-4.40pm. Some activities will run beyond 4.40pm until 5.00pm. Please take note when completing your child's sign up on Schools Buddy. Pupils will meet in the restaurant after school at 3.30pm for snacks and registration.

#### **Dates**

After school CCAs will run for 10 weeks from Monday 14th September until Friday 27th November. (There will be no CCA on Thursday 1st October and Friday 2nd October due to the national holiday. There will be no make up week.)

#### **Collecting Pupils**

This year there will be a second school bus run on Tuesday, Wednesday and Thursday at 4.40pm. Pupils can take the second bus home from College after CCAs or parents can collect children after CCAs. On Monday and Friday there will not be a second bus run and pupils MUST be collected by parents from College at 4.40pm or 5.00pm. Please note that all children must have left the College premises by 5.15pm.

#### **Schools Buddy**

Please complete your child's CCA selections on Schools Buddy.



Please log in to your Schools Buddy account, complete the sign up and click save and confirm to complete the selections. Sign ups MUST be complete by Monday 7th September. After this date details will be collated and I will confirm all selections. You will receive an email showing the activities that your child has been selected for. In most cases all students will be confirmed for their chosen activity.

#### **Externally Provided Activities and Payments**

If your child is taking part in an externally provided activity then you should make payment to the external provider within the first two weeks of CCAs beginning. By signing your child up for externally provided CCAs, in the event of non-payment, you are agreeing to allow the College to share your email address to the external providers so that they can contact you. All payment details can be found at the end of this booklet.

Please do feel free to email me at any time to ask any questions about the programme:

**grace.stewart@dulwich-shanghaiminhang.cn**

**Ms Stewart**  
**Director of Sport**

<b>Week 1</b>	Monday 14th September to Friday 18th September
<b>Week 2</b>	Monday 21st September to Friday 25th September
<b>Week 3</b>	Monday 28th September to Wednesday 30th September No CCA Thursday and Friday for Golden Week Holiday
<b>Week 4</b>	Monday 5th October to Friday 9th October
<b>Week 5</b>	Monday 12th October to Friday 16th October
<b>Week 6</b>	Monday 19th October to Friday 23rd October
<b>Week 7</b>	Monday 26th October to Friday 30th October
<b>Week 8</b>	Monday 2nd November to Friday 6th November
<b>Week 9</b>	Monday 9th November to Friday 13th November
<b>Week 10</b>	Monday 16th November to Friday 20th November
<b>Week 11</b>	Monday 23rd November to Friday 27th November
<b>Make up week</b>	Monday November 30th to Friday 4th December Make up week is for any session that may be cancelled after the programme has started due to weather or other factors.

# TYPES OF ACTIVITY- YEAR 3, YEAR 4, YEAR 5 AND YEAR 6

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## Earthquakes Football (Development)

Year 3 -Year 6

Friday, 3:30 - 5:00

Join the popular Earthquakes football programme as they develop their programme at Dulwich College Shanghai Puxi. Earthquakes offer one day of development training on Friday. Pupils will be given an Earthquakes football kit and will be coached by highly qualified football coaches.

*\*This is an externally provided paid activity*



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## Fencing

Year 3 -Year 6

Tuesday, 3:30 - 4:40

A fantastic opportunity for our pupils to enjoy the Olympic sport of fencing. Dulwich College Shanghai Puxi has a strong tradition of fencing and after a popular first year of our fencing programme, we hope to expand on this and develop it further. Your children will have the chance to receive training from an expert fencing coach and will learn the basics of the sport at an early age.

*\*This is an externally provided paid activity*



## Senior and Junior Orchestra

Year 3 -Year 6

Monday, 3:30 - 4:40

All students who take instrumental lessons inside or outside of school regularly are welcome to join the Junior or Senior Orchestra. There is no audition for Junior orchestra, however students should be able to play at approximately Grade 2/3 ABRSM level. An audition is required for students to join the Senior orchestra. Please ask Mr Haslett for more details. If selected this is a compulsory session that pupils will be required to attend.



## Mad Science

Year 3 -Year 6

Monday, 3:30 - 4:40

Your child will be exposed to a vast array of experiments to generate scientific curiosity and creativity. Expect your child to have lots of fun and excitement developing their love for Science and the world around them.

*\*This is an externally provided paid activity*





## **Jazz Dance/Hip hop**

**Year 3 -Year 6**

**Monday, 3:30 - 4:40**

Calling all budding dancers to join Spotlight's Hip Hop CCA! Hip hop dancing is very dynamic and refers to dance styles developed from several cultures including jazz rock, tap, and American and Latino cultures. In this class students will dance to their favourite tracks, learn fun routines focusing on Hip Hop techniques such as popping and locking, as well as break dancing.

*\*This is an externally provided paid activity*



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## **Drumming**

**Year 3 -Year 6**

**Thursday, 3:30 - 4:40**

All students who love to play drums are welcome to attend the Drumming CCA. Students will develop their rhythmic skills and get to perform at different events across the year. This activity is led by ForTune Music Studio.

*\*This is an externally provided paid activity*



## **Junior Swim Squad**

**Year 3 -Year 6**

**Tuesday and Thursday, 3:30 - 4:40**

The swimming squad will be selected from time trials. If your child is selected there will be a number of days that your child can choose to train. There is a commitment of 2 sessions per week. During the year The College will enter a number of swimming galas against other International schools in Shanghai.



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## **Football**

**Year 3 -Year 6**

**Tuesday, 3:30 - 4:40**

Train with Mr King and Mr Kopfli to get ready for the Mustangs. In this activity, you will train hard and learn new skills to help develop your ability in football. Looking at different areas of play and game tactics, we look ahead to the Mustangs football begin to charge!



### **ABRSM Scales (Violin)**

**Year 3 -Year 6**

**Tuesday, 3:30 - 4:40**

This activity will help your child prepare for the ABRSM violin examinations. It focuses on the skills required to perform basic scalar patterns, articulation, tone production, sight reading and listening skills as outlined by the ABRSM board requirements.

*\*This is an externally provided paid activity*



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### **ABRSM Scale (Cello)**

**Year 3 -Year 6**

**Tuesday, 3:30 - 4:40**

This activity will help your child prepare for the ABRSM Cello examinations. It focuses on the skills required to perform basic scalar patterns, articulation, tone production, sight reading and listening skills as outlined by the ABRSM board requirements.

*\*This is an externally provided paid activity*





## Floorball

Year 3 -Year 6

Thursday, 3:30 - 4:40

An extremely popular sport at Dulwich College Shanghai Puxi. Floorball is a form of hockey played with plastic sticks, it is fast, furious and extremely exciting. A great sport that all of the pupils thoroughly enjoy.

*\*This is an externally provided paid activity*



## Aviation

Year 3 -Year 6

Monday, 3:30 - 4:40

During the course your child will learn about the classification of aircrafts, identifying the differences in aircrafts, aircraft construction and model making, engine introduction, aircraft model making and looking at traffic patterns. Your child will get chance to experience the aircraft simulator and develop their knowledge of aviation.

*\*This is an externally provided paid activity*



**Weiqi Club**  
**Year 4 -Year 6**

**Wednesday, 3:30 - 4:40**

An abstract strategy board game, in which the aim is to surround more territory than the opponent. The game was invented in China more than 2,500 years ago and is believed to be the oldest board game continuously played to the present day.



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**Junior Choir**  
**Year 3 -Year 6**

**Wednesday, 3:30 - 4:40**

Singing at Dulwich College Shanghai Puxi is a strength of the College. Junior choir will take place on Wednesdays and all students are welcome to attend!



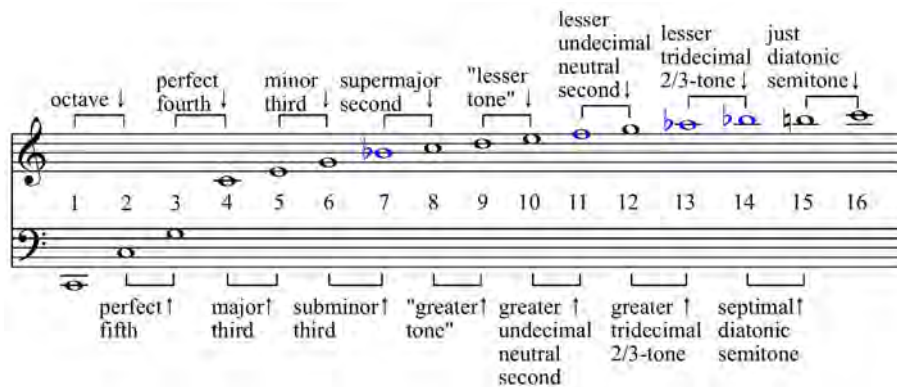
## Music Theory ABRSM

Year 3 -Year 6

Thursday, 3:30 - 4:40

This course is aimed at students who have reached the level of musical instruments equivalent to the level of ABRSM 3 or above and for students who are beginners. The objective of this course is to help students better prepare ABRSM Music Theory exam. This course is helpful to their sight-reading, listening, rhythm, creativity in basic composing and to taking their musical skills to higher level.

*\*This is an externally provided paid activity*



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## Group Singing

Year 3 -Year 6

Tuesday, 3:30 - 4:40

This is an opportunity for your child to participate in group singing lessons with our external providers ForTune Music Studio.

Children will develop their singing talents and improve their voice control and performing confidence, learning how to perform with style! They will have the chance to sing individually or as part of a group and learn to develop their stage presence.

*\*This is an externally provided paid activity*





**Kayaking**  
**Year 5 -Year 6**  
**Friday, 3:30 - 4:40**

Year 5 pupils have the chance to take part in the fun sport of kayaking. Pupils can enjoy learning the basic skills of kayaking and have fun in the pool in the Dulwich College Shanghai Puxi house coloured kayaks.



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**Junior School Basketball Club**  
**Year 3 -Year 6**  
**Tuesday, 3:30 - 4:40**

Does your child love basketball? If so, they should join the basketball club on Friday after school. They will develop their basketball knowledge, understanding and skills as they play for fun against their friends. Pupils will develop dribbling, shooting and passing skills with a firm emphasis on pupils enjoying themselves and playing basketball for the love of the game.





**Taekwondo**  
**Year 3 -Year 6**  
**Friday, 3:30 - 4:40**

A very popular sport at Dulwich College Shanghai Puxi. Pupils will develop their ability to perform taekwondo moves and will work towards gaining awards. They will develop their discipline and core stability and understanding of this Olympic sport.

*\*This is an externally provided paid activity*



**Skateboarding**  
**Year 3 -Year 6**  
**Monday, 3:30 - 4:40**

Skateboarding is a sport that involves riding and performing tricks on a board. Pupils will work towards an exam at the end of the term and become confident skateboarders. A great sport to enjoy.

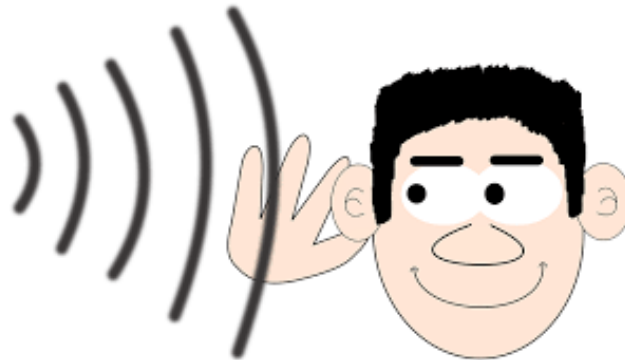
*\*This is an externally provided paid activity*



**ABRSM Music Aural**  
**Year 3 -Year 6**  
**Monday, 3:30 - 4:40**

The aural listening test is one of the most important parts of the ABRSM examinations. Children need to pass both the aural test and instrument to get the ABRSM certificate. This CCA will help children understand how the ABRSM aural exams works, develop their aural skills to pass the exam with confidence. Children will also learn to develop their 'musical ear', learn how to play in tune, develop their musical memory and spot any mistakes while playing their instruments – all while having fun!

*\*This is an externally provided paid activity*

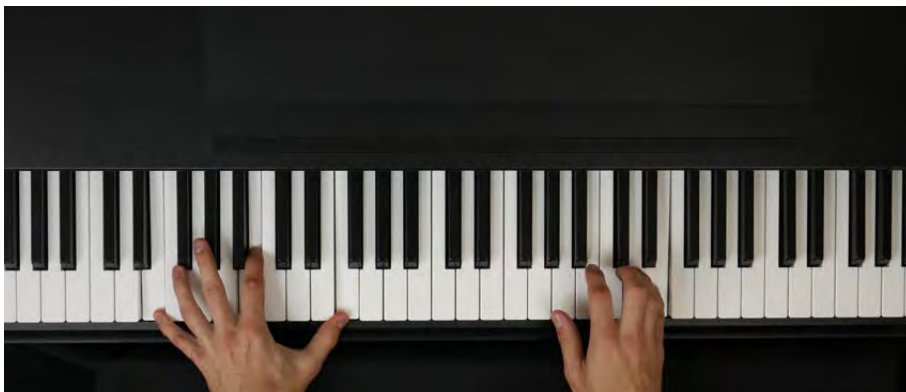


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**ABRSM Accompaniment**  
**Year 3 -Year 6**  
**Friday, 3:30 - 4:40**

The ABRSM Accompaniment class is an ensemble class for all instruments students except piano. Through this class, students can learn how to play along with other instruments, how to express their feelings in playing. This class also serves as a preparation course for students taking the graded ABRSM practical examinations.

*\*This is an externally provided paid activity*



**Badminton**  
**Year 3 -Year 6**  
**Friday, 3:30 - 4:40**

A very popular sport at Dulwich College Shanghai Puxi and an opportunity for our junior school students to play recreational badminton, learn skills and have lots of fun competing against each other. They may even get to play against some of the teachers!



**Board game club**  
**Year 3 -Year 6**  
**Wednesday, 3:30 - 4:40**

During this activity we will be exploring a range of different boardgames and the various skills we need to use to collaborate and master the game skills. Be prepared for some wins, losses and lots of FUN!



**Film Club**  
**Year 3 -Year 6**  
**Friday, 3:30 - 4:40**

You have had a hard week! Time to stop, turn off all recording devices, put your ipad on silent mode and enjoy the film!



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**Lego Club**  
**Year 3 -Year 6**  
**Wednesday, 3:30 - 4:40**

Advance your creative and construction skills with individual and team Lego building challenges. You will design and build unique fast vehicles, strong buildings and beautiful monuments.



**Design. Construct. Create.**



## Japanese Club

Year 3 -Year 6

Thursday, 3:30 - 4:40

Discover a new language and culture in our new Japanese co curricular activity! Learn how to speak Japanese, embrace customs and traditions as well as learning more about culture and food!



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## LAMDA – Acting & Musical Theatre

Year 3 -Year 6

Tuesday, 3:30 - 4:40

Find your spotlight on our Acting/Musical Theatre LAMDA CCA! Sing, Dance and Act as you learn repertoire from some of the West End's most popular plays and musicals. Students will bring favourite characters to life, by acting through song, performing through movement and having fun exploring script work and monologues. Using the LAMDA Examination syllabus students will be able to enter for their Acting or Musical Theatre LAMDA (London Academy of Music & Dramatic Art) Examinations in December 2020. Examinations are optional.

*\*This is an externally provided paid activity*



**STEAM Art**  
**Year 3 -Year 6**

**Tuesday, 3:30 - 4:40**

STEM + Art = S.T.E.A.M

This program includes musical instrument production, interior design and product design. Students will create different hand crafts with various themes which are inspired by original story videos. After the CCA students can also scan the QR code to continue listening to the interesting stories and create at more at home!

*\*This is an externally provided paid activity*



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**Mathemagics!**

**Year 3 -Year 6**

**Tuesday, 3:30 - 4:40**

Maths and magics?!

Surely not! Our amazing Mr Pickhaver has tonnes of fun set up for you using mathematical equations to help you produce magic! Be prepared to ABRAKADABRA some numbers out of thin air and have your friends thoroughly amazed



**Chinese Musical Experience!**

**Year 3 -Year 6**

**Monday, 3:30 - 4:40**

In this CCA your child will learn traditional melodies on the Ocarina and also experience Chinese Traditional Drumming. They will learn all about Chinese culture and traditions through the art of performance.



# YEAR 3-6 CO-CURRICULAR ACTIVITIES

Please find below the after school Co-Curricular Activities available to Year 3-6 pupils. Please view the activities available and make selections via Schools Buddy. You will need to access this via your Schools Buddy account. The sign up deadline is **Monday 7th September** and a confirmation email will be sent to you to confirm selections after the deadline. Please be aware of the finish times when selecting activities as some CCAs run beyond 4.40pm until 5.00pm. For externally provided activities the payment details can be found later in this booklet. **Please make payment directly to the external providers before the first CCA session.**

## Year 3 - Year 6 Co-Curricular Activities – 3.30-4.40pm some activities finish later

Day	Activity	Venue	Kit Required	Leader	Cost	Maximum Number
Monday	College Orchestra	Music Rooms	N/A	Mr Haslett	FREE	N/A
Monday	Aviation	KS1 EAL Room	N/A	Tony Tung	2200rmb	25
Monday	Skateboard-ing	Outdoor Area	PE kit	ICONX skateboard-ing	3300rmb	20
Monday	Mad Science	Science Lab	N/A	Mad Science	2200rmb	24
Monday	Hip Hop/ Jazz Dance	Black box	PE kit	Imogen Taylor	1,980rmb	20
Monday	Chinese Musical Experience	Music Rooms	N/A	Tina Tian	Free	N/A
Tuesday	STEAM Art	Art Room	N/A	Miss Grace Zhu	3000rmb	20
Tuesday	Junior School Swim Squad	Pool	Swim kit	Mr Stanton	FREE	SELECTED
Tuesday	Acting & Musical Theatre	Drama Room	N/A	Spotlight	2,475 RMB	20
Tuesday	Basketball	Sports Hall	PE kit	Mr McGilly	FREE	20
Tuesday	Football	Sports Field	PE kit	Mr King & Mr Kopfli	FREE	22
Tuesday	Fencing	Sports Hall	PE kit	Mr Haynes	1300rmb	12

Tuesday	Mathemag-ics	KS2 class-room	N/A	Mr Pickhaver	FREE	16
Tuesday	ABRSM scale (Violin)	Music Rooms	N/A	Muzika	3000rmb (includes theory + technique)	12
Tuesday	ABRSM scale (Cello)	Music Rooms	N/A	Muzika	3000rmb (includes theory + technique)	12
Tuesday	Group Sing-ing	Music Room	N/A	Miss Yiyang Jiang	2640rmb	20
Wednesday	Board game club	KS2 Class-room	N/A	Mrs Rowland	FREE	16
Wednesday	Junior Choir	Music Room	N/A	Mr Haslett	FREE	50
Wednesday	Weiqi Club (Y4,5,6 only)	KS3 room	N/A	Mr Haworth	FREE	25
Wednesday	Lego Club	Lego room	N/A	Mr Walker	FREE	16
Thursday	Music Theory ABRSM	Music Room	N/A	Miss Yiyang Jiang	2400rmb	20
Thursday	Floorball	Sports Hall	PE kit	Sander Magi	1400rmb	30
Thursday	Drumming	Music Room	N/A	Miss Luki Wang	2400rmb	20
Thursday	Junior School Swim Squad	Swimming pool	Swim kit	Mr Stanton	FREE	SELECTED
Thursday	Japanese club	KS2 class-room	N/A	Mrs Maruy-ama	FREE	20
Friday	Kayaking	Swimming pool	N/A	Mr Ren & Mr Yu	FREE	12
Friday (3.30-5.00pm)	Earthquakes Football De-velopment	Sports Field	PE kit	Jon Heaney	1100rmb	14
Friday	Taekwondo	Dance Stu-dio	PE kit	Master Chang	2600rmb includes belt test	20
Friday	ABRSM accompani-ment	Music Rooms	N/A	Yiyang Jiang	2400rmb	20
Friday	ABRSM Mu-sic Aural	Music Rooms	N/A	Yiyang Jiang	2400rmb	12
Friday	Junior School Swim Squad	Pool	Swim kit	Mr Stanton	FREE	SELECTED
Friday	Film Club	Theatre	N/A	Mrs Haslett	FREE	20








# EXTERNAL PROVIDER PAYMENT DETAILS

Please make payment with the required amount for the full 10 or 11 sessions, to the relevant external provider before the first session takes place by scanning the QR code below. Please ensure payment is made before the second week of CCAs.

Activity	Day	Weeks	Coach	Payment Details	Amount (RMB)
Fencing	Tuesday	11	Matthew Haynes MatthewJohnHaynes@hotmail.com	抬头: 上海德威外籍人员子女学校 开户行及账号: 渣打银行上海分行 98000580000000 (Please quote name, fencing and year group)	1,200 RMB
Mad Science	Monday	11	Ella ella@madscience-cn.com		2,200 RMB
Earthquakes Development	Friday	10	Jon Heaney Jonathan.Heaney@dulwich-shanghai.cn		1,100 RMB
ABRSM Scale (Cello)	Tuesday	11	Muzika rebecca.cheng@muzikaland.net		4,560 RMB
ABRSM Scale (Violin)	Tuesday	11	Muzika rebecca.cheng@muzikaland.net		4,560 RMB

Floorball	Thursday	10	Sander Magi sandermagi@gmail.com		1,400 RMB
Aviation	Monday	11	Tony Tung 3055982@qq.com		2,200 RMB
Taekwondo	Friday	10	Master Chang master@blackbelt-kid.com		2,600 RMB with belt test
Steam Art	Tuesday	11	Muzika rebecca.cheng@muzikaland.net		3,000 RMB
Jazz/Hip hop	Monday	11	info@spotlighttheatreschoolofexcellence.com		1,980 RMB
LAMDA – Acting & Musical Theatre	Tuesday	11	info@spotlighttheatreschoolofexcellence.com		2,475 RMB

Skateboarding	Monday	11	Emma Zheng emma.zheng@iconx.com		3,300 RMB
ABRSM Aural	Friday	10	Yiying Jiang yiying.jiang@dulwich-shanghaiminhang.cn		2,400 RMB
Group Singing	Tuesday	11	Yiying Jiang yiying.jiang@dulwich-shanghaiminhang.cn		2,640 RMB
Music Theory ABRSM	Thursday	10	Yiying Jiang yiying.jiang@dulwich-shanghaiminhang.cn		2,400 RMB
Drumming	Thursday	10	Yiying Jiang yiying.jiang@dulwich-shanghaiminhang.cn		2,400 RMB
ABRSM Accompaniment	Friday	10	Yiying Jiang yiying.jiang@dulwich-shanghaiminhang.cn		2,400 RMB

# DULWICH COLLEGE

| SHANGHAI PUXI |

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