



# **Co-Curricular Activity Programme**

**Term 1 September to December  
DUCKS (Year 1 - Year 2)**

Dear Parents,

Please find the Dulwich College Shanghai Puxi Co-Curricular Activity (CCA) Programme Booklet for Term 1 of the 2020-2021 Academic Year. Please read the information below carefully and complete your child's selections using Schools Buddy. Please note that lunch time activities will be arranged separately by staff and pupils will have chance to take part in lunch time activities if they so choose.

### **Co-Curricular Activity (CCA) Programme 2020 Term 1**

DUCKS pupils in Year 1 and Year 2 have the option to take part in a number of after school Co-Curricular Activities from 3.30-4.40pm. Some activities will run beyond 4.40pm until 5.00pm. Please take note when completing your child's sign up on Schools Buddy. Pupils will meet in the restaurant after school at 3.30pm for snacks and registration.

#### **Dates**

After school CCAs will run for 10 weeks from Monday 14th September until Friday 27th November. (There will be no CCA on Thursday 1st October and Friday 2nd October due to the national holiday. There will be no make up week.)

#### **Collecting Pupils**

This year there will be a second school bus run on Tuesday, Wednesday and Thursday at 4.40pm. Pupils can take the second bus home from College after CCAs or parents can collect children after CCAs. On Monday and Friday there will not be a second bus run and pupils MUST be collected by parents from College at 4.40pm or 5.00pm. Please note that all children must have left the College premises by 5.15pm.

#### **Schools Buddy**

Please complete your child's CCA selections on Schools Buddy.



Please log in to your Schools Buddy account, complete the sign up and click save and confirm to complete the selections. Sign ups MUST be complete by Monday 7th September. After this date details will be collated and I will confirm all selections. You will receive an email showing the activities that your child has been selected for. In most cases all students will be confirmed for their chosen activity.

#### **Externally Provided Activities and Payments**

If your child is taking part in an externally provided activity then you should make payment to the external provider within the first two weeks of CCAs beginning. By signing your child up for externally provided CCAs, in the event of non-payment, you are agreeing to allow the College to share your email address to the external providers so that they can contact you. All payment details can be found at the end of this booklet.

Please do feel free to email me at any time to ask any questions about the programme:

**grace.stewart@dulwich-shanghaiminhang.cn**

**Ms Stewart**  
**Director of Sport**

<b>Week 1</b>	Monday 14th September to Friday 18th September
<b>Week 2</b>	Monday 21st September to Friday 25th September
<b>Week 3</b>	Monday 28th September to Wednesday 30th September No CCA Thursday and Friday for Golden Week Holiday
<b>Week 4</b>	Monday 5th October to Friday 9th October
<b>Week 5</b>	Monday 12th October to Friday 16th October
<b>Week 6</b>	Monday 19th October to Friday 23rd October
<b>Week 7</b>	Monday 26th October to Friday 30th October
<b>Week 8</b>	Monday 2nd November to Friday 6th November
<b>Week 9</b>	Monday 9th November to Friday 13th November
<b>Week 10</b>	Monday 16th November to Friday 20th November
<b>Week 11</b>	Monday 23rd November to Friday 27th November
<b>Make up week</b>	Monday November 30th to Friday 4th December Make up week is for any session that may be cancelled after the programme has started due to weather or other factors.

# TYPES OF ACTIVITY- YEAR 1 - YEAR 2

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## Earthquakes Football (Development) Year 2

**Friday, 3:30 - 5:00**

Join the popular Earthquakes football programme as they develop their programme at Dulwich College Shanghai Puxi. Earthquakes offer one day of development training on Friday. Pupils will be given an Earthquakes football kit and will be coached by highly qualified football coaches.

*\*This is an externally provided paid activity*



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## ABRSM Scale Violin Year 1 -Year 2 **Tuesday, 3:30 - 4:40**

This activity will help your child prepare for the ABRSM violin examinations. It focuses on the skills required to perform basic scalar patterns, articulation, tone production, sight reading and listening skills as outlined by the ABRSM board requirements.

*\*This is an externally provided paid activity*



## Fencing

Year 1 -Year 2

Friday, 3:30 - 4:40

A fantastic opportunity for our pupils to enjoy the Olympic sport of fencing. Dulwich College Shanghai Puxi has a strong tradition of fencing and after a popular first year of our fencing programme, we hope to expand on this and develop it further. Your children will have the chance to receive training from an expert fencing coach and will learn the basics of the sport at an early age.

*\*This is an externally provided paid activity*



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## STEAM Art

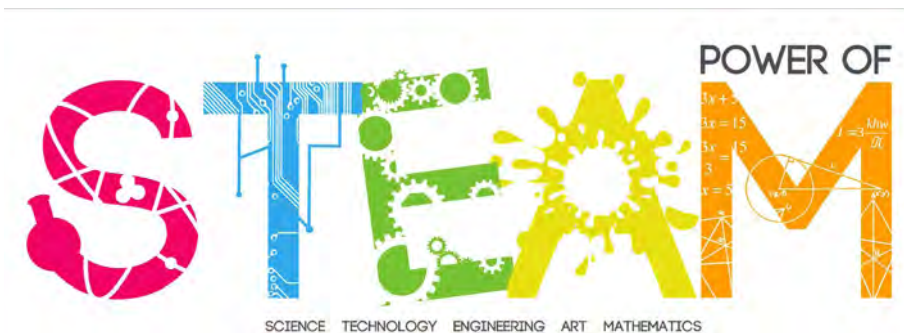
Year 1 -Year 2

Tuesday, 3:30 - 4:40

STEM + Art = S.T.E.A.M

This program includes musical instrument production, interior design and product design. Students will create different hand crafts with various themes which are inspired by original story videos. After the CCA students can also scan the QR code to continue listening to the interesting stories and create at more at home!

*\*This is an externally provided paid activity*





## **DUCKS Swim Club**

**Year 1 -Year 2**

**Tuesday, 3:30 - 4:40**

Our DUCKS swim club programme will be available on Tuesdays. This is a chance for beginner DUCKS swimmers to learn and develop their swimming ability and confidence in the water. A great opportunity for our children in Y1 and 2 to improve their swimming ability.



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## **Floorball**

**Year 1 -Year 2**

**Tuesday, 3:30 - 4:40**

An extremely popular sport at Dulwich College Shanghai Puxi. Floorball is a form of hockey played with plastic sticks, it is fast, furious and extremely exciting. A great sport that all of the pupils thoroughly enjoy.

*\*This is an externally provided paid activity*



## **Gardening**

**Year 1 -Year 2**

**Monday, 3:30 - 4:40**

Pupils in Year 1 and 2 can join the gardening club. During the club pupils will plant seeds and grow vegetables over the course of Term 2 and 3. A fantastic opportunity for our young DUCKS students.



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## **Drumming**

**Year 1 -Year 2**

**Thursday, 3:30 - 4:40**

All students who love to play drums are welcome to attend the Drumming CCA. Students will develop their rhythmic skills and get to perform at different events across the year. This activity is led by ForTune Music Studio.

*\*This is an externally provided paid activity*



## Mini Cooking Club

Year 1 -Year 2

Wednesday, 3:30 - 4:40

An exciting opportunity to join the mini cooking club. Pupils will bring in their own ingredients and will cook simple dishes during the CCA.

*\*Please be aware that there will be a limited number of places and some students may miss out.*



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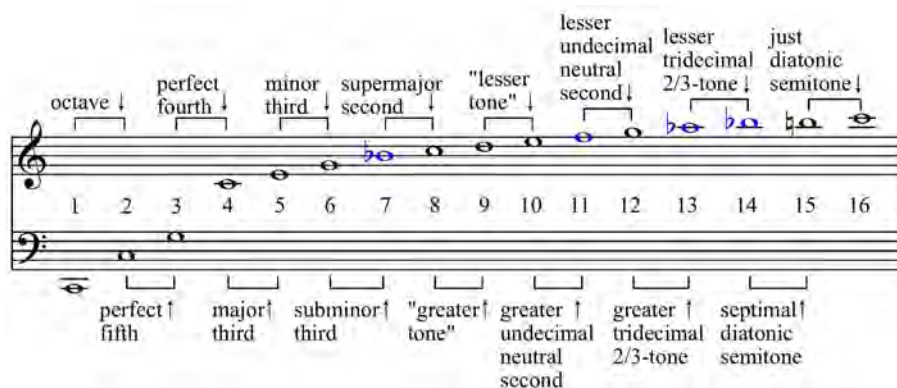
## Music ABRSM

Year 1 -Year 2

Thursday, 3:30 - 4:40

This course is aimed at students who have reached the level of musical instruments equivalent to the level of ABRSM 3 or above and for students who are beginners. The objective of this course is to help students better prepare ABRSM Music Theory exam. This course is helpful to their sight-reading, listening, rhythm, creativity in basic composing and to taking their musical skills to higher level.

*\*This is an externally provided paid activity*





**Mad Science**  
**Year 1 -Year 2**

**Wednesday, 3:30 - 4:40**

Your child will be exposed to a vast array of experiments to generate scientific curiosity and creativity. Expect your child to have lots of fun and excitement developing their love for Science. (please only select one of the days you wish to attend)

*\*This is an externally provided paid activity*



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## Chess

Year 1 -Year 2

Monday, 3:30 - 4:40

Chess is a board game of strategic skill. The SCA chess company will develop our pupils skills and show them tips and tricks to become top chess performers.

*\*This is an externally provided paid activity*



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## Taekwondo

Year 1 -Year 2

Friday, 3:30 - 4:40

A very popular sport at Dulwich College Shanghai Puxi. Pupils will develop their ability to perform taekwondo moves and will work towards gaining awards. They will develop their discipline and core stability and understanding of this Olympic sport. Pupils will also get the chance to try Hapkido- a form of Korean martial arts.

*\*This is an externally provided paid activity*



## Skateboarding

Year 1 -Year 2

Monday, 3:30 - 4:40

Skateboarding is a sport that involves riding and performing tricks on a board. Pupils will work towards an exam at the end of the term and become confident skateboarders. A great sport to enjoy.

*\*This is an externally provided paid activity*



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## ABRSM Aural

Year 1 -Year 2

Friday, 3:30 - 4:40

The aural listening test is one of the most important parts of the ABRSM examinations. Children need to pass both the aural test and instrument to get the ABRSM certificate. This CCA will help children understand how the ABRSM aural exams works, develop their aural skills to pass the exam with confidence. Children will also learn to develop their 'musical ear', learn how to play in tune, develop their musical memory and spot any mistakes while playing their instruments – all while having fun!

*\*This is an externally provided paid activity*



## **Nemos Swim Club**

**Year 1 -Year 2**

**Friday, 3:30 - 4:40**

The Nemos Swim Club is for our advanced swimmers in Year 1 and 2. This is a selected club and pupils will be informed by Mr Stanton if they have been selected for the Nemos swim squad. The aim is to provide an opportunity for our more able swimmers to develop and extend their swimming ability.



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## **Football**

**Year 1 -Year 2**

**Tuesday, 3:30 - 4:40**

The Ducks football programme will use a variety of fun games to engage students while teaching the sport of football and developing fundamental skills. The goal is to build fitness, muscle co-ordination, football fundamentals and create a love of the game.





## **Basketball development**

### **Year 2**

**Tuesday, 3:30 - 4:40**

Start developing your basketball skills ready to put them to the test in small sided games! We will sharpen your footwork, duct off that box shot and perefct that dribbling technique! Learn skills, improve and have fun!



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## **Team Challenges!**

### **Year 1 -Year 2**

**Tuesday, 3:30 - 4:40**

Team Challenges with Mr Rowland. This CCA will actively test your leadership, resilience and collaboration skills through a range of exciting team games. Are you up to the challenge?



**Lego club**  
**Year 1 -Year 2**  
**Tuesday, 3:30 - 4:40**

Advance your creative and construction skills with individual and team Lego building challenges. You will design and build unique fast vehicles, strong buildings and beautiful monuments.



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**Origami club**  
**Year 1 -Year 2**  
**Wednesday, 3:30 - 4:40**

Learn the ancient art of paper folding! Create your own world of paper by learning how to fold colourful squares into animals, flowers and more!



### **Craft club**

**Year 1 -Year 2**

**Wednesday, 3:30 - 4:40**

Learn new art and crafts skills and get creative with Mrs Walker. Learn how to create and make new fun things and let your imagination go wild!



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### **Art Attack**

**Year 1 -Year 2**

**Monday, 3:30 - 4:40**

Our expert artist will work with our younger and older pupils to develop their artwork and show them ways to become creative and express themselves through imagination and expressive drawing. A super chance for your children to work with an expert artist to develop their artistic skills.

*\*This is an externally provided paid activity*



## **Ballet**

**Year 1 -Year 2**

**Thursday, 3:30 - 4:40**

If your child has previous experience of ballet and have already learned the basic skills then they should sign up for intermediate ballet. Pupils will develop their skills further in a more advanced session that will extend their skills further.

*\*This is an externally provided paid activity*





# DUCKS CO-CURRICULAR ACTIVITIES

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Please find below the after school Co-Curricular Activities available to Year 1 pupils in Term 1. Please view the activities available and make selections via Schools Buddy. You will need to access this via your Schools Buddy account. The sign up deadline is **Monday 7th September** and a confirmation email will be sent to you to confirm selections after the deadline. Please be aware of the finish times when selecting activities as some CCAs run beyond 4.40pm until 5.00pm. For externally provided activities the payment details can be found later in this booklet. **Please make payment directly to the external providers before the first CCA session.**

## DUCKS Co-Curricular Activities – 3.30-4.40pm Some activities finish later.

Day	Activity	Venue	Kit Required	Leader	Cost	Maximum Number
Monday	Gardening	Garden	N/A	Miss Su	FREE	10
Monday	Skateboard- ing	Outdoor Area	PE kit	ICONX skateboard- ing	3300rmb	20
Monday	Chess	EAL Room	N/A	SCA Chess Academy	1980rmb	12
Monday	Art Attack	TBC	N/A	Sophia Chen	2200rmb	12
Tuesday	Steam Art	Art Room	N/A	Rebecca Cheng	3000rmb	20
Tuesday	Football	Field	PE kit	Mr Saunders	FREE	20
Tuesday	Team Chal- lenge!	KS1 Class- room	PE kit	Mr Rowland	FREE	16
Tuesday	Lego Club	Lego room	N/A	Mr Walker	FREE	16
Tuesday	ABRSM Scale (Violin)	Music Rooms	N/A	Muzika	3000rmb	20
Wednesday	Mini Cook- ing Club	KS2 Kitchen	*Ingredients needed	Miss Armand	FREE	10
Wednesday	Craft Club	KS1 Class- room	N/A	Mrs Walker	FREE	20
Wednesday	Mad Science	KS1 Class- room	N/A	Mad Science	2200rmb	24
Wednesday	Origami	KS1 Class- room	N/A	Ms Su	FREE	10

Thursday	Music Theory ABRSM	Music Room	N/A	Yiang Jiang	2400rmb	20
Thursday	Mad Science	KS1 Classroom	N/A	Mad Science	2700rmb	24
Thursday	Drumming	Music Room	N/A	Miss Luki Wang	2400rmb	20
Thursday	Floorball	Sports Hall	PE kit	Sander Magi	1400rmb	24
Thursday	Swim club	Swimming pool	Swim kit	Mr Stanton & Mr Yu	Free	12
Thursday	Ballet	Dance Studio	PE kit	Spotlight Theatre School	1800rmb	20
Friday	Fencing	Sports Hall	PE kit	Matthew Haynes	1300rmb	12
Friday	ABRSM Music Aural	Music Rooms	N/A	Yiying Jiang	2400rmb	12
Friday	Taekwondo	Dance Studio	PE kit	Master Chang	2600rmb	20
Friday	Nemos Swim Squad	Pool	Swim kit	Mr Stanton	FREE	SELECTED
Friday (3.45-5.00pm)	Earthquakes Football Development (Y2 ONLY)	Sports Field	PE kit	Jon Heaney	1210rmb	14

# EXTERNAL PROVIDER PAYMENT DETAILS



Please make payment with the required amount for the full 10 or 11 sessions, to the relevant external provider before the first session takes place by scanning the QR code below. Please ensure payment is made before the second week of CCAs.

Activity	Day	Weeks	Coach	Payment Details	Amount (RMB)
Fencing	Friday	10	Matthew Haynes MatthewJohnHaynes@hotmail.com	抬头: 上海德威外籍人员子女学校 开户行及账号: 渣打银行上海分行 9800058000000 (Please quote name, fencing and year group)	1,100 RMB
Earthquakes Development & Academy	Friday	10	Jon Heaney Jonathan.Heaney@dulwich-shanghai.cn		1,100 RMB
ABRSM Scale (Violin)	Tuesday	10	Muzika rebecca.cheng@muzikaland.net		4,560 RMB
Floorball	Thursday	10	Sander Magi sandermagi@gmail.com		1,620 RMB

Music Theory ABRSM	Thursday	10	Yiying Jiang yiying.jiang@dulwich-shanghaiminhang.cn		2,400 RMB
Chess	Monday	11	SCA Schools robert.krzesaj@scachess.com		1,980 RMB
Mad Science	Wednesday	11	Ella ella@madscience-cn.com		2,200 RMB
Mad Science	Thursday	10	Ella ella@madscience-cn.com		2,000 RMB



Taekwondo	Friday	10	Master Chang master@blackbelt-kid.com		2,600 RMB with belt test
Skateboarding	Monday	11	Emma Zheng emma.zheng@iconx.com		3,300 RMB
ABRSM Music Aural	Friday	10	Yiying Jiang yiying.jiang@dulwich-shanghaiminhang.cn		2,400 RMB
Steam Art	Tuesday	11	Muzika rebecca.cheng@muzikaland.net		3,000 RMB

Art Attack	Monday	11	Sophia sophia@taiband.com		2,200 RMB
Ballet	Thursday	10	Imogen Spotlight Theatre School of Excellence info@spotlighttheatreschoolofexcellence.com		1,800 RMB

# DULWICH COLLEGE

| SHANGHAI PUXI |

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