



CO-CURRICULAR ACTIVITY PROGRAMME

TERM 1 2020 - 2021





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Introduction

At Dulwich College, the Co-Curricular Activity (CCA) programme covers all of the activities that take place outside of the taught curriculum. We consider this to be an integral part of the students' journey through their schooling, as it affords an opportunity for students to experience and deepen their interests and abilities in a wide range of areas.

We firmly believe that the CCA programme is a vital component of the student experience, as it not only serves to complement and extend learning from the classroom, but it also helps to develop student health and wellbeing. It is often through the CCA programme that students find life-long interests, as well as meet and make new friends with like-minded individuals. Through their active participation in the CCA programme, students will stretch boundaries and be exposed to new challenges and experiences, developing the social and interpersonal skills necessary to succeed in this rapidly changing world.

We pride ourselves on offering a wide range of activities as part of our CCA programme, all with specified learning intentions and outcomes designed to ensure that students are being actively developed and engaged through their participation. We are constantly seeking to improve and refine our CCA programme to ensure that all students have their interests catered for, and to enable students to interact and make friends with peers outside of their usual social circles.

Changes to the CCA Programme

This year, the College has changed its CCA programme to reflect a more cohesive programme across the whole College. The purpose of this change is to ensure a link between all three schools, and to provide an opportunity for development and growth in student learning from early years through to Senior School. The changes will also serve as a useful foundation in ensuring our students have continuity of relevant experiences to not only support their future university aspirations, but also to create well-balanced applications.

The College has introduced an **Enrichment** focus to the programme, consisting of a range of Societies that reflect students' key learning areas. Some examples of the Societies being offered is a Science Society, a Mathematics Society, and an Entrepreneurial Society. Participating in a Society will provide students with opportunities to explore more diverse topics than the prescribed curriculum. Junior School students will also have the opportunity to participate in additional Special Interest Clubs. Such activities don't fall within the realm of a Society, but still provide students with the opportunity to engage in a specific area of learning, like cooking.

The introduction of **The Arts** is another aspect to the CCA programme that has changed. The Arts includes Music, Art, Dance and Drama, providing an opportunity for students to engage in activities involving skill and imagination.

Sport will continue to be a core component of the CCA Programme, offering students a broad range of activities to participate in. A re-design of the Sport programme has allowed for more flexibility and student choice between Sport, Enrichment and The Arts.

Covid-19

Covid-19 has caused several challenges, some of which have impacted upon the range of CCAs the College is able to deliver for the upcoming academic year. Unfortunately, there will be no externally provided CCAs for our DUCKS students during Term 1 - this may extend through to Term 2 and Term 3. Be assured though that the DUCKS CCA programme is very comprehensive, with DUCKS students having every opportunity to engage in a wonderful range of activities on a Tuesday afternoon. Please be mindful that in addition to the above, all choices in this handbook are subject to change due to Covid-19 restrictions.

Important Dates

- **Commencement of CCAs for Term 1**

CCAs will begin on Monday 31 August 2020

- **Conclusion of CCAs for Term 1**

CCAs will finish on Friday 4 December 2020

- **CCA 'View Only' Before Sign-up**

In addition to the details in this handbook, all of the CCAs will be available to view on SchoolsBuddy during the Summer school holidays. This will allow sufficient time for families to review the structure of the system and discuss CCA options with your child(ren).

- **Sign-up/Registration Period**

Open: 7:00pm on Friday 21 August 2020

Close: 11:59pm on Tuesday 25 August 2020

Preference-based Booking

For preference-based booking, rather than 'first come first served', students will be asked to choose up to three CCAs they would like to attend. When making preferences, they will be asked to select which is their first, second, or third preference. Then, we will evaluate all choices before allocating students accordingly. This may mean that whilst students may not get their first choice, they are likely to be involved in a CCA of their subsequent choosing. We hope that this will remove the pressure to sign-up quickly, especially for certain CCAs which fill up very quickly.

- DUCKS Preference – Tuesday, class time CCAs will be arranged directly through DUCKS (not via SchoolsBuddy).
- Junior School (JS) / Senior School (SS) Preference – Students will be able to register in SchoolsBuddy for up to 3 preferences per day, across 5 days of the week.

Fee-based CCA Payment

For the small number of CCAs that are run by an external provider, there is an associated cost. In this handbook, these CCAs are labelled with a yellow dot and the word "COST" next to the title of the CCA. In SchoolsBuddy, you will see the word "COST" next to the CCA title. Payment for such CCAs will be requested on the second week of the CCA programme via a QR code which will be sent to you through SchoolsBuddy. If we do not receive payment within two weeks of sending the code, we reserve the right to remove the student from the CCA and add a student from the waitlist.

Refunds

For any events, like China Week activities, that are organised by Dulwich College Suzhou and impact upon paid externally-run CCAs, the College will provide a refund to parents based on the impacted dates. In other cases, for example, whereby a student does not feel like attending his/her CCA for that day, is unable to attend due to an appointment, personal illness, or family reason, the College is not able to provide a refund. In cases of extenuating circumstances, such as bereavement, which prevent a student from attending school, the College will provide a refund on a case by case basis. A request for refund must be made by the parent to activities@dulwich-suzhou.cn

Invitation Only CCAs

There is some invitation only Music CCAs and Sport CCAs for which there are entry requirements e.g. an audition/selection process (to be determined by the CCA lead facilitator). In this handbook, these CCAs are labelled with a blue dot and the words "INVITATION ONLY" next to the title of the CCA. In SchoolsBuddy, you will see the words "INVITATION ONLY" next to the CCA title. Whilst we appreciate that this does preclude some students from joining these activities, the purpose is to ensure that we have a healthy mix of both competitive and inclusive CCAs in the College.

CCA Schedule

Most of the Term 1 CCAs will run for 13 weeks. There will be other CCAs however that will run for 12 weeks due to the Mid-Autumn Festival/National Day Holiday commencing in Week 8 on Thursday 1st October. Additionally, there may be a few events, such as China Week, running throughout the year which may result in CCAs being cancelled for that day/week. All students and parents will be informed in advance of such events.

Week 1	Thursday 13 August to Friday 14 August	First day of Term 1 Thursday 13 August
Week 2	Monday 17 August to Friday 21 August	
Week 3	Monday 24 August to Friday 28 August	
Week 4	Monday 31 August to Friday 4 September	First day of CCAs Monday 31 August
Week 5	Monday 7 September to Friday 11 September	
Week 6	Monday 14 September to Friday 18 September	
Week 7	Monday 21 September to Friday 25 September	
Week 8	Monday 28 September to Wednesday 30 September	Mid-Autumn Festival National Day Holiday Thursday 1 October – Friday 9 October (College closed)
Week 9	Monday 12 October to Friday 16 October	
Week 10	Monday 19 October to Friday 23 October	
Week 11	Monday 26 October to Friday 30 October	
Week 12	Monday 2 November to Thursday 5 November	Staff Professional Development Day Friday 6 November (College closed)
Week 13	Monday 9 November to Friday 13 November	
Week 14	Monday 16 November to Friday 20 November	
Week 15	Monday 23 November to Friday 27 November	
Week 16	Monday 30 November to Friday 4 December	Last day of CCAs Friday 4 December
Week 17	Monday 7 December to Friday 11 December	Last day of Term 1 Friday 11 December; Christmas Holiday Monday 14 December to Friday 1 January (College closed)

Glossary of terms used within the handbook

ACAMIS	Association of Chinese and Mongolian International Schools
DCA	Dulwich College Association
DCSZ	Dulwich College Suzhou
CAS	Creativity, Activity and Service
CCA	Co-Curricular Activity
CISSA	Chinese International School Sports Association
FOBISIA	Federation of British International Schools in Asia
IB	International Baccalaureate
IGCSE	International General Certificate of Secondary Education
JISSA	Junior International School Sports Association
MUN	Model United Nations
PE	Physical Education
SMART	Specific, Measurable, Attainable, Relevant and Time-based
STEAM	Science, Technology, Engineering, Arts and Mathematics
SYAC	Shanghai Youth Athletic Conference
UKMT	United Kingdom Mathematics Trust

DUCKS

In DUCKS, a holistic approach is encouraged in the early years' education, providing as many opportunities for children to spark new interests and curiosities. **All DUCKS staff plan and run CCAs each Tuesday afternoon from 2:35pm - 3:25pm for Year 1 and Year 2 students.** These activities form part of the students' curriculum. They also provide an experiential learning experience across the newly formed Societies, along with Sport and The Arts.

Through promoting student agency in DUCKS, children choose the CCA they wish to participate in which should be a different activity each time. The DUCKS CCAs are cyclical and can commence/finish mid-term. Therefore, students will get to choose from approximately twelve different activities four times per year – these are listed below. If you have any questions regarding the Tuesday afternoon DUCKS CCA programme, please direct these to your child's class teacher.



TABLE TENNIS

Want to play one of China's most popular sports? Then come and join us for some table tennis fun. You will learn the basic skills of this very exciting game, like hand/eye coordination, and experience a game like no other!



BASKETBALL

Our structured basketball programme is designed to be fun and exciting, focusing on developing ball handling, dribbling, and shooting skills. With all of these key skills you can play a team game. You will also learn the importance of hard work and teamwork.



DRAMA

Do you love to tell stories and be creative? If so, we want your help to make our tales come to life! We will be using instruments, dress-up, puppets, and drama to create familiar stories we know already, or make new ones up!



BALLET

Have you ever wanted to glide gracefully like a swan? If so, you will love ballet. In this fun and engaging introduction to ballet, you will develop basic dancing skills and enjoy creating routines with your friends. Learn first-hand from an experienced ballet dancer!



GREEN TIGERS

Thinking about our planet helps us to think about how we can look after our school environment and the wider world. In this CCA you will learn why it is important that we look after all living things and how they help the environment. You will engage in a range of learning activities and projects focused on sustainability.



LET'S GET CREATIVE

Are you creative? Would you like to make things you've never imagined out of paper? If so, then Let's Get Creative is for you! You will learn how to fold and decorate paper into shapes, animals, clothing and much more! It is a great CCA to release your creativity and let your imagination run wild. It helps to build your fine motor skills, too.



TAIKO

Would you like to develop your beating and rhythm skills by learning from a drumming master? Our DUCKS Taiko team will hone their skills and work towards performing in front of the school community at various events – how exciting!



COOKING

Take a tour around the world of food, learning about healthy choices and how food affects our body. What kind of foods do we need? When do we need them? Where does our food come from and how do we rely on it?



STUDENT LEADERS

Our student leaders (and playground leaders) have been chosen by their peers to represent their class and DUCKS, as a whole. Leaders will be planning how they can help to make DUCKS an even more exciting and happy place (if that's possible!), as well as carrying out a number of special duties.



MINDFULNESS

Would you like a relaxing and calming way to end your school day when feeling overly energised? If yes, come to our class to find your zen. This session may include yoga, mindfulness colouring, soothing music, feelings jars, and relaxing meditation. All boys and girls are welcome.



MAD SCIENCE

Have you ever wanted to learn more about the world we live in through conducting crazy and fun experiments? In this CCA, you will find out about how your body works, how the world works, and even about space! We will be discovering cool and new scientific facts in every session for you to tell your family and friends all about!



TECHNOLOGY CLUB

Do you ever wonder how all the cool machines around us work? Have you ever tried to design and make one yourself? By joining the Technology Club, you will gain all of this knowledge and learn new skills, as well as how electricity works and how it can be used to make exciting new things!



SPORTS LEADERS

Do you enjoy being creative and playing team games? Sports leaders will learn fun playground games that can be used to help lead friends during break and lunch times! You will learn to work in partners and help others to work together when playing new games.

Enrichment

The Enrichment component of the CCA offering is a fundamental element of our approach to holistic education, as it recognises that whilst academic interests often begin in the classroom it is outside of that setting that enthusiasm is turned into a life-long passion. The Enrichment programme provides a forum for students to meet, share their interests and ideas, and develop exciting and engaging projects.

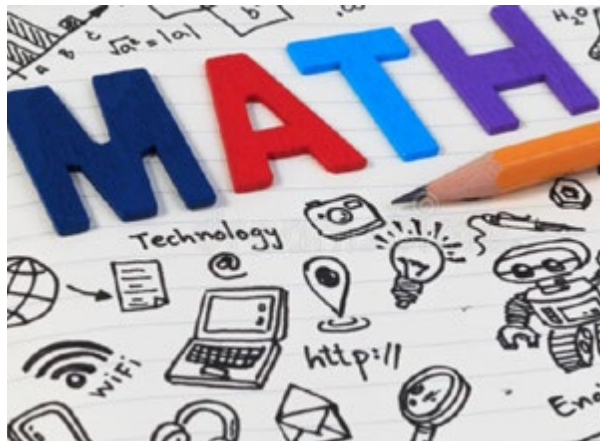
To ensure that students have access to a diverse range of ideas and experiences within a particular field, we have created Societies which encompass many similar clubs and projects. For example, the Technology Society has subsumed the 'Photoshop' and 'Python Coding' clubs from last year, meaning that the facilitating teachers will work together with all students interested in technology to develop a bespoke learning path and project that stretches all participants academically. In the academic Societies, students will have the opportunity to investigate subject areas beyond what the standard curriculum will allow, and work with fellow students from different year groups who share similar interests. Another added benefit of the Society model is that students will not need to choose between similar clubs which occur at the same time. Now, they will join a preferred Society and be able to explore their interests, rather than be restricted by a discrete club structure.

Additionally, we know that all non-sport and non-art-based interests are academically based. Therefore, we will continue to offer Special Interest Clubs, such as cooking, so that all students can feel that their non-curricular interests are being supported.

In recognition of the fact that our students are at very different stages of their development, we have created the following structure for the Enrichment offerings:

- Experiment (DS) – DUCKS students will regularly change their CCA choices, so that they have the chance to experiment with a range of new ideas and interests
- Development (JS) – As many Junior School students will have an interest area which is subject to change, they will have the flexibility to select new CCAs each term. This will give them the chance to develop their interest in one area, whilst providing them with opportunities to engage with new ideas
- Extension (SS) – By the time students reach Senior School they have a good idea of their interests. We want them to deepen and extend their learning within a chosen Society and be able to demonstrate true commitment. Therefore, Senior School students will make a year-long commitment to a chosen Enrichment CCA(s).

MATHEMATICS SOCIETY



Junior School

The Junior School Mathematics Society is for students who enjoy the challenge of solving puzzles whilst at the same time improving their mental ability and developing logical ways of thinking. We get to see how Mathematics is applied all around us and guides us through our daily lives. Students will be taught how to use and apply the skills they have learned in school to solve problems devised by FOBISIA, as well as attempting challenges and quizzes. This Society will encourage students to be resourceful and think outside of the box.

Year Level: 3, 4, 5 and 6
Day: Monday
Time: 3:40pm – 4:30pm

Location: J211
Facilitator's name: Cathy Dalgarno
Facilitator's email: cathy.dalgarno@dulwich-suzhou.cn



Senior School

The Senior School Mathematics Society is for any student with a keen interest in problem-solving and learning about how the world we live in has been built with Mathematics as the foundation. Students will use skills they have learned through their schooling to solve problems devised by NRICH and UKMT, as well as attempting daily challenges and brainteasers. This Society will help develop critical and logical thinking skills, and will encourage students to think outside of the box to solve problems.

Year Level: 7, 8, 9, 10, 11, 12 and 13
Day: Monday
Time: 3:40pm – 4:30pm

Location: S203
Facilitator's name: Steven Lithgo
Facilitator's email: steven.lithgo@dulwich-suzhou.cn

LITERATURE SOCIETY



Junior School

The Junior School Literature Society is for any students who love to read or write, and for those budding young authors who dream of one day publishing their writing to a wider audience. Members of this Society will use the Junior School library as their base, exploring the range of texts on offer and spending their time discussing those which they find of greatest interest. Through this process, students will generate a wide range of new and exciting vocabulary, which they will then use to plan, write, and edit their own stories.

Year Level: 3, 4, 5 and 6
Day: Monday
Time: 3:40pm – 4:30pm

Location: Junior School Library
Facilitator's name: Odette Holweg
Facilitator's email: Odette.Holweg@dulwich-suzhou.cn



Senior School

The Senior School Literature Society is for any students who have a passion for reading, writing, and the theatre. It will expose you to a broad range of literature that is exciting, relevant, and challenging. Literature Society will require you to examine the world around you and to think about the ways in which what we read and write is relevant to your everyday experience. Participating in this Society will also help to develop the skills required for your Language A subjects.

Year Level: 7, 8, 9, 10, 11, 12 and 13
Day: Monday
Time: 3:40pm – 4:30pm

Location: S406
Facilitator's name: Tom Byrne
Facilitator's email: tom.byrne@dulwich-suzhou.cn

ENTREPRENEURIAL SOCIETY



Junior School

Have you ever wondered what it takes to be the next Steve Jobs, Arianna Huffington, or Bill Gates? Entrepreneurs are commonly seen as innovators, a source of new ideas, and risk takers. The Junior School Entrepreneurial Society is for students who seek to create products, services, or solutions which capture the interest of different audiences. Students will learn how to generate initial ideas, design, and then produce objects. This fun and engaging Society allows participants to use their imagination to design and create something unique for themselves, or maybe something that could be marketed and sold within our community!

Year Level: 3, 4, 5 and 6

Day: Monday

Time: 3:40pm – 4:30pm

Location: (Junior School) SE21

Facilitator's name: Glory Goh

Facilitator's email: glory.goh@dulwich-suzhou.cn



Senior School

Members of the Senior School Entrepreneurial Society work in teams to create their own businesses. This means working on all aspects of product development: identifying customer needs; designing a mission statement; assigning management roles; formatting a business plan; developing a product or service; and launching the project in the Dulwich College Suzhou community. The club seeks to promote and foster an environment of entrepreneurship for students. Participating in this Society will allow students to develop leadership and project management skills, as well as instill ethical business standards.

It will also be purposeful for students who have an interest in management, finance, technology, marketing, and all other aspects of business, while also giving back to the Dulwich College Suzhou community.

Year Level: 7, 8, 9, 10, 11, 12 and 13

Day: Thursday

Time: 3:40pm – 4:30pm

Location: S219

Facilitator's name: Tony Gora

Facilitator's email: tony.gora@dulwich-suzhou.cn

SCIENCE SOCIETY



Junior School

The Junior School Science Society is for students who are naturally curious about the world around them, making them ideal scientists! They observe and ask questions like: How did the stars get into the sky? Why is the sun so bright? How are bridges built? How do cars drive and aeroplanes fly? How do our magnificent brains work? This Society will nurture students' curiosity and reinforce it in an exciting, fun, and practical way as they learn to hypothesise, test fairly, and understand and control variables before exploring, analysing, and communicating their results.

Year Level: 3, 4, 5 and 6

Day: Wednesday

Time: 3:40pm – 4:30pm

Location: J309

Facilitator's name: Cathy Dalgarno

Facilitator's email: cathy.dalgarno@dulwich-suzhou.cn



Senior School

The Senior School Science Society is a must for all eager scientists out there. We will spend time focusing on research skills and investigative techniques, so that we can delve deeper into the world of Science. We will be finding commonalities between the syllabus and cutting-edge research, as well as encouraging students to question what they think and know about the Science of today and tomorrow. You can expect to elaborate on practical work conducted in class to refine your laboratory skills, collaborate on projects, and face examination standard questioning. The Science Society is open to all students, but it will use the concepts of IGCSE and IB as a foundation for its investigations.

Year Level: 7, 8, 9, 10, 11, 12 and 13

Day: Wednesday

Time: 3:40pm – 4:30pm

Location: S207

Facilitator's name: Jason Wilson

Facilitator's email: jason.wilson@dulwich-suzhou.cn

DEBATING SOCIETY

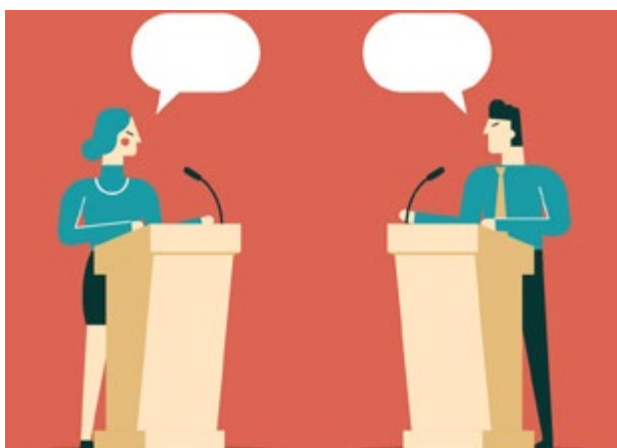


Junior School

Are you keen on developing the power of your voice to argue for the things that you believe are right? The Junior School Debating Society will support students in learning the best ways of articulating their views and opinions, ensuring others stop, listen, and are persuaded to develop their thinking. Being involved in this Society will develop confidence in speaking and listening skills, whilst building a sense of who each student is. It will also teach and encourage the application of virtues such as resilience, understanding, compassion, and integrity.

Year Level: 3, 4, 5 and 6
Day: Wednesday
Time: 3:40pm – 4:30pm

Location: J209
Facilitator's name: Steve Dalgarno
Facilitator's email: steve.dalgarno@dulwich-suzhou.cn



Senior School

Are you interested in presenting your ideas and opinions with like-minded students? The Senior School Debating Society is a great way to gain valuable experience in speaking to an audience, and developing confidence and self-esteem. Whatever your passion, we have a debating society that will suit you! Whether you choose to debate historical events, global politics and society as part of the MUN, or expand your Chinese Debating skills, participation in a debating society encourages your ability to organise ideas, argue logically and persuasively. Beyond this, participation in this Society will also help you develop your skills in areas such as critical thinking, time management, research techniques, and teamwork.

Year Level: 7, 8, 9, 10, 11, 12 and 13
Day: Wednesday
Time: 3:40pm – 4:30pm

Location: Senior School Library
Facilitator's name: Jahn Lithgo
Facilitator's email: jahn.lithgo@dulwich-suzhou.cn

LANGUAGE AND CULTURE SOCIETY



Junior School

Do you want the opportunity to further your understanding of the importance of language and culture in today's global world? The Junior School Language and Culture Society aims to deepen student understanding of our host country of China through the promotion and organisation of a range of cultural activities and events within the school, all promoting the use of Mandarin language.

Year Level: 3, 4, 5 and 6
Day: Wednesday
Time: 3:40pm – 4:30pm

Location: J208
Facilitator's name: Hygeia Guo
Facilitator's email: hygeia.guo@dulwich-suzhou.cn



Senior School

The Senior School Language and Culture Society is for the true internationalist who wishes to explore global diversity and also celebrate what unites us. Students will plan and execute cultural events, learn about the wider world, and grow towards being truly international young people. Participation in this Society will further your ability to organise, manage and execute events, increase your confidence, and augment your communication skills.

Year Level: 7, 8, 9, 10, 11, 12 and 13
Day: Wednesday
Time: 3:40pm – 4:30pm

Location: S315
Facilitator's name: Neil Brown
Facilitator's email: neil.brown@dulwich-suzhou.cn

SERVICE SOCIETY



Junior School

The Junior School Service Society links meaningful community service with instruction and reflection to enrich learning, enhance student growth, teach civic responsibility, and strengthen communities. Students will learn exactly what authentic service means and how to be successful in it, before researching to identify a meaningful opportunity that they can lead. This way, they will see the real-life power of service, develop empathy and compassion for others, and build a lifelong commitment to giving back.

Year Level: 3, 4, 5 and 6

Day: Wednesday

Time: 3:40pm – 4:30pm

Location: J221

Facilitator's name: Steve Dalgarno

Facilitator's email: steve.dalgarno@dulwich-suzhou.cn



Senior School

What can you do to make a difference? The Senior School Service Society is all about socially driven innovation, collaboration, and intervention. Come together with the Dulwich College Suzhou community to identify where you can help others. The aim of the Service Society is for students to utilise and develop the transferable skills they have acquired in the classroom to address real-life needs in their own communities, determined by investigative practice, action research, and social analysis. Service Society participants will find compelling reasons to learn and broaden the skills of civic participation, and to develop an ethos of service

and civic responsibility. It will also support students in the Service-Learning component of the Dulwich Challenge, the Duke of Edinburgh International Award, and the CAS component of the IB Diploma Program through setting SMART targets, evidencing participation, and reflection writing.

Year Level: 7, 8, 9, 10, 11, 12 and 13

Day: Wednesday

Time: 3:40pm – 4:30pm

Location: S207

Facilitator's name: Andrew Sheen

Facilitator's email: andrew.sheen@dulwich-suzhou.cn

HUMANITIES SOCIETY



Junior School

The Junior School Humanities Society is for anyone interested in understanding different aspects of society and culture through a variety of creative disciplines. We offer students the opportunity to solve authentic and open-ended challenges that encourage creative thinking, as well as developing collaboration and teamwork. We will be looking into various subjects from the past and present day, and applying skills in other areas of our learning such as Drama, Art, Literacy, and STEAM to communicate ideas.

Year Level: 3, 4, 5 and 6

Day: Thursday

Time: 3:40pm – 4:30pm

Location: J120

Facilitator's name: Lia Winfieldale

Facilitator's email: lia.winfieldale@dulwich-suzhou.cn



Senior School

The Senior School Humanities Society is for any budding Humanitarians who have a particular interest in learning about the world around them and examining important Humanitarian issues. Global issues and current events will be investigated, such as Climate Change, that links to Geography, History, Business, and Economics. Being a part of this Society will allow you to make judgements and decide how to be sustainable. It will also help you to develop empathy for others, improve your debating skills, and build your confidence through opportunities to deliver presentations and participate in public speaking.

Year Level: 7, 8, 9, 10, 11, 12 and 13

Day: Thursday

Time: 3:40pm – 4:30pm

Location: S216

Facilitator's name: Claire Farrelly

Facilitator's email: claire.farrelly@dulwich-suzhou.cn

SUSTAINABILITY SOCIETY



Junior School

Our 5th guiding statement, 'We Care About Our World', epitomises the importance of thinking about our environment in all of our actions. The Junior School Sustainability Society focuses on positive ways of raising awareness of sustainable acts and teaspoons of change, both within our school and also within our homes. It seeks to carry out projects that benefit the College, like helping plant and harvest our own crops, as well as learning about hydroponic systems. Students will also assist in organising one of the biggest events on the

school calendar 'Earth Day', as well as the number of Outdoor Learning Days that we have throughout the year. In addition, students will also have the opportunity to collaborate and share thought-provoking ideas with members of the Senior School Sustainability Society.

Year Level: 3, 4, 5 and 6
Day: Thursday
Time: 3:40pm – 4:30pm

Location: J102
Facilitator's name: Holly Poppell
Facilitator's email: holly.poppell@dulwich-suzhou.cn



Senior School

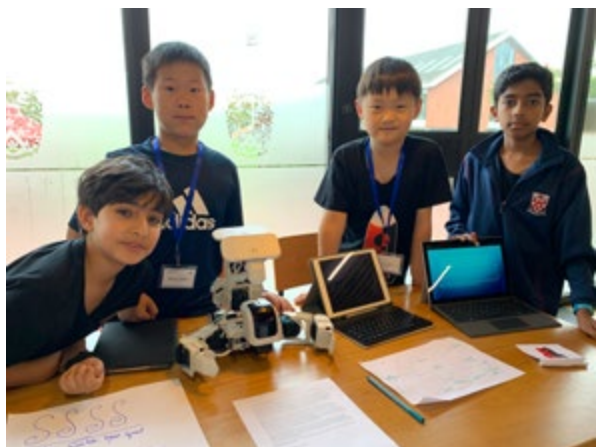
Are you interested in protecting the environment? Do you want to make positive changes to our school in a sustainable way? If so, then the Senior School Sustainability Society is for you! In this Society you will be able to influence change and complete projects that benefit our College in sustainable ways. Also, you will have the opportunity to assist in organising one of the biggest events on the school calendar 'Earth Day', which this year celebrated its 50th Anniversary. You will also work with the members of the Junior School Sustainability Society in sharing ideas and offering support.

This Society will enable you to develop your leadership skills and give you an opportunity to make a positive change in our community.

Year Level: 7, 8, 9, 10, 11, 12 and 13
Day: Thursday
Time: 3:40pm – 4:30pm

Location: S222
Facilitator's name: Rebecca Bond
Facilitator's email: rebecca.bond@dulwich-suzhou.cn

TECHNOLOGY SOCIETY



Junior School

Do you want to develop your 21st Century learning skills? The Junior School Technology Society aims to support students in developing their understanding of a range of different technologies, supporting them in thinking creatively about how each of these can be used. This includes film making, inventing with CCBits, or creating robots using WeDo. This Society enables learners to explore and design using the range of technologies available within our school and SE21 learning space.

Year Level: 3, 4, 5 and 6
Day: Wednesday
Time: 3:40pm – 4:30pm

Location: (Junior School) SE21
Facilitator's name: Glory Goh
Facilitator's email: glory.goh@dulwich-suzhou.cn



Senior School

The Senior School Technology Society aims to provide students with opportunities to explore areas of technology beyond the prescribed curriculum. Whether it be creating art with algorithmic code, advanced Photoshop techniques, or wrangling with large datasets to provide meaningful information, the Senior School Technology Society enables learners to explore a variety of different technological mediums in a fun and enjoyable environment.

Year Level: 7, 8, 9, 10, 11, 12 and 13
Day: Thursday
Time: 3:40pm – 4:30pm

Location: S107
Facilitator's name: Craig Godbold
Facilitator's email: craig.godbold@dulwich-suzhou.cn

LAW SOCIETY



Senior School

The Senior School Law Society is for any budding lawyers or students who have an innate interest in law, politics, or public speaking. We will look primarily at the structure of the British legal system and investigate the role of different types of lawyers. We will also review different cases that have happened, make our own judgements, and compare our judgements to those of the official verdict to see how and why we were differing. Participation in this Society will help you develop your critical thinking ability, legal awareness, confidence in public speaking, and your ability to analyse and evaluate arguments using supporting evidence.

Year Level: 7, 8, 9, 10, 11, 12 and 13
Day: Monday
Time: 3:40pm – 4:30pm

Location: S315
Facilitator's name: Mark Jones
Facilitator's email: mark.jones@dulwich-suzhou.cn

SPECIAL INTEREST CLUBS



Junior School Cooking Club

In this student-led and adult supervised activity, students will learn the basics of cooking, such as choosing a good recipe, accurate measuring techniques, seasoning, vegetable preparation, and baking skills. Students will apply their newly-developed skills to simple recipes and make an appetizer, main dish, side dish, and treats! This will require students to use cutting implements and kitchen appliances, like a stove and oven. The goal by the end of Term 1 is for students to create a full dinner menu that they can successfully cook for their family (with appropriate adult supervision, of course).

Each student will be given a form on the first day of this CCA to take home for parents to complete, indicating if their child has any specific allergies the College needs to be aware of.

Year Level: 3 and 4
Day: Monday
Time: 3:40pm – 4:30pm

Location: J309
Facilitator's name: Holly Poppell
Facilitator's email: holly.poppell@dulwich-suzhou.cn



Junior School Hard-Tipped Calligraphy Club

To be able to write characters regularly, neatly, and beautifully is very important for students when doing their Mandarin homework. Hard-tipped Calligraphy supports children in improving their handwriting through calligraphy practice, whilst also developing their literary skills by learning some ancient and modern poems, couplets, and beautiful essays. Come and join us!

Year Level: 5 and 6
Day: Monday
Time: 3:40pm – 4:30pm

Location: J205
Facilitator's name: Vivian Lu
Facilitator's email: vivian.lu@dulwich-suzhou.cn



Junior School Engineering Is Elementary (COST) ●

"Maglev" or magnetic levitation trains move by using magnets instead of wheels. The technological innovation behind these trains comes alive for students in this CCA which focuses on a transportation engineering unit. Students will send magnets sailing, help magnets hover, and poke around magnetic fields. Students will use the engineering design process to design, test, and improve their own tabletop "Maglev" transportation system - just like the character in the storybook "Hikaru's Toy Troubles".

The goal of this programme is to inspire innovation as children discover their inner engineer and become Science, Technology, Engineering and Mathematics learners. While the lessons will be heavily based in Science content, your child will also benefit from investigations into text and vocabulary in an effort to improve their literacy skills. Engineering is Elementary is a fee-paying CCA facilitated by an external provider.

Year Level: 3, 4, 5 and 6
Day: Thursday
Time: 3:40pm – 4:30pm

Location: (Junior School) SE21
Contact details: activities@dulwich-suzhou.cn
Cost: 1,560RMB (Term 1)

The Arts

The Arts are fundamental to our humanity. It is what inspires us, fosters creativity, goodness, and beauty. The Arts bring us joy, help us express our values, and build bridges between cultures. It is also a fundamental component of our Dulwich College community, strengthening our students both socially and educationally. At Dulwich College Suzhou we strive to foster all students' creativity and allow them to achieve their fullest artistic potential.

Confucius once said, "Tell me and I will forget; show me and I may remember; involve me and I will understand." This message is at the heart of The Arts CCA programme, as we strive to involve our students in quality active learning alongside the school curriculum. Being involved in The Arts stimulates creativity in problem solving, allowing students to communicate with and understand others in new ways, and place their curriculum knowledge into a 'real-world' context, such as music concert, art exhibition, dance, and theatre production.

The Music Department is proud to offer an extensive and diverse range of music CCAs that cater to student interest, and involve staff and the parent community. Playing music has the natural quality of bringing people together to celebrate passion, develop skill, and create memorable moments. We pride ourselves on our commitment to provide high quality musical experiences for our students at a number of College events, as well as the opportunity to tour internationally.

The Art CCA Programme offers our students a creative space of a different kind to develop one's passion in the visual arts, as well as cultivate fine motor skills, decision-making, risk-taking, and inventiveness. Students will learn about colour, layout, perspective, and balance - all techniques that are necessary in their academic work. There are a number of different themed Art CCAs across the year, which all provide students with an opportunity to showcase their work, whether it may be at an exhibition or in a collaborative mural.

Dance awakens new perceptions in children which help them learn and think in new ways. Children need to express and communicate their ideas and to be given the opportunity to make creative decisions, even at a young age. This is what our Junior School Ballet CCA provides our young children. Through dance, students will learn teamwork, focus, and the fundamental techniques of Ballet. Participants may have an opportunity to perform at the DUCKS and Junior School Dance and Music Assembly.

Across the Drama CCAs, students will learn and develop fundamental physical theatre techniques in a creative and energetic environment. They will have the opportunity to improve their communication and problem-solving skills, as well as work collaboratively with others and demonstrate independence in thinking. The College has fantastic facilities that enhance our students' experience and enable them to be involved in spectacular events. Junior School and/or Senior School have annual theatre productions which are open to all students, providing opportunities for everyone to be involved.

As Albert Einstein said, "Creativity is intelligence having fun."

MUSIC

Junior School



RECORDER CONSORT

Recorder Consort is an ensemble open to students who are at beginner and intermediate level on the recorder. The recorder is a fantastic way to learn how to read music and to start playing woodwind instruments. The aim is to build confidence through the joys of performing in an ensemble. Students in the Recorder Consort will also have an opportunity to perform at school events. This CCA requires a year-long commitment by students.

Year Level: 3, 4, 5 and 6
Day: Monday
Time: 12:55pm – 1:25pm

Location: J220
Facilitator's name: Rebekah Mulliner
Facilitator's email: rebekah.mulliner@dulwich-suzhou.cn



CARRERAS CHOIR

Carreras Choir is a showcase choir. Students will build confidence through the joys of singing and performing, as they are taught basic singing and performance techniques. Repertoire will focus on unison and 2-part singing. This choir will be expected to perform at many school and community events. No experience is necessary, but a love of singing, enthusiasm, and regular attendance is expected – this CCA is a year-long commitment.

Year Level: 3 and 4
Day: Monday
Time: 3:40pm – 4:30pm

Location: J213
Facilitator's name: Rebekah Mulliner
Facilitator's email: rebekah.mulliner@dulwich-suzhou.cn



DOMINGO CHOIR

Domingo Choir is a showcase choir. The aim of the choir is to build confidence through the joys of singing and performing. Choral techniques will be reinforced, and repertoire will range from classical to contemporary. The choir will be expected to perform at many school and community events. Members of this choir will also have an opportunity to workshop with visiting artists as well as represent the College at our annual Vienna Boys Choir tour and our DCI MADD festival. An ability to read music is preferred, but not essential. However, a passion for singing is crucial.

Year Level: 5 and 6
Day: Monday
Time: 3:40pm – 4:30pm

Location: J220
Facilitator's name: Jade Jones
Facilitator's email: jade.jones@dulwich-suzhou.cn



UKULELE CLUB

Ukulele Club is a showcase ensemble open to students who are at beginner and intermediate level. The aim is for students to build confidence through the joys of performing in an ensemble. Students in the Ukulele Club will also have an opportunity to perform at school events. Participation in this CCA requires a year-long commitment.

Year Level: 3, 4, 5 and 6
Day: Tuesday
Time: 12:55pm – 1:25pm

Location: J213
Facilitator's name: Jade Jones
Facilitator's email: jade.jones@dulwich-suzhou.cn



CORELLI STRINGS (INVITATION ONLY) ●

Corelli Strings aims to build confidence in performing on a string instrument in a group context. The repertoire will focus on a variety of styles, ranging from classical to pop to jazz music. Members of this orchestra will perform at various concerts and have an opportunity to participate in combined Dulwich music festivals. Previous experience of at least 12 months playing a string instrument is essential and owning your own instrument is preferred. Students are required to audition for the orchestra and a year-long commitment is expected.

Year Level: 5 and 6
Day: Tuesday
Time: 3:40pm – 4:30pm

Location: J213
Facilitator's name: Jessie Zhang
Facilitator's email: jessie.zhang@dulwich-suzhou.cn



CHAMBER ENSEMBLE (INVITATION ONLY) ●

Chamber Ensemble is a club for students who are interested in playing strings, brass, woodwind, percussion, and piano together as a group. This fun CCA will focus on learning to play simple music pieces across a range of different music genres, like classical, jazz and rock. Students will experience the joys of playing and being taught more advanced performance techniques. The Chamber Ensemble will be expected to perform at many school and community events. Please be aware that participation in the Chamber Ensemble is by invitation only from the Director of Music.

Year Level: 4, 5 and 6
Day: Wednesday
Time: 12:55pm – 1:25pm

Location: J213
Facilitator's name: Anna Lee
Facilitator's email: anna.lee@dulwich-suzhou.cn



STRING CLUB

String Club is for everyone, especially for those students who are not yet ready for Corelli Strings. This club is a great way to make new friends whilst building confidence in your string playing. Students must commit to the String Club for the entire year. If Mr. Sun believes you are ready to join Corelli Strings, he will inform you.

Year Level: 3, 4, 5 and 6
Day: Wednesday
Time: 12:55pm – 1:25pm

Location: JS Multipurpose Space 1
Facilitator's name: Jackie Sun
Facilitator's email: jackie.sun@dulwich-suzhou.cn



TAIKO CUBS

Taiko drums are traditional Japanese drums usually played in big groups at festivals. Taiko Cubs is for students who are new to the art of Taiko. You do not have to be a musician to be in this club, but you do need team spirit, lots of enthusiasm, and be prepared to commit for the entire school year. If you've got rhythm, like movement and music, and want exercise that is also fun, then this is the CCA for you!

Year Level: 5 and 6
Day: Thursday
Time: 3:40pm – 4:30pm

Location: Senior School Theatre
Facilitator's name: Yolanda Kong
Facilitator's email: yolanda.kong@dulwich-suzhou.cn



TAMBOURINE BAND

Tambourine Band is a fun and exciting way to learn rhythms, move to the beat and create an energetic performance. Using music from pop, rock and modern styles, students will work together to create synchronised movement pieces, which is sure to have both the performers and the audience smiling. No experience is needed, but be prepared to completely engage in the CCA.

Year Level: 3, 4, 5 and 6
Day: Thursday
Time: 3:40pm – 4:30pm

Location: J213
Facilitator's name: Rebekah Mulliner
Facilitator's email: rebekah.mulliner@dulwich-suzhou.cn

Senior School



FOLK BAND (INVITATION ONLY) ●

Folk Band is a brand new CCA aimed at string and woodwind musicians with a rhythm section to support. This CCA is inspired by the success of the Year 9 Folk Band from last year's Christmas Concert. The group will perform a range of upbeat and exciting folk music from a number of different traditions. A selected number of experienced students will be invited to join the band, as the repertoire is demanding and musically challenging. This is a flagship music CCA and will feature in all main calendar events. Therefore, a year-long commitment to the band is crucial.

Year Level: 7, 8, 9, 10, 11, 12 and 13
Day: Monday
Time: 3:40pm – 4:30pm

Location: S107
Facilitator's name: Mathew Jones
Facilitator's email: mathew.jones@dulwich-suzhou.cn



FLUTE CHOIR (INVITATION ONLY) ●

Flute Choir is one the department's fastest growing ensembles, with students being selected through a very informal audition process. The choir performs a wide range of repertoire and at a number of high-profile events, such as hotel functions, Tree Lighting and the Christmas Concert. Students must have their own instrument and demonstrate a strong commitment to the group, in both attitude and attendance. It is expected that students who wish to audition for this choir have a minimum 2 years playing experience.

Year Level: 7, 8, 9, 10, 11, 12 and 13
Day: Tuesday
Time: 12:55pm – 1:25pm

Location: S116
Facilitator's name: Anna Lee
Facilitator's email: anna.lee@dulwich-suzhou.cn



VIVACE STRINGS ENSEMBLE (INVITATION ONLY) ●

Vivace Strings Ensemble is a premier performance group, with entry being via an audition process. This group will focus on more challenging repertoire, performing actively throughout the year at many functions and events to a very high standard. Students must have their own instrument and demonstrate a genuine commitment to the group, in both attitude and attendance. All participants must be willing to rehearse music as chosen by the conductor.

Year Level: 7, 8, 9, 10, 11, 12 and 13
Day: Tuesday
Time: 3:40pm – 4:30pm

Location: Senior School Theatre
Facilitator's name: Jackie Sun
Facilitator's email: Jackie.sun@dulwich-suzhou.cn



ORCHESTRA (INVITATION ONLY) ●

Orchestra consists of all members of Vivace Strings, with the addition of selected students to perform in the woodwind, brass, and percussion sections. Rehearsals will be held every three or four weeks, as advised by the Director of Music, and will occur instead of the scheduled Vivace Strings rehearsal. The Orchestra consists of approximately seventy students, and performs exciting and diverse repertoire ranging from classical works to famous film scores. The Orchestra is a showpiece ensemble, featuring at all major College music events.

Year Level: 7, 8, 9, 10, 11, 12 and 13
Day: Tuesday
Time: 3:40pm – 4:30pm

Location: Senior School Theatre
Facilitator's name: Mathew Jones
Facilitator's email: mathew.jones@dulwich-suzhou.cn



TINKERBELLS

Tinkerbells is designed for students who are new to handbells. Students will be introduced to the instrument and genre, and will perform simpler repertoire to ensure the basic skills in notation reading and performance technique are acquired. Once students have reached the appropriate level, they will be invited by the Director of Music to join the Handbell Choir.

Year Level: 7, 8, 9, 10, 11, 12 and 13
Day: Monday
Time: 12:55pm – 1:25pm

Location: J213
Facilitator's name: Mathew Jones
Facilitator's email: mathew.jones@dulwich-suzhou.cn



HANDBELL CHOIR (INVITATION ONLY) ●

Handbell Choir is an enjoyable music CCA that helps students focus on their ability to read music, whilst playing fun repertoire on an interesting and engaging instrument - handbells! Having progressed from Tinkerbells, students will further develop their skills in handbells and work as a team to perform to concert level. All members of the Handbell Choir will appear in the Christmas concert, as well as other calendar events.

Year Level: 7, 8, 9, 10, 11, 12 and 13
Day: Wednesday
Time: 12:55pm – 1:25pm

Location: J213
Facilitator's name: Mathew Jones
Facilitator's email: mathew.jones@dulwich-suzhou.cn



GUITAR QUARTET (INVITATION ONLY) ●

Guitar Quartet is a premier performance group, with students gaining entry via an audition process. It is expected that students who wish to audition have a minimum 3 years playing experience. This quartet will focus on more challenging repertoire, performing to a very high standard. Members of Guitar Quartet will be active throughout the year at many functions and events. Students must have their own instrument, and demonstrate a positive attitude and genuine commitment to this year-long CCA.

Students must also display a willingness to rehearse music as selected by the conductor.

Year Level: 7, 8, 9, 10, 11, 12 and 13
Day: Wednesday
Time: 3:40pm – 4:30pm

Location: S107
Facilitator's name: Mathew Jones
Facilitator's email: mathew.jones@dulwich-suzhou.cn



TIGER TAIKO (INVITATION ONLY) ●

Tiger "Taiko" are traditional Japanese drums typically played in big groups at festivals. You do not have to be a musician to be in this club. All you need is a year-long commitment, team spirit, and lots of enthusiasm! If you've got rhythm, like movement and music, and want good exercise that is also fun, this is the CCA for you. Students are required to rehearse for upcoming performances. It is recommended that students wear stretchable and comfortable clothes for this CCA.

Year Level: 7, 8, 9, 10, 11, 12 and 13
Day: Wednesday
Time: 3:40pm – 4:30pm

Location: Senior School Theatre
Facilitator's name: Yolanda Kong
Facilitator's email: yolanda.kong@dulwich-suzhou.cn



GUZHENG CLUB

Join us in learning to play this beautiful, ancient Chinese instrument. The guzheng is a Chinese plucked zither. It is related to other East Asian instruments like the Japanese koto. A guzheng has 18 or more strings which are plucked with special picks attached to the fingers. Members will learn to develop fundamental techniques and have the opportunity to perform at assemblies, concerts, and busk during lunch times! No experience is necessary, but enthusiasm and a year-long commitment is expected.

Year Level: 7, 8, 9, 10, 11, 12 and 13
Day: Thursday
Time: 12:55pm – 1:25pm

Location: Senior School Theatre Green Room (Backstage)
Facilitator's name: Lareina Hu
Facilitator's email: lareina.hu@dulwich-suzhou.cn



SENIOR CHOIR

Senior Choir is a showcase vocal ensemble. Students will be taught advanced singing and performance techniques in this enjoyable CCA. Repertoire will be contemporary and focus on unison, two and three-part singing. Members of the choir will be expected to perform at many school and community events. Students will also have the opportunity to participate in festivals and work with visiting musicians. No experience is necessary, but a love of singing, enthusiasm, and a year-long commitment is required.

Year Level: 7, 8, 9, 10, 11, 12 and 13
Day: Thursday
Time: 3:40pm – 4:30pm

Location: S107
Facilitator's name: Jade Jones
Facilitator's email: jade.jones@dulwich-suzhou.cn

School Community



DCSZ COMMUNITY TAIKO

DCSZ Community Taiko is an energetic and fitness-based activity, giving you the experience playing in a very large, very loud, and very exciting percussion group! The group performs each year at the staff Chinese New Year Dinner, as well as other events such as Founders Day. It is a very popular community event and we suggest registering your interest as early as possible. No previous music experience is required, just lots of energy!

Open to: All parents and staff

Open to: All parents and staff
Day: Wednesday
Time: 5:00pm – 6:00pm

Location: Senior School Theatre
Facilitator's name: Yolanda Kong
Facilitator's email: yolanda.kong@dulwich-suzhou.cn

Art



JUNIOR SCHOOL ART CLUB

In Art Club, students will have an opportunity to learn and consolidate their art skills through a wide variety of art projects involving painting, textiles, and 3D construction. Artwork created during this CCA will be displayed in the CCA's first art exhibition during the Junior School Christmas Concert. Come and try new art projects and make new friends!

Year Level: 4, 5 and 6
Day: Monday
Time: 3:40pm – 4:30pm

Location: JS307
Facilitator's name: Lia Winfieldale
Facilitator's email: lia.winfieldale@dulwich-suzhou.cn

Dance



JUNIOR SCHOOL BALLET

Have you ever wanted to glide gracefully like a swan? If so, then you will love Ballet! In this fun and engaging CCA, you will learn barre skills, how to perfect your pli  , and how to leap like a professional – how exciting! You will also learn how to choreograph your own dances and routines to be able to perform for others. Participants are encouraged to wear a leotard and ballet shoes. Otherwise, please ensure you wear comfortable clothes that you can easily move around in.

Year Level: 3
Day: Thursday
Time: 3:40pm – 4:30pm

Location: JS Multipurpose Space 2
Facilitator's name: Chloe Brooks-Carter
Facilitator's email: chloe.brookscarter@dulwich-suzhou.cn

Drama



JUNIOR SCHOOL DRAMA CLUB

Drama Club provides students with the chance to learn and improve upon their drama and performance skills in preparation for Term 2's Junior School Production of 'Peter Pan'. Students will develop their skills to enable them to move naturally into rehearsals next term for the Production. By registering for this CCA, students will be expected to be a part of the Junior School Production CCA (Term 2), including auditions. The Friday lunch time sessions will be a chance for students to learn the songs in preparation for the Production. Students will practise their singing as a group, a duet, or as a solo performance.

Year Level: 4, 5 and 6
Day: Wednesday afternoon and Friday lunch time

Time: 3:40pm – 4:30pm and 12:55 – 1:25pm
Location: JS Multipurpose Space 1 and 2
Facilitator's name: Jonathan Wright
Facilitator's email: jonathan.wright@dulwich-suzhou.cn

Sport

Sport is an integral part of life at Dulwich College, and we are always striving to engender the importance of an active and healthy lifestyle in our students. With numerous sport CCAs on offer over Term 1, we hope that every child can find their niche within the sporting context.

The philosophy of the PE Faculty is to ensure range across the CCA programme, allowing students to develop within a variety of sports. We encourage parents to emphasise this with their child when assisting them with the selection of their CCAs. Keeping students hungry for participation in their favoured sport, whilst learning transferable skills which will put them in good stead for success, contributes to children enjoying an active and healthy lifestyle for life.

This year will see a change to the usual structure of the Sports programme, enabling our students to have more freedom and flexibility to engage in the Societies and The Arts, whilst maintaining commitment across a range of sports. Our Sports programme will aim to align across the year by age groups on specific nights. Practically, this will take the form as outlined below:

- Monday: U19/U17 ACAMIS Sports Night
- Tuesday: Pre-season Preparation Night
- Wednesday: U15/U13/CISSA
- Thursday: Junior School Sports/JISSA

Whilst there can be no 'one size fits all' model, and there will be some exceptions to the above, we feel that this alignment will provide greater consistency for students without causing disruption as the seasons change. I very much hope that students will strive to become committed to the programme all year round, even outside of their preferred interest, providing an opportunity to broaden their skills base.

All sports CCA communication will be managed through SchoolsBuddy, including fixtures. It is therefore imperative that students are signed up accurately for the various programmes during the year to ensure parents receive timely and accurate information.



JUNIOR SCHOOL TAEKWONDO (COST) ●

Taekwondo is one of the world's most popular sports. It focuses on developing kicking and self-defense skills. It can also help increase muscle speed, power, and flexibility for growth and development. As students become more skilled in areas such as roundhouse kicks, jumping kicks and 180-spin kicks, their level of exercise increases, as does their confidence. Students are required to wear their PE kit and sport shoes. Taekwondo is a fee-paying CCA facilitated by an external provider.

Year Level: 3, 4, 5 and 6
Day: Monday
Time: 3:40pm – 4:30pm

Location: JS Multipurpose Space 2
Contact details: activities@dulwich-suzhou.cn
Cost: 1,560RMB (Term 1)



JUNIOR SCHOOL GYMNASTICS (COST) ●

Gymnastics is an intermediate level of gymnastics for Junior School students wishing to develop their body control skills like balance and flexibility, and to enhance a teamwork mindset. Children will build these skills and grow confidence through various activities like rolling, hanging, and kicking. Gymnastics is a fee-paying CCA facilitated by an external provider. Please be aware there are two Gymnastics CCAs; you may only register for one of these.

Year Level: 3, 4, 5 and 6
Day: Monday
Time: 3:40pm – 4:30pm

Location: JS Multipurpose Space 1
Contact details: activities@dulwich-suzhou.cn
Cost: 2,080RMB (Term 1)



JUNIOR SCHOOL COMPETITIVE SWIM PROGRAMME (INVITATION ONLY) ●

The aim of this programme is to progress and refine students' swimming stroke techniques, improving their fitness, times, and efficiency. Strength and stamina will also be developed in this CCA. Interested students will be provided with the opportunity to represent the College as part of the Competitive Swim Team. Students who participate in the Competitive Swim Team will have gone through a selection process.

Year Level: 3, 4, 5 and 6
Day: Monday afternoon; Wednesday afternoon; and Friday morning

Time: 3:40pm – 4:30pm; 7:00am – 8:00am
Location: Swimming Pool
Facilitator's name: Shine Fu
Facilitator's email: shine.fu@dulwich-suzhou.cn



JUNIOR SCHOOL GOLF (COST) ●

Through a systemic teaching curriculum, this CCA aims to spread the culture and intrinsic value of golf to participants. Golf not only cultivates the flexibility and coordination of the body, it also provides an opportunity for students to engage in an activity outdoors thus promoting the healthy growth of children. Playing golf will enhance children's patience, concentration and independent thinking, as well as cultivate a positive attitude and self-discipline. Golf is a fee-paying CCA facilitated by an external provider.

Year Level: 3, 4, 5 and 6
Day: Wednesday
Time: 3:40pm – 4:30pm

Location: DUCKS Field
Contact details: activities@dulwich-suzhou.cn
Cost: 1,560RMB (Term 1)



JUNIOR SCHOOL GYMNASTICS (COST) ●

Gymnastics is an intermediate level of gymnastics for Junior School students wishing to develop their body control skills like balance and flexibility, and to enhance a teamwork mindset. Children will build these skills and grow confidence through various activities like rolling, hanging, and kicking. Gymnastics is a fee-paying CCA facilitated by an external provider. Please be aware there are two Gymnastics CCAs; you may only register for one of these. This Thursday class will run for 12 weeks instead of 13 weeks due to the Mid-Autumn Festival/ National Holiday.

Year Level: 3, 4, 5 and 6
Day: Thursday
Time: 3:40pm – 4:30pm

Location: JS Multipurpose Space 1
Contact details: activities@dulwich-suzhou.cn
Cost: 1,920RMB (Term 1)



JUNIOR SCHOOL FOOTBALL PROGRAMME

The Junior School Football Programme serves to assist with the upcoming U9/U11 football season. Students will be learning the foundation skills of football, developing their fundamental skills of passing, movement, and receiving during sessions. The sessions will be skill and game-based, aimed at developing students' fundamental game ability and understanding. Students may be selected to represent the College at fixtures throughout the season.

Year Level: 3, 4, 5 and 6
Day: Thursday
Time: 3:40pm – 4:30pm

Location: Junior School Astro
Facilitator's name: Ricardo Coelho
Facilitator's email: ricardo.coelho@dulwich-suzhou.cn



JUNIOR SCHOOL ULTIMATE FRISBEE

Have you ever played Ultimate, otherwise known as Ultimate Frisbee? If you haven't, then you should join us! Ultimate Frisbee is a fun, low-contact team sport played with a flying disk (frisbee). It resembles many traditional team sports, working on the foundations of passing, moving, sending, and receiving. However, unlike many sports, there is more emphasis on self-officiating, allowing students to develop their values of fair play and self-discipline.

Year Level: 3, 4, 5 and 6
Day: Friday
Time: 12:55pm – 1:25pm

Location: Junior School Astro
Facilitator's name: Nick Furger
Facilitator's email: nicholas.furger@dulwich-suzhou.cn

Senior School



SENIOR SCHOOL COMPETITIVE SWIM PROGRAMME (INVITATION ONLY) ●

The aim of this programme is to progress and refine students' swimming stroke techniques, improving their fitness, times, and efficiency. Strength and stamina will also be developed in this CCA. Interested students will be provided with the opportunity to represent the College as part of the Competitive Swim Team. Students who participate in the Competitive Swim Team will have gone through a selection process.

Year Level: 7, 8, 9, 10, 11, 12 and 13
Day: Monday morning; Wednesday afternoon; and Friday morning

Time: 7:00am – 8:00am; 3:40pm – 4:30pm
Location: Swimming Pool
Facilitator's name: Shine Fu
Facilitator's email: shine.fu@dulwich-suzhou.cn



U19 SYAC AND ACAMIS VOLLEYBALL PROGRAMME

In the U19 SYAC and ACAMIS Volleyball Programme, students will actively push their control, tactical skills, and game play skills to reach their potential. Our Volleyball Programme provides students with the opportunity to represent the College as part of our ACAMIS and SYAC league competitions. Participants will develop their skills in preparation for these competitions. Attendance at this CCA is mandatory for students wishing to be considered for participation in the U19 ACAMIS competition.

Year Level: 10, 11, 12 and 13
Day: Monday afternoon; Tuesday morning

Time: 3:40pm – 4:30pm; 7:00am – 8:00am
Location: Sports Hall
Facilitator's name: Andrew Palmer
Facilitator's email: andrew.palmer@dulwich-suzhou.cn



SENIOR SCHOOL TENNIS

This CCA provides students with the opportunity to enjoy and develop the fundamental skills of tennis in a friendly environment. The correct techniques of forehand, backhand, serve, and volley will be taught, as well as additional technical skills and game play tactics. There may also be opportunities for local matches.

Year Level: 7, 8, 9 and 10
Day: Monday
Time: 3:40pm – 4:30pm

Location: Tennis Courts
Facilitator's name: Will Murphy
Facilitator's email: will.murphy@dulwich-suzhou.cn



U19 OPEN BASKETBALL

In U19 Open Basketball, students will actively push their control, tactical skills, and game play skills to prepare them for the U19 season. Our basketball program provides students with the opportunity to represent the College as part of our ACAMIS and SYAC league competitions. The main focus of this CCA is to prepare students for trials for the U19 ACAMIS Competition.

Year Level: 10, 11, 12 and 13
Day: Tuesday
Time: 3:40pm – 4:30pm

Location: Sports Hall
Facilitator's name: Jess Byrne
Facilitator's email: jessica.byrne@dulwich-suzhou.cn



SENIOR SCHOOL GOLF (COST) ●

Through a systemic teaching curriculum, this CCA aims to spread the culture and intrinsic value of golf to participants. Golf not only cultivates flexibility and coordination of the body, it also provides an opportunity for students to engage in an activity outdoors thus promoting the healthy growth of children. Playing golf will enhance children's patience, concentration and independent thinking, as well as cultivate a positive attitude and self-discipline. Your child will have the opportunity to be taught by a PGA coach who has 20

years of golfing experience! Golf is a fee-paying CCA facilitated by an external provider.

Year Level: 7, 8, 9, 10, 11, 12 and 13
Day: Tuesday
Time: 3:40pm – 4:30pm

Location: Senior School Field
Contact details: activities@dulwich-suzhou.cn
Cost: 1,560RMB (Term 1)



SENIOR SCHOOL FITNESS

This CCA is designed to support students to progress their fitness levels, particularly cardio-based. It is ideal for any student looking to build their fitness, improve their stamina, and develop their cardio strength and lung capacity. Sessions will cover a range of types of fitness, including steady state cardio, interval training, track training, and speed work.

Year Level: 7, 8, 9, 10, 11, 12 and 13
Day: Wednesday
Time: 7:00am – 8:00am

Location: Sports Hall
Facilitator's name: Jess Byrne
Facilitator's email: jessica.byrne@dulwich-suzhou.cn



SENIOR SCHOOL BADMINTON

This recreational club aims to give students the opportunity to play badminton in a relaxed environment, whilst developing their skills and game play. Students will learn and refine their court skills, including forehand, backhand, push, smash and serve. Students' core skills in and tactical understanding of badminton will be developed.

Year Level: 7, 8, 9, 10, 11, 12 and 13
Day: Thursday
Time: 12:55pm – 1:25pm

Location: Sports Hall
Facilitator's name: Claire Farrelly
Facilitator's email: claire.farrelly@dulwich-suzhou.cn



U19 SYAC AND ACAMIS NETBALL PROGRAMME

In the U19 SYAC and ACAMIS Netball Programme, students will actively push their control, tactical skills, and game play skills to reach their potential. Students will develop their skills in preparation for the U19 season and ACAMIS competition. Our Netball Programme provides students with the opportunity to represent the College as part of the ACAMIS and SYAC league competitions. Attendance at this CCA is mandatory for students wishing to be considered for participation in the U19 ACAMIS competition.

Year Level: 10, 11, 12 and 13
Day: Wednesday afternoon and Thursday morning

Time: 3:40pm – 4:30pm; 7:00am – 8:00am
Location: Sports Hall
Facilitator's name: Charlotte Olley
Facilitator's email: charlotte.olley@dulwich-suzhou.cn



CISSA FOOTBALL PROGRAMME

The CISSA Football Programme provides an opportunity for keen football players interested in developing their fundamental skills, and improving their knowledge and understanding of this sport. Students will learn and refine their skills to pass, dribble, and move with knowledge and control. The sessions will be skill and game-based, allowing for a solid foundation of application of skill and tactical awareness. Students will have the opportunity to trial to be selected to represent the College during the CISSA football season.

Year Level: 7, 8 and 9
Day: Wednesday afternoon
Time: 3:40pm – 4:30pm

Location: Senior School Field
Facilitator's name: Ricardo Coelho
Facilitator's email: ricardo.coelho@dulwich-suzhou.cn



SENIOR SCHOOL STRENGTH AND CONDITIONING

Strength and Conditioning teaches students how to develop their skills and manage their own fitness program. The focus is weight training. The foundations of strength development will be covered, these being: safe and effective lifting; pushing; pulling; and bodyweight management.

Year Level: 10, 11, 12 and 13
Day: Thursday
Time: 3:40pm – 4:30pm

Location: Glass Box Weights Room
Facilitator's name: Declan O'Connell
Facilitator's email: declan.oconnell@dulwich-suzhou.cn

SchoolsBuddy Information

SchoolsBuddy is the platform the College uses to facilitate our CCA programme, as well as many other aspects of College life, including parent-teacher conferences, event ticketing, and trips. We have adopted this system because it enables us to consolidate many different computer systems into one, and provides a simple communication solution between parents and teachers.

SchoolsBuddy Log-In

When you first join the College, you will be provided with an invitation email which will give you step-by-step instructions on how you can activate your SchoolsBuddy account. If you have not yet received your email, you can contact communications@dulwich-suzhou.cn

Accessing SchoolsBuddy

1. Accessing the Schools Buddy Mobile App

- Apple iPhone: Search "SchoolsBuddy" in the App Store
- Android: Search "SchoolsBuddy" in the Google Play Store

OR if you do not have access to the Google Play Store on your Android phone:

Copy and paste the link below into your MOBILE browser to download the Android App

https://dulwichcollegesuzhou-my.sharepoint.com/:u:/g/personal/george_lu_dulwich-suzhou_cn/EddAROUXWnpPtEohhajEI2kBOqRQW0vhZ12u1l42aGcfTw?e=Yz5pGV

2. Accessing SchoolsBuddy from your computer:

Open this CCA handbook on your computer, then copy and paste the following link into your browser:

<https://dcsz.schoolsbuddy.net/>

3. Accessing SchoolsBuddy from link in the College Newsletter

Scroll to the bottom of the College weekly newsletter and click on 'SchoolsBuddy' under Quicklinks

Information on how to use SchoolsBuddy (CCA register; booking tickets; booking parent-teacher conferences)

Open this handbook on your computer, then copy and paste the following link in to your browser:

https://dulwichcollegesuzhou-my.sharepoint.com/personal/communications_dulwich-suzhou_cn/_layouts/15/onedrive.aspx?id=%2Fpersonal%2Fcommunications%5Fdulwich%2D-suzhou%5Fcn%2FDocuments%2FCCA%20Handbook%20and%20SchoolsBuddy%20Guidance&originalPath=aHR0cHM6Ly9kdWx3aWNoY29sbGVnZXN1emhvdS1teS5zaGFyZXBva-W50LmNvbS86ZjovZy9wZXJzb25hbC9jb21tdW5pY2F0aW9uc19kdWx3aWNoLXN1emhvdV9jbi-9Fc3E1UWJZRWNDMUNxZFpRdzVudW9KTUJYYThNQVVSZWlp4azdQaXpkbFpUM25BP3J0aW-1IPW9uLUtudTU1MTBn

SchoolsBuddy Emails

After making your selections on SchoolsBuddy, you will receive an email confirming the CCA selections. This does not mean that your son/daughter has been approved to enter the CCA, rather it is a summary of the CCA choices.

After the CCA participation has been decided, you will receive either an email which says that your son/daughter has been allocated to the CCA (i.e. you have been approved to join the CCA) or one which says that they have not been allocated to the CCA.



DULWICH COLLEGE

| SUZHOU |

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