

Co-Curricular Activity Programme

Senior School (Year 7 – Year 13)

Term 2 (13 January – 23 March)



DULWICH COLLEGE

| SHANGHAI PUXI |

上海德威外籍人员子女学校（浦西）





Dear Parents,

Please find the Dulwich College Shanghai Puxi Co-Curricular Activity (CCA) Programme for Term 2 of the academic year 2023-24. Please check the CCA Calendar carefully and complete your child's selections using [Schools Buddy](#).

Co-Curricular Activity (CCA) Programme 2023/24 Term 2

Dates

Term 2 after school CCAs will run for 7 weeks from Saturday, 13 January to Saturday, 23 March. Please note that there will be no CCAs on Wednesday, 17 January due to the whole school staff meeting and no CCAs from Monday, 29 January to 17 February as it's the Chinese New Year Holiday.

Collecting Pupils

There will be a late school bus running on Tuesday, Wednesday and Thursday at 4:40pm. Pupils can take the late bus home from College after CCAs or parents can collect children after CCAs. On Monday and Friday there will be no late school bus and pupils must be collected by parents from College at the end of the CCA. While most CCAs end at 4:30pm, some end later. Please be sure to check the end time for your child's CCAs to be aware of the pick-up time. If your child is in a CCA that ends after 4:30pm, they must either leave the CCA early to take the late bus, or be picked up from school.









Externally Provided Activities and Payments

If your child is taking part in an externally provided activity then you should make payment to the external provider within the first two weeks of CCAs beginning. If the CCA is cancelled due to unforeseen circumstances, a refund or make up class will be arranged. The CCA department will inform parents of the details if this arrangement is needed. **If students withdraw partway through the term or miss the lesson due to personal issues, refunds or make up classes will not be arranged.** We encourage students to continue and finish the CCA that they have been allocated to. By signing your child up for externally provided CCAs, you are agreeing to allow the College to share your email address to the external providers so that they can contact you.

Please do feel free to email me to ask any questions about the programme: cca.shanghaipuxi@dulwich.org.

Mr Stanton
Head of Aquatic and Director of Enrichment


Senior School Term 2 CCA Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Senior Orchestra	SISAC Football	Senior School Production	SISAC Football	Role Playing Games	Community Swimming
			Science Gardening	Football Olympiad	Swim Squad
Art	Mustangs Esports	Chinese Song Performance	iPad Art Drawing 		Development Swimming 
					Football 
Badminton/ Athletics Olympiad	CISSA Volleyball Y7-9	3D Printing	Lego Robotics Competition Y7-10		Basketball Y7-9 
	Chinese History and Culture	Art	Chinese Creative Writing		Cycling
					Dulwich Youth Theatre 
	Senior Swim Squad	Capital Markets	Senior Swim Squad		ABRSM Wind/String Chamber Club 
			CISSA Volleyball Y7-9		ABRSM MUSIC Theory/Aural 
					Spotlight Private Classes 


 Sports / Athletics

 Swimming

 Fine Arts/ Crafts

 Science/ Technology/ Engineering/ Academic/ Environmental

 Performing Arts

 External Provider/ Paid

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Open Library

Time: Monday-Thursday 3:30pm-4:30pm

Year Group: Y7-Y13

Registration Method: SchoolsBuddy

Cost: Free

The Senior School library will offer a quiet space afterschool to complete homework and reading for students. Students will be able to lend books for study and private reading.



Art

Time: Monday 3:30pm-4:30pm

Wednesday 3:30pm-4:30pm

Year Group: Y7-Y13

Registration Method: SchoolsBuddy

Cost: Free

Leader Teacher: Monday: Ms. Kristy.Boshoff

Wednesday: Mr. Kambiz Taherabadi

Contact: kristy.boshoff@dulwich.org

kambiz.taherabadi@dulwich.org

So you want to paint a mural!

This CCA is for students (7th grade - up) who are interested in and have some level of passion for art. Students will select a topic/theme to create a mural on a surface provided by the art department. During the CCA, students will learn how to:

- 1) Transfer their design to the mural for the wall.
- 2) Learn some painting techniques and tips/tricks for professional implementation.
- 3) Paint a design to be displayed within the school.
- 4) Class discussions about sketches/issues/challenges/sketches to combine ideas and present ideas to the teacher.



Badminton / Athletics Olympiad

Time: Monday 3:30pm-4:30pm

Wednesday 3:30pm-4:30pm

Year Group: Y7-Y13

Registration Method: SchoolsBuddy

Cost: Free, **Invited Olympiad students only**

Leader Teacher: Matt Uffindall

Contact: matt.uffindall@dulwich.org

Join our Badminton/Athletics After School Club and kick-start your passion for the beautiful game! Our club provides a supportive and empowering environment for students to develop their skills, teamwork, and love for the sport. Led by experienced coaches, you'll enhance your techniques, boost your fitness, and ignite your competitive spirit through fun drills, friendly matches, and exciting challenges. Make lifelong friends, build confidence, and unleash your potential on the field. **This club is open to invited Olympiad students only.**



Senior Swim Squad

Time: Tuesday & Thursday 3:30pm-5:00pm

Year Group: Y7-Y13

Registration Method: Selected Only

Cost: Free

Leader Teacher: Mr Gavin Stanton

Contact: gavin.stanton@dulwich.org

The swimming squad will be selected from time trials. If your child is selected there will be a number of days that your child can choose to train. There is a commitment of 2 sessions per week. During the year the College will enter a number of swimming galas against other International schools in Shanghai.

Selected students will be informed by Mr. Stanton. Please do not sign up for any other CCA on this day.



Mustangs Esports

Time: Tuesday 3:30pm-4:30pm

Year Group: Y7-Y13

Registration Method: SchoolsBuddy

Cost: Free

Leader Teacher: Ms. Amelia King

Contact: amelia.rubin@dulwich.org

In this CCA, students will learn to deal with the stress, victories, and failures of competition as they work together to train and compete both nationally and internationally in a number of Nintendo Switch-based esports games including Mario Kart, Rocket League, and Super Smash Bros. In Term 3, Mustangs will take part in several online fixtures with international schools across Asia. With a bespoke esports curriculum linked directly to the IB Learner Profile and that develops both physical and mental resilience in team members, the Mustangs esports ensures that students aren't just playing video games after school, but becoming young people who Live Worldwise in how they approach any challenge. Not only limited to the competitive games themselves, students will also learn about the wider esports world – something which is undergoing rapid change in China, and in Shanghai specifically. For Term 3, esports will be open to select Year 6 students as part of their transition into Senior school, with trials to take place at the beginning of term.



SISAC Football

Time: Tuesday 3:30pm-4:30pm

Thursday 3:30pm-4:30pm

Year Group: Y7-Y13

Registration Method: SchoolsBuddy

Cost: Free

Leader Teacher: Mr. Matt Uffindall

Contact: matt.uffindall@dulwich.org

Join our SISAC Football After School Club and kick-start your passion for the beautiful game! Whether you're a seasoned player or new to football, our club provides a supportive and empowering environment for students to develop their skills, teamwork, and love for the sport. Led by experienced coaches, you'll enhance your techniques, boost your fitness, and ignite your competitive spirit through fun drills, friendly matches, and exciting challenges. Make lifelong friends, build confidence, and unleash your potential on the field.



CISSA Volleyball

Time: Tuesday 3:30pm-4:30pm

Thursday 3:30pm-4:30pm

Year Group: Y7-Y9

Registration Method: SchoolsBuddy

Cost: Free

Leader Teacher: Mr. Tom Hudson

Contact: tom.hudson@dulwich.org

Join our Volleyball After School Club and kick-start your passion for the beautiful game! Whether you're a seasoned player or new to volleyball, our club provides a supportive and empowering environment for you to develop your skills, teamwork, and love for the sport. Led by experienced coaches, you'll enhance your techniques, boost your fitness, and ignite your competitive spirit through fun drills, friendly matches, and exciting challenges. Make lifelong friends, build confidence, and unleash your potential on the field.



Chinese History and Culture

Time: Tuesday 3:30pm-4:30pm

Year Group: Y7-Y13

Registration Method: SchoolsBuddy

Cost: Free

Leader Teacher: Ms. Doris Dai

Contact: doris.dai@dulwich.org

In this CCA, you can discover the wonders of ancient dynasties, where emperors ruled with wisdom and scholars penned timeless classics. Explore the traditions that have withstood the test of time, from the graceful art of tea ceremonies to the intricate dance of calligraphy. From the magnificent Great Wall to the serene landscapes of classical gardens, immerse yourself in the beauty that has inspired poets and artists for centuries.



Senior School Production

Time: Wednesday 3:30pm-5:30pm

Year Group: Y7-Y13

Registration Method: SchoolsBuddy

Cost: Free

Leader Teacher: Mr. Paul Sullivan

Contact: paul.sullivan@dulwich.org

Senior School Production CCA

Students signing up for the Senior School production CCA must attend auditions on Tuesday, January 9th, and call-backs on Wednesday, January 10th. Mr Sullivan will send out audition information and scripts on teams before the Christmas break. Those who successfully secure a role in the show will become part of the Senior School CCA. However, those not making it through the audition process will need to select an alternative CCA. CCA. It's important to note that the High School production will require a high level of commitment.

Rehearsals on Wednesdays will conclude late, at 5:30 pm, and students will be responsible for arranging their own transportation home. Additionally, there will be approximately four full Saturday rehearsals, scheduled for May 18th and June 1st, with two other dates to be confirmed. There will also be some extra after-school rehearsals. The performance dates are set for June 14th. Audition information will be published during the first week of December. If you have any questions, please email Mr. Sullivan at paul.sullivan@dulwich.org

If you want to get in the production, you may choose the Senior School Production as your first option, and in case you don't make it through the audition, please note that you need to choose another CCAs as back up so that we can manually add you into the back-up CCAs.



3D Printing Makerspace

Time: Wednesday 3:30pm-4:30pm

Year Group: Y7-Y13

Registration Method: SchoolsBuddy

Cost: Free

Leader Teacher: Ms. Sandi Bi

Contact: sandi.bi@dulwich.org

Welcome to our 3D Printing Club! Our main goal is to introduce and educate individuals who are new to the world of 3D printing. In this CCA, we will provide hands-on training on how to utilize a 3D printer and delve into the fascinating realm of 3D printing technology. Through interactive sessions, we will cover topics such as understanding the functionality of a 3D printer, mastering its operation, and exploring the fundamentals of 3D modeling.



Chinese Song Performance

Time: Wednesday 3:30pm-4:30pm

Year Group: Y7-Y13

Registration Method: SchoolsBuddy

Cost: Free

Leader Teacher: Ms. Jie Wang

Contact: jie.wang@dulwich.org

This CCA provides a chance for students who would like to perform sing (and dance) program in the Chinese New Year Assembly and other Chinese traditional festivals later in the year. We will appreciate the popular songs and practice the songs together. Students will gain confidence in the performance and get to know more about Chinese Culture behind the lyrics.



Chinese CCA (Invite Only)

Time: Wednesday 3:30pm-4:30pm

Year Group: Y7-Y13

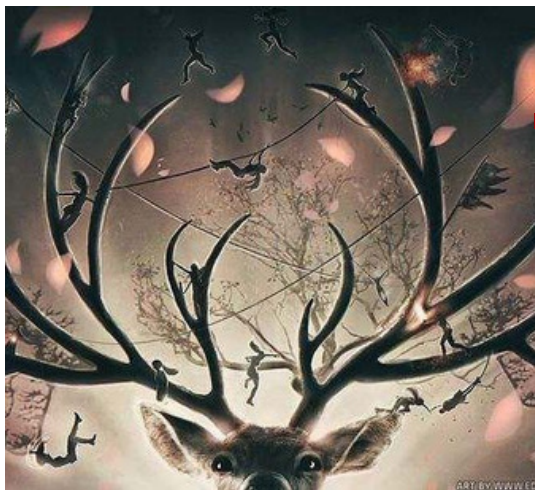
Registration Method: SchoolsBuddy

Cost: Free

Leader Teacher: Mr. Kevin Chen

Contact: kevin.chen@dulwich.org

Unlock the beauty of Chinese writing at our After School Chinese Writing Club! Immerse yourself in the world of captivating Chinese essays as we study masterpieces from renowned writers. Through engaging activities and interactive sessions, you will learn the art of crafting compelling Chinese compositions. Discover the secrets of effective storytelling, develop your vocabulary, and enhance your writing skills



Muzika艺术中心

iPad Art Drawing

Time: Thursday 3:30pm-4:30pm

Year Group: Y7-Y13

Registration Method: SchoolsBuddy

Cost: 350rmb/lesson

Contact: muzikaland@163.com

iPad is not just a learning tool but also a creating tool. In this programme, we will be teaching students how to create using their iPad. Content includes sketching, animation, comic, and design... The diversity of the programme will give students a wide platform to express themselves. Students will need to bring their own iPad. An iPad pencil will be given to students in this CCA.



Science Gardening

Time: Thursday 3:30pm-4:30pm

Year Group: Y7-Y13

Registration Method: SchoolsBuddy

Cost: Free

Leader Teacher: Ms. Aisling McSweeney

Contact: aisling.macsweeney.dulwich.org

The eco-friendly gardening club is a CCA that focuses on sustainable gardening practices. The club teaches students about gardening and the natural world through hands-on activities such as planting seeds, tending to crops and creating garden art.



LEGO Robotics Competition

Time: Thursday 3:30pm-4:30pm

Year Group: Y7-Y10

Registration Method: SchoolsBuddy

Cost: Free

Friendly competition is at the heart of FIRST® LEGO® League Challenge, or FLL for short. FLL is a research and robotics tournament for students up to 16 years of age. It combines the fun of technology and science with the exciting atmosphere of a sports event. Teams engage in research, problem-solving, coding, and engineering – building and programming a LEGO® robot that navigates the missions of the Robot Game. Students may have the chance to compete against other schools in local and national Robot Games. When competing in the Robot Games, students' autonomous robot must try to score as many points as possible on the challenge mat in two-and-a-half minutes.



Chinese Creative Writing

Time: Thursday 3:30pm-4:30pm

Year Group: Y7-Y13

Registration Method: SchoolsBuddy

Cost: Free

Leader Teacher: Ms. Amber Zhou

Contact: amber.zhou@dulwich.org

Content:

In the Chinese Creative Writing CCA, students will use characters and words freely and creatively to work on different and exciting topics. Students will learn by playing writing games, exploring themselves in fantasy, and getting inspiration for their future writing, this CCA can also prepare students for the International Chinese Writing Competition for Young Writers.

Topics may include:

Prepare for the Chinese Writing Competition :

Theme 1: Me and AI; Theme 2: Circle/Round

Descriptive writing -how to write about the scenery around you vividly;
Practical writing including advertisement /copywriting/Blogs /Letters;
News writing, writing an article for school communication; Making and writing about some delicious food; Film review and book review; Others that the students are interested such as introduction of popular song, idol, short novels, and tiny things that are interesting in daily life.



Role Playing Games

Time: Friday 3:30pm-4:30pm

Year Group: Y7-Y11

Registration Method: SchoolsBuddy

Cost : Free

Leader Teacher: David Brown

Contact: david.brown@dulwich.org

Unleash your imagination and embark on epic adventures with TTRPG! Join a community of like-minded adventurers and explore magical realms, treacherous dungeons, and heroic quests.

In TTRPG, you'll create unique characters, from mighty warriors to cunning rogues and wise wizards to charismatic bards. Guided by experienced Game Masters, you'll navigate thrilling narratives filled with intrigue, danger, and endless possibilities.

All experience levels are welcome, whether you're a seasoned enthusiast or a curious newcomer. Collaborate with fellow club members to overcome challenges, unravel mysteries, and shape the destiny of your characters and the world they inhabit.

As you strategize, negotiate, and make decisions during each TTRPG session, you'll develop critical thinking, problem-solving, and teamwork skills. Forge lasting friendships and create cherished memories that will endure beyond the final dice roll. You'll also collect far more dice than is necessary or even healthy!

Join TTRPG and prepare for an unforgettable journey where legends are born, heroes rise, and your imagination knows no limits!



Football Olympiad (Invite Only)

Time: Friday 3:30pm-4:30pm

Year Group: Y7-Y13

Registration Method: SchoolsBuddy

Cost: Free

Leader Teacher: Mr. Matt Uffindall

Contact: matt.uffindall@dulwich.org

Get ready to lace up your boots and aim for greatness in our Olympiad Football Training. Step onto the field with passion and purpose as our expert coaches guide aspiring athletes through a dynamic training regimen. From precision passes to powerful strikes, participants will hone their skills and tactical prowess, preparing for the ultimate challenge on the grand stage.

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