

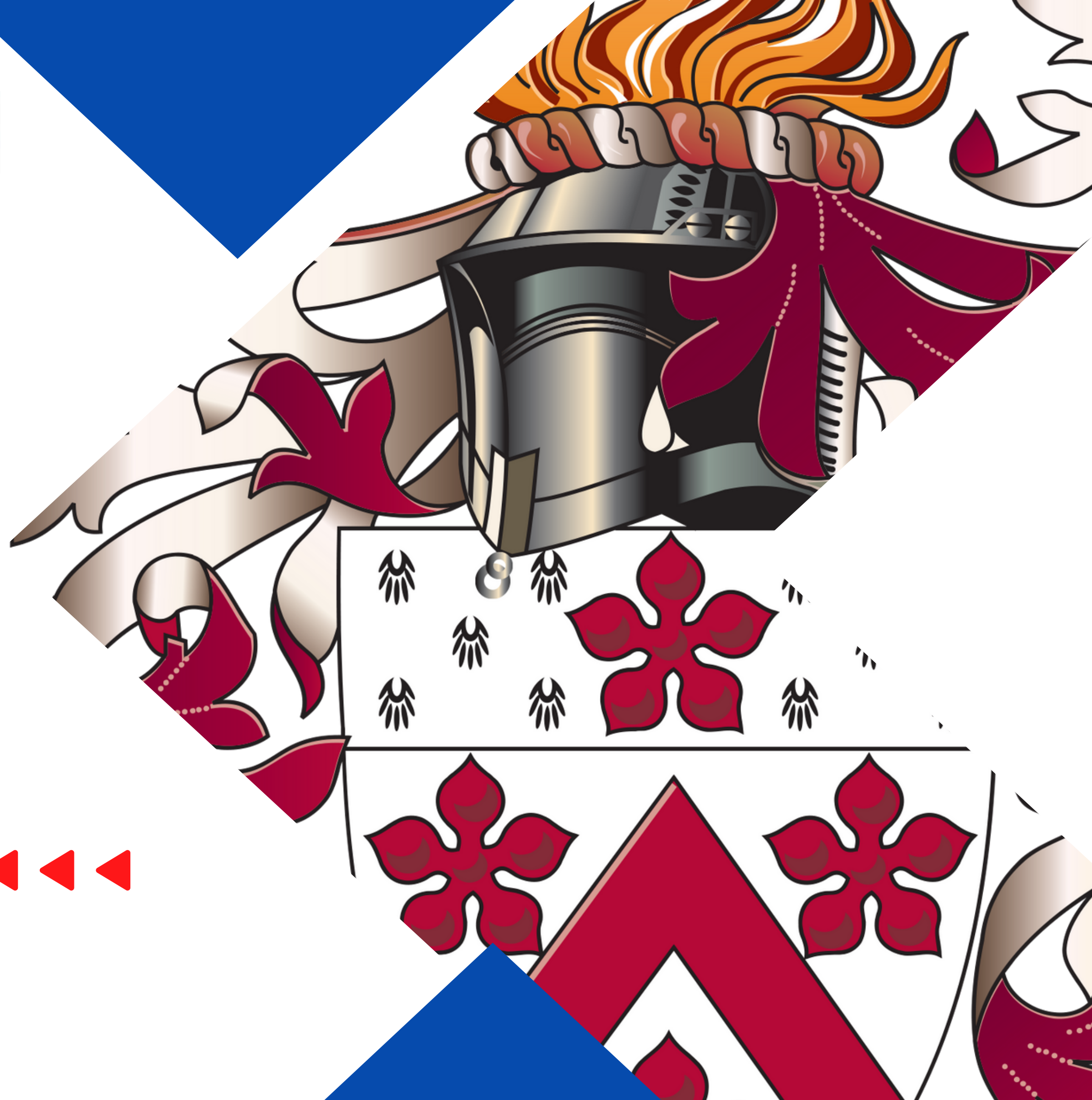
# DULWICH 2023 GAMES



HOSTED BY:  
**DULWICH COLLEGE SHANGHAI PUDONG**

**MARCH 16-17**

**#STRONGERTOGETHER**



# DULWICH GAMES – WELCOME

Wednesday, March 15th

## Visiting Schools Arrive – 4:30pm

Dulwich Beijing & Dulwich Puxi

## Opening Ceremony – 5:00pm

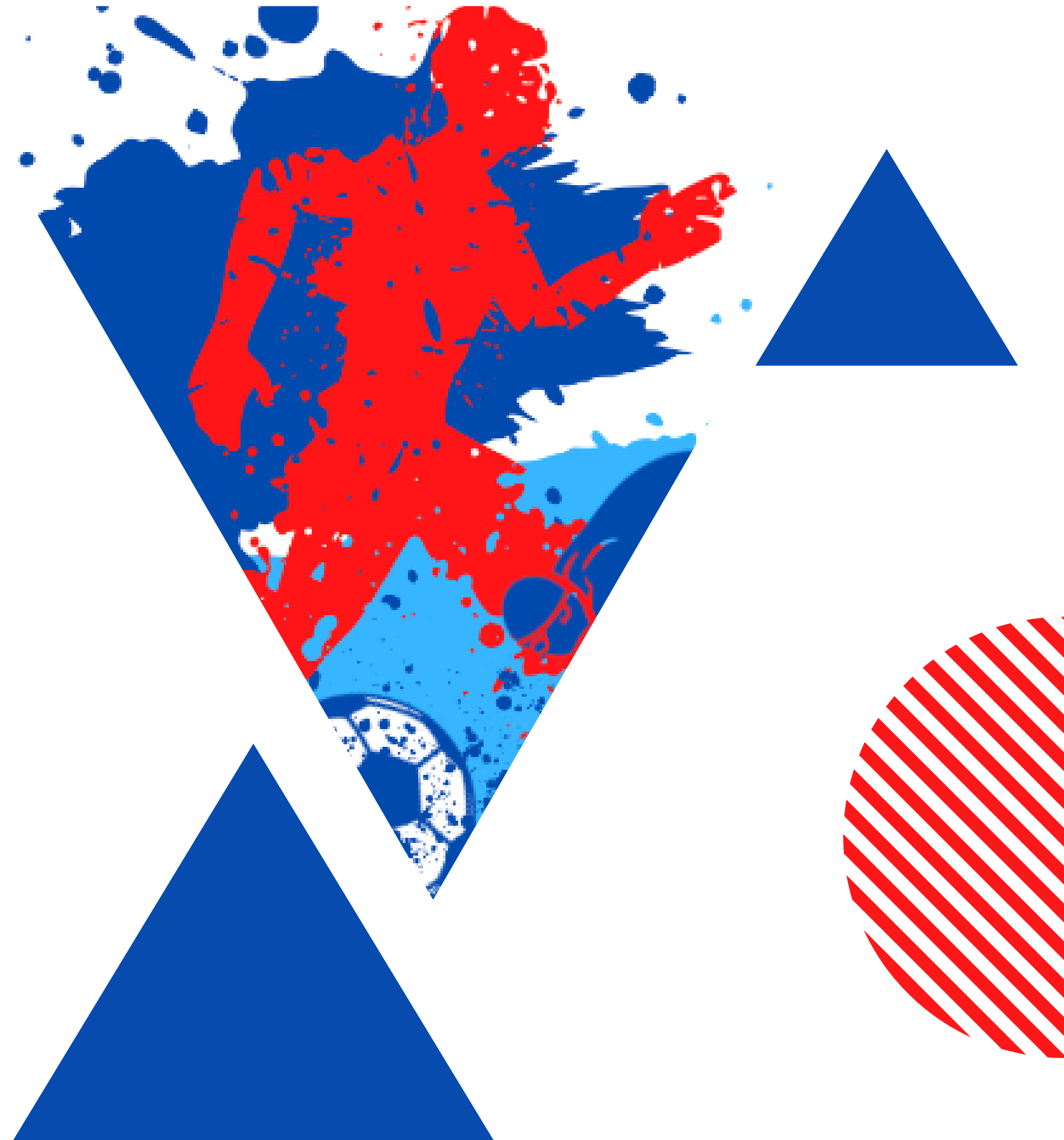
- Opening Address from **Victoria Foster**
- Choir Performances from **Tim Parker**
- Chinese Dance Performances from **Ms TingTing**
- Kungfu Performance – **Master Wang**

## Dinner – 6:00pm

- Senior School Cafeteria

## Departure – 7pm

- Return to hotel



# DULWICH GAMES – DAY 1

Thursday, March 16th

## **Depart Hotel – 7:30am**

Dulwich Puxi & Dulwich Beijing – Chaperones provided from DCSPD

Dulwich Suzhou – Arrival at DCSPD

## **ALL SCHOOLS TO HEAD TO SPORTS CENTRE UPON ARRIVAL**

## **Welcome Speech – 8:15am**

Director of Sport – David Dutch

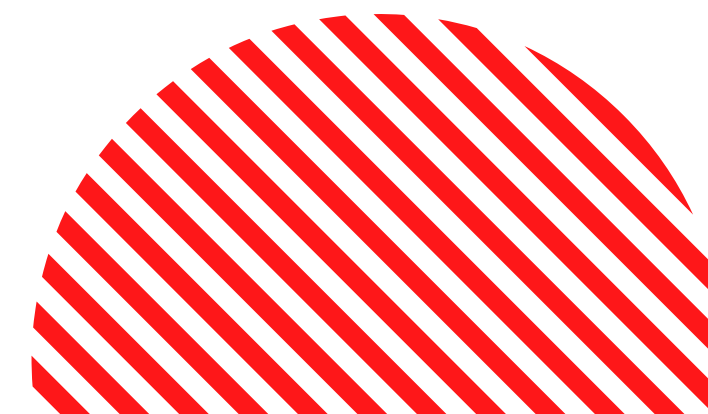
## **Swimming & Athletics Track & Field Rotations – 8:30am–5:00pm**

See next page for schedule

## **Dinner & The Day That Was – 5:30–6:30pm**

SS Canteen

## **Depart To Hotel – 6:45pm**



# THE DAY IN ACTION

## Swimming & Athletics Track & Field

SESSION 1 – 8:30AM-11:00AM		
TRACK	FIELD	SWIMMING
Year 6	Year 5	Year 4
BREAK 11:00-11:30AM		
SESSION 2 – 11:30-2:00PM		
TRACK	FIELD	SWIMMING
Year 4	Year 6	Year 5
BREAK 2:00-2:45PM		
SESSION 3 – 2:45-5:00PM		
TRACK	FIELD	SWIMMING
Year 5	Year 4	Year 6

- Snacks will be provided to all schools in every break session
- Please use break times to hydrate, sunscreen, snack and rest
- Subway lunch and snacks will be provided in Break 2

**DULWICH 2023**   
**GAMES**



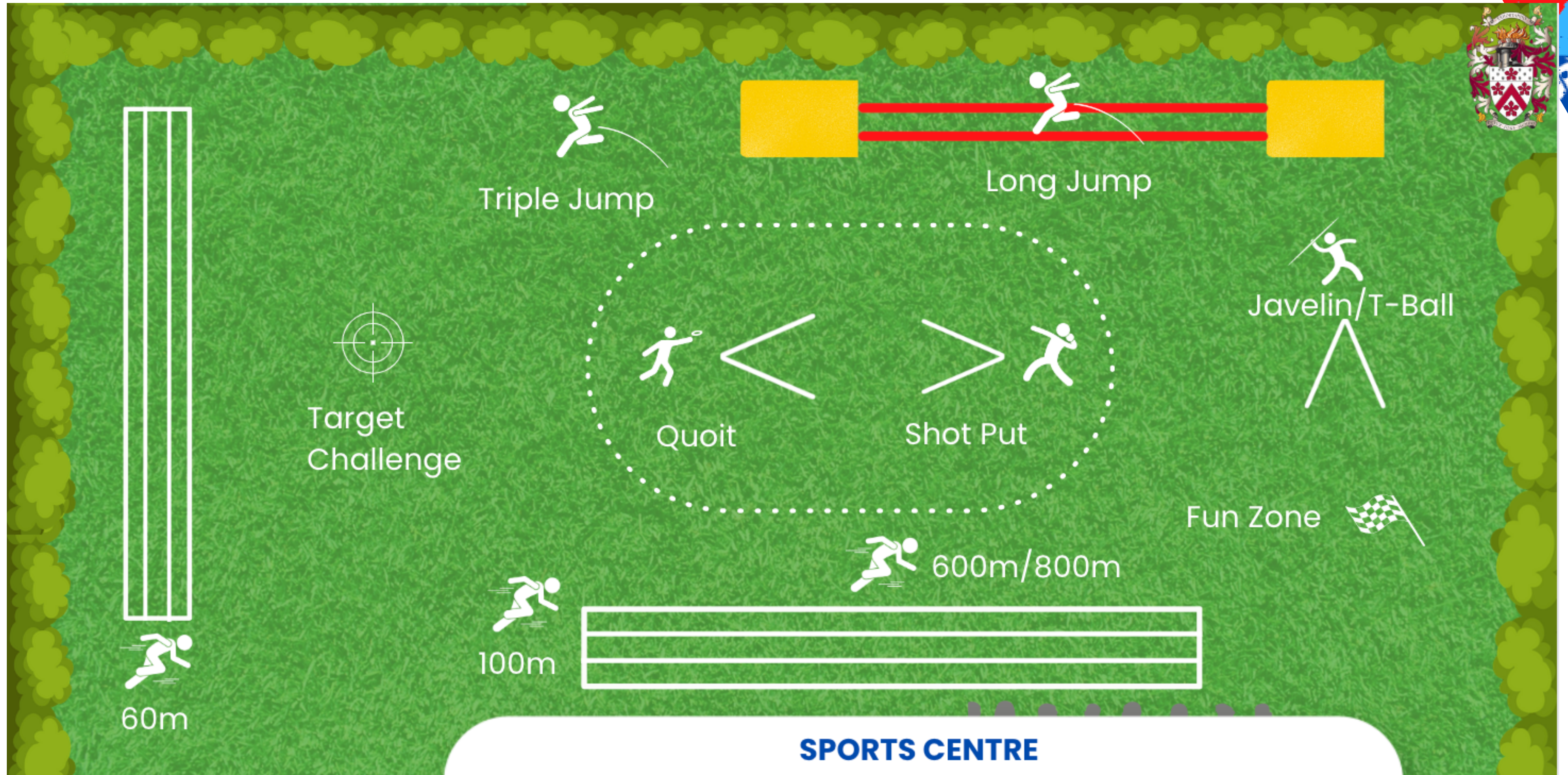




# ATHLETICS



# ATHLETICS LAYOUT





# ATHLETICS ROTATIONS

SESSION 1 – 8:30–11:00AM

Year 6 Athletics - Track					
Time	08.30 -08.55	09.00-09.25	09.25-09.50	10.00-10.25	11.25- 11.00
Group 1-3	60m	800m	Target Challenge	100m	4x100 Boys/Girls
Group 4-6	100m	60m	800m	Target Challenge	
Group 7-9	Target Challenge	100m	60m	800m	
Group 10-12	800m	Target Challenge	100m	60m	

Year 5 Athletics - Field						
Time	08.30 - 08.50	08.55-09.15	09.20- 09.40	09.45 -10.05	10.10-10.30	10.35 -11.00
Group 1-4 Boys	Fun Station	Triple	Long Jump	Quoit Throw	Javelin	Shot Putt
Group 1-4 Girls	Triple Jump	Long Jump	Quoit Throw	Javelin	Shot Putt	Fun Station
Group 5-8 Boys	Long Jump	Quoit Throw	Javelin	Shot Putt	Fun Station	Triple Jump
Group 5-8 Girls	Quoit Throw	Javelin	Shot Putt	Fun Station	Triple Jump	Long Jump
Group 9-12 Boys	Javelin	Shot Putt	Fun Station	Triple Jump	Long Jump	Quoit Throw
Group 9-12 Girls	Shot Putt	Fun Station	Triple Jump	Long Jump	Quoit Throw	Javelin



# ATHLETICS ROTATIONS

SESSION 2 – 11:30–2:00PM

Year 4 Athletics - Track					
Time	11.30 -11.55	12.00-12.25	12.25-12.50	13.00-13.25	13.25- 14.00
Group 1-3	60m	800m	Target Challenge	100m	4x100 Boys/Girls
Group 4-6	100m	60m	800m	Target Challenge	
Group 7-9	Target Challenge	100m	60m	800m	
Group 10-12	800m	Target Challenge	100m	60m	

Year 6 Athletics - Field						
Time	11.30 - 11.50	11.55-12.15	12.20- 12.40	12.45 -13.05	13.10-13.30	13.35 -14.00
Group 1-4 Boys	Fun Station	Triple	Long Jump	Quoit Throw	Javelin	Shot Putt
Group 1-4 Girls	Triple Jump	Long Jump	Quoit Throw	Javelin	Shot Putt	Fun Station
Group 5-8 Boys	Long Jump	Quoit Throw	Javelin	Shot Putt	Fun Station	Triple Jump
Group 5-8 Girls	Quoit Throw	Javelin	Shot Putt	Fun Station	Triple Jump	Long Jump
Group 9-12 Boys	Javelin	Shot Putt	Fun Station	Triple Jump	Long Jump	Quoit Throw
Group 9-12 Girls	Shot Putt	Fun Station	Triple Jump	Long Jump	Quoit Throw	Javelin





# ATHLETICS ROTATIONS

SESSION 3 – 2:45–5:00PM

Year 5 Athletics - Track					
Time	14.45-15.10	15.15-15.40	15.45-16.10	16.15-16.40	16.40- 17.00
Group 1-3	60m	800m	Target Challenge	100m	4x100 Boys/Girls
Group 4-6	100m	60m	800m	Target Challenge	
Group 7-9	Target Challenge	100m	60m	800m	
Group 10-12	800m	Target Challenge	100m	60m	

Year 4 Athletics - Field						
Time	14.30 - 14.50	14.55-15.15	15.20- 15.40	15.45 -16.05	16.10-16.30	16.35 -17.00
Group 1-4 Boys	Fun Station	Triple	Long Jump	Quoit Throw	T-Ball Throw	Shot Putt
Group 1-4 Girls	Triple Jump	Long Jump	Quoit Throw	T-Ball Throw	Shot Putt	Fun Station
Group 5-8 Boys	Long Jump	Quoit Throw	T-Ball Throw	Shot Putt	Fun Station	Triple Jump
Group 5-8 Girls	Quoit Throw	T-Ball Throw	Shot Putt	Fun Station	Triple Jump	Long Jump
Group 9-12 Boys	T-Ball Throw	Shot Putt	Fun Station	Triple Jump	Long Jump	Quoit Throw
Group 9-12 Girls	Shot Putt	Fun Station	Triple Jump	Long Jump	Quoit Throw	T-Ball Throw





**SWIMMING**

# STARTING THE SWIM MEET

## SWIMMING

### Changeroom Allocations

\*Schools to use their changing rooms only for changing and bathroom breaks.

Beijing – B2 – Office Side

Suzhou – B2 – Office Side

Puxi – B1

Pudong – B2 Poolside

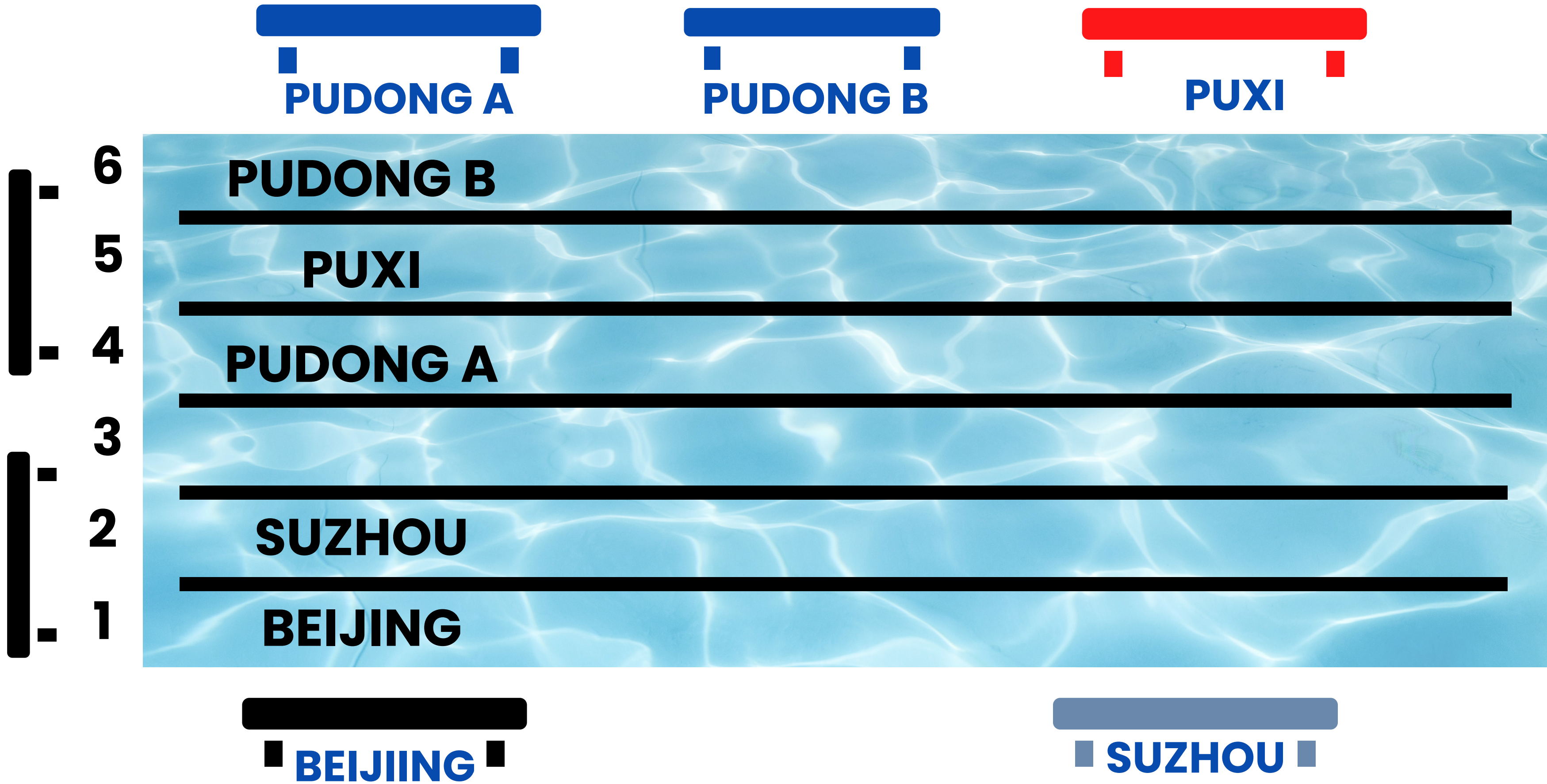
***\*Please leave all belongings in changerooms***

***\*Towel, flip flops, goggles, cap and water bottle poolside only***





# SWIMMING – POOL LAYOUT





# SWIMMING – SESSION 1

## Swim Meet Schedule



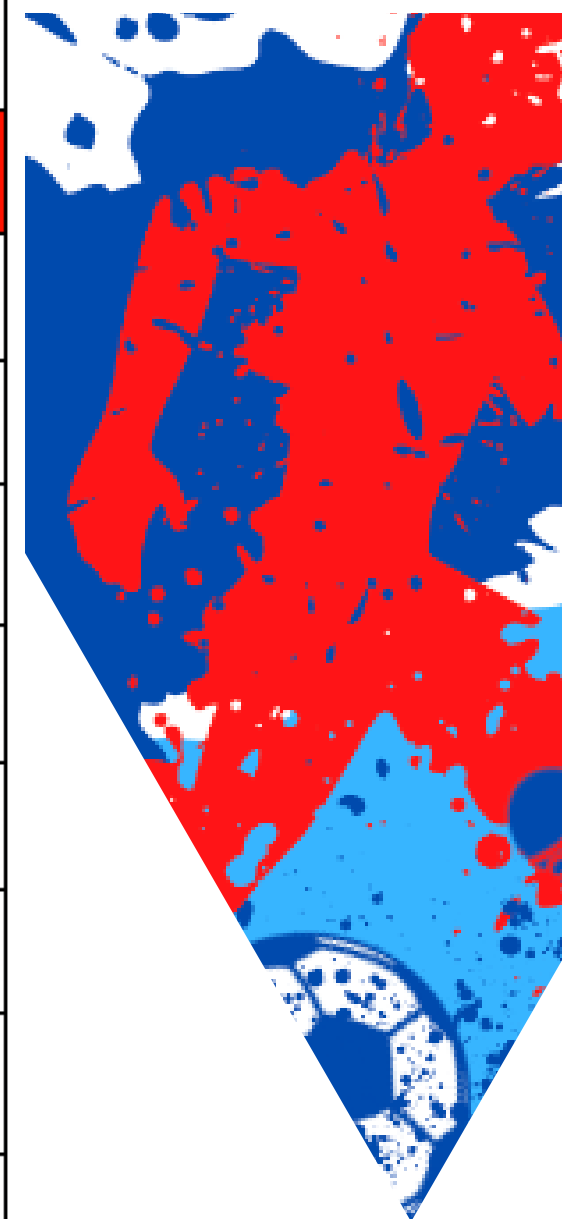
Year 4 Swimming			
Time	Event	Race	SWIMMER
08.45	Event 1	Kick-Board Relay - Boys - 12 Heats	Every Boy- 1-12
09.00		Kick-Board Relay - Girls - 12 Heats	Every Girl- 1-12
09.15	Event 2	Pairs- Noodle Relay Boys - 6 Heats	Pairs- 1-2 Swimmer- 3-4 Swimmer...
09.30		Pairs- Noodle Relay Girls - 6 Heats	Pairs- 1-2 Swimmer- 3-4 Swimmer...
09.45	Event 3	25m Freestyle Boys- 12 Heats	Every Boy
09.55		25m Freestyle Girls - 12 Heats	Every Girl
10.05	Event 4	25 Back - 6 Heats	Boys A- Boys B- Boys C- Girls A- Girls B- Girls C
10.15	Event 5	25 Breast-Stroke - 6 Heats	Boys A- Boys B- Boys C- Girls A- Girls B- Girls C
10.25	Event 6	Kick- Board Relay - 2 Heats	Swimmers- 1-4- Boys/Girls
11.35	Event 7	Freestyle Relay - 2 Heats	Swimmers 5-8 Boys/Girls
10.45	Event 8	Medley Relay - 2 Heats	Swimmers 9-12 Boys/Girls



# SWIMMING – SESSION 2

## Swim Meet Schedule

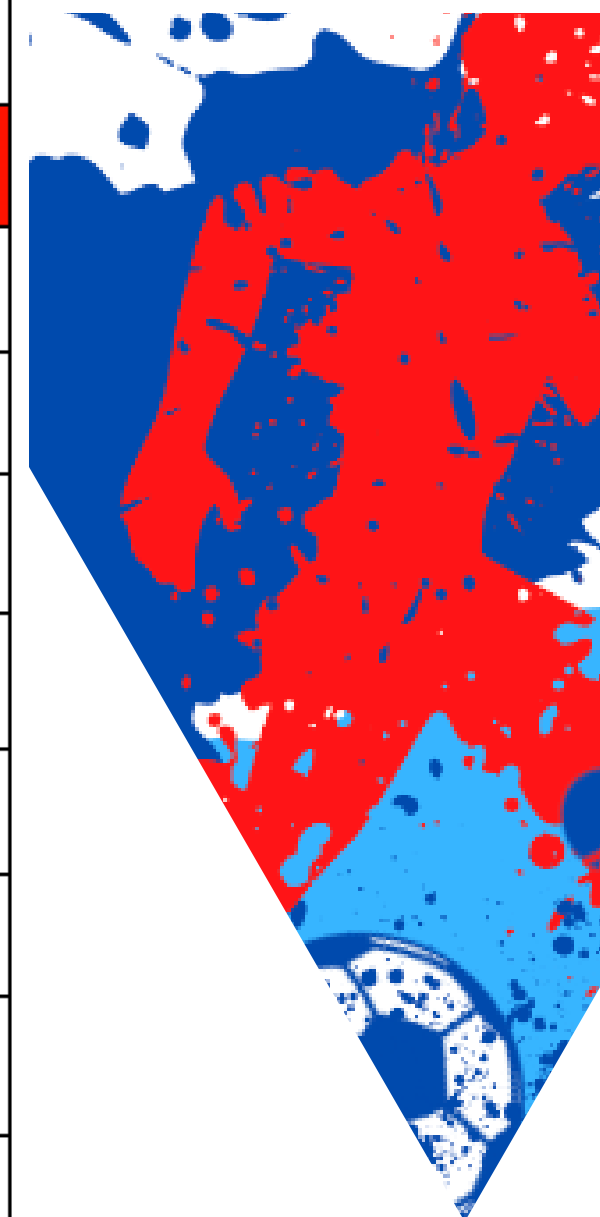
<u>Year 5 Swimming</u>			
Time	Event	Race	
11.45	Event 1	Kick-Board Relay – Boys – 12 Heats	Every Boy- 1-12
12.00		Kick-Board Relay – Girls – 12 Heats	Every Girl- 1-12
12.15	Event 2	Pairs- Noodle Relay Boys – 6 Heats	Pairs- 1-2 Swimmer- 3-4 Swimmer etc
12.30		Pairs- Noodle Relay Girls – 6 Heats	Pairs- 1-2 Swimmer- 3-4 Swimmer etc
12.45	Event 3	25m Freestyle Boys- 12 Heats (Top 4 students – 50m)	Every Boy
12.55		25m Freestyle Girls – 12 Heats (Top 4 students – 50m)	Every Girl
13.05	Event 4	50m Back – 6 Heats	Boys A- Boys B- Boys c- Girls A- Girls B- Girls C
13.15	Event 5	50m Breast-Stroke – 6 Heats	Boys A- Boys B- Boys c- Girls A- Girls B- Girls C
13.25	Event 6	Kick- Board Relay – 2 Heats	Swimmers- 1-4- Boys/Girls
13.35	Event 7	Freestyle Relay – 2 Heats	Swimmers 5-8 Boys/Girls
13.45	Event 8	Medley Relay – 2 Heats	Swimmers 9-12 Boys/Girls



# SWIMMING – SESSION 3

## Swim Meet Schedule

<u>Year 6 Swimming</u>			
Time	Event	Race	
14.45	Event 1	Kick-Board Relay – Boys – 12 Heats	Every Boy- 1-12
15.00		Kick-Board Relay – Girls – 12 Heats	Every Girl- 1-12
15.15	Event 2	Pairs- Noodle Relay Boys – 6 Heats	Pairs- 1-2 Swimmer- 3-4 Swimmer etc
15.30		Pairs- Noodle Relay Girls – 6 Heats	Pairs- 1-2 Swimmer- 3-4 Swimmer etc
15.45	Event 3	25m Freestyle Boys- 12 Heats - Top 4 students – 50m	Every Boy
15.55		25m Freestyle Girls – 12 Heats - Top 4 students – 50m	Every Girl
16.05	Event 4	25 Back – 6 Heats	Boys A- Boys B- Boys c- Girls A- Girls B- Girls C
16.15	Event 5	25 Breast-Stroke – 6 Heats	Boys A- Boys B- Boys c- Girls A- Girls B- Girls C
16.25	Event 6	Kick- Board Relay – 2 Heats	Swimmers- 1-4- Boys/Girls
16.35	Event 7	Freestyle Relay – 2 Heats	Swimmers 5-8 Boys/Girls
16.45	Event 8	Medley Relay – 2 Heats	Swimmers 9-12 Boys/Girls





# FOOTBALL



# DULWICH GAMES – DAY 2

Friday, March 16th

## FOOTBALL

**Depart Hotel – 9:00am**

Walk – with DCSPD chaperone

**Arrive school – 9:15am**

Head to Sports Centre

**On Game Pitch by – 9:45**

Year 4 & 6 – School Field

Year 5 – Golden Bridge Field



# DULWICH GAMES – DAY 2

Friday, March 16th

## FOOTBALL

### General Rules

- 1 Goal Keeper – 4 Outfielder players – Goal Keeper must remain for the game.
- Rolling Subs when ball is out of play
- Kick ins – No Direct Goal from a 'Kick-in'
- Please note different length of game for each year group
- 3 points for a win, 1 for a draw, 0 for a loss
- Boys teams – combined winner, per year group
- Girs teams – combined winner, per year group





# FOOTBALL PITCH LAYOUT



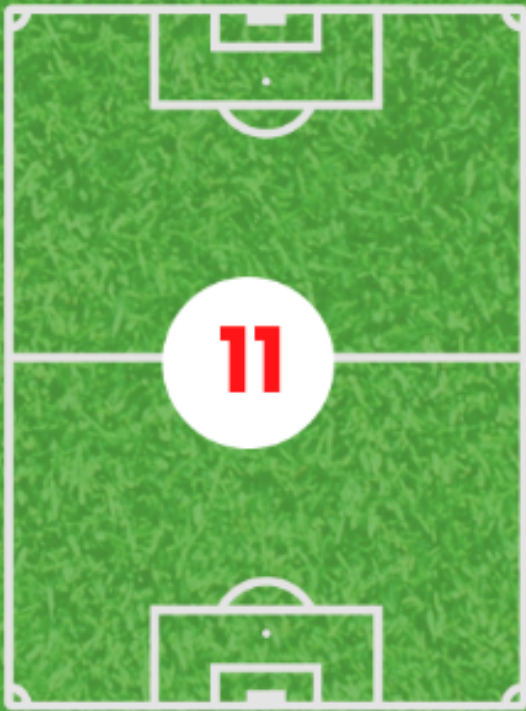


# FOOTBALL PITCH LAYOUT

GOLDEN BRIDGE FIELD



YEAR 5





# YEAR 4 – FOOTBALL SCHEDULE

Year 4  Time	PD A 1	SZA 2	DB A 3	PXA 4	PD C 5	PD B 6	SZ B 7	PX B 8	DB B 9	PD D 10	
	PD A 1	DB A 2	PD B 3	PX A 4	PD C 5	PX B 6	PD D 7	DB B 8			
	Pitch 1		Pitch 2		Pitch 3		Pitch 4				
10.00-10.00 GIRLS	1v2		3v4		5v6		7v8				
10.15- 10.35 BOYS	1v2		3v4		6v7		8v9				
10.40- 10.50	1v3		2v4		5v 7		6v8				
10.55- 11.15	5v1		2v3		10 v 6		7v8				
11.20-11.30	1v4		2v3		5v8		6v7				
11.35- 11.55	4v5		1v3		9v10		6v8				
12.00-12.10	1v5		2v6		3v7		4v8				
Lunch											
13.00-13.10	1v6		2v7		3v8		4v 5				
13.15- 13.25	1v 4		2v5		6v9		7v 10				
13.30-13.40	1v7		2v8		3v5		4v6				
13.45- 14.05	2v 4		3v5		7v9		8v10				
14.10- 14.20	1v8		2v 5		3v 6		4v 7				

# YEAR 5 – FOOTBALL SCHEDULE

Year 5  Time	PD A 1	SZA 2	DB A 3	PXA 4	PD C 5	PD B 6	SZ B 7	PX B 8	DB B 9	PD D 10	
	PD A 1		B 2		PX A 3		SZ 4		PD B 5		PX B 6
	Pitch 9			Pitch 10			Pitch 11			Pitch 12	
10.00-10.15 GIRLS	1v2			3v6			4v5				
10.20- 10.40 BOYS	1v2			3v4			6v7			8v9	
10.45- 11.00	3v4			6v1			2v5				
11.05- 11.25	5v1			2v3			10 v 6			7v8	
11.30-11.50	6v4			2v3			1v5				
Lunch											
13.00-13.20	4v5			1v3			9v10			6v8	
13.25-13.40	4v1			5v3			6v2				
13.45- 14.05	1v 4			2v5			6v9			7v 10	
14.10-14.30	5v6			1v3			4v2				
14.35- 14.50	2v 4			3v5			7v9			8v10	

# YEAR 6 – FOOTBALL SCHEDULE

<u>Year 6</u>	PD A 1	SZA 2	DB A 3	PXA 4	PD C 5	PD B 6	SZ B 7	PX B 8	DB B 9	PD D 10
	Pitch5		Pitch 6			Pitch 7		Pitch 8		
10.00- 10.25- Boys	1v2		3v4			6v7		8v9		
10.25-10.50 – Girls	1v2		3v4			6v7		8v9		
10.50-11.15	5v1		2v3			10 v 6		7v8		
11.15-11.40	5v1		2v3			10 v 6		7v8		
11.40-12.05	4v5		1v3			9v10		6v8		
Lunch										
13.00-13.25	4v5		1v3			9v10		6v8		
13.25-13.50	1v 4		2v5			6v9		7v 10		
13.50-14.15	1v 4		2v5			6v9		7v 10		
14.15-14.40	2v 4		3v5			7v9		8v10		
14.40- 15.05	2v 4		3v5			7v9		8v10		

# CLOSING CEREMONY & DINNER

**Dinner – 3:30pm**

Final Award Presentations

Dulwich Spirit Awards

Overall Schools Champion





# DEPARTURES



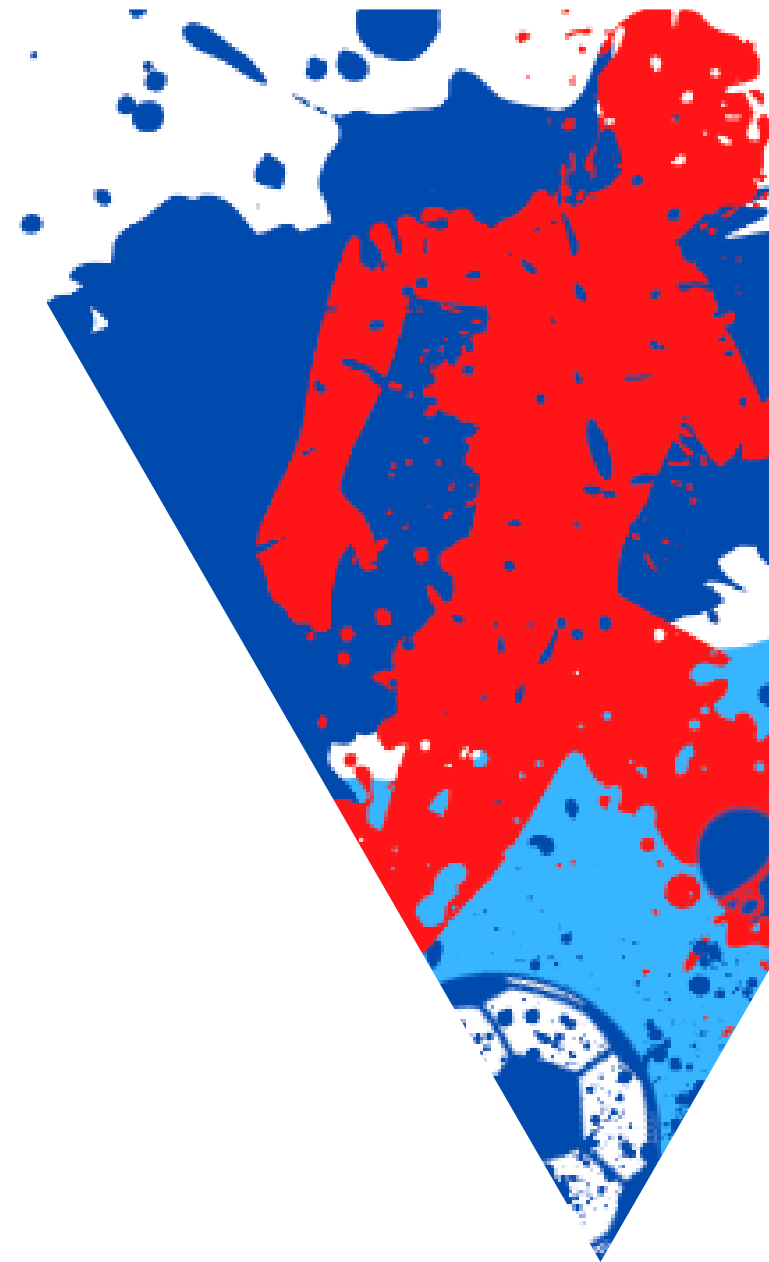
**Beijing – 5PM**



**Suzhou – 5PM**



**Puxi – 5PM**



# DULWICH 2023 GAMES

