



WEEK WITHOUT WALLS

2025-2026

Fall 2025 Programs
(Y11 / IG1 / PAL)



DULWICH INTERNATIONAL
HIGH SCHOOL PROGRAMME
| SUZHOU |

苏州德威国际课程高中项目 · 苏州工业园区德威高级中学



QIANDOAHU PROGRAM (Y11)

– Dulwich Intl High School Suzhou



Location:

Thousand Island Lake, Zhejiang
浙江省杭州市千岛湖



Dates:

October 28-31, 2025

PROGRAM OVERVIEW

The program will take place in Qiandaoahu ("Thousand Island Lake"), an artificial lake that was formed in 1959, with the construction of the Xin'an Dam. As the entire valley was flooded, former mountains became islands, giving the area its distinctive look. The program begins with a visit to a local farm en route to Qiandaoahu, offering students a glimpse into rural life. Students will cycle along China's longest 'greenway' bike path, kayak through the lake's island-dotted waters, and hike to scenic viewpoints to take in the breathtaking vistas. The program also includes a half-day of team-building and high-ropes activities. Throughout the trip, KA guides will provide outdoor instruction, facilitate activities, and ensure students are fully engaged in exploring the natural and cultural richness of Qiandaoahu.

ACCOMMODATION:

5-Star Hotel (3 nights)

PROGRAM HIGHLIGHTS

GREENWAY CYCLING



Qiandaoahu, one of Zhejiang's most iconic destinations, is celebrated for its breathtaking scenery and is a favorite among travelers from across China, particularly those from the greater Shanghai area. The lake is home to China's longest greenway cycling path, which stretches 150 kilometers and includes cyclist-only bridges and tunnels. As part of this trip, students will cycle along the most beautiful and safe section of the path, offering incredible views and a route largely separated from traffic for a secure and enjoyable ride.

KAYAKING EXPLORATION



The adventure continues with activities both on foot and on the water. Students will take to the lake in tandem kayaks, exploring islands and engaging in fun games under the guidance of professional KA instructors. Along the way, they'll develop paddling skills and engage with the natural environment through science-based activities seamlessly incorporated into the experience.

SCENIC HIKE



Hiking will provide another opportunity to delve deeper into the area's natural beauty. One trail meanders through Qiandaoahu Town along a series of well-maintained exercise paths, combining accessibility with stunning views. Another route offers a more rugged experience, winding through a rustic part of the scenic area and rewarding students with spectacular vistas and an immersive connection to nature.

CHALLENGE TOWER & VIA-FERRATA



The program also includes a half-day session at an outdoor adventure base on the lake's northern shore. Here, students will take on high ropes challenges and participate in team-building games in small groups. These activities are designed to foster communication, trust, and collaboration, creating a strong foundation for the rest of the program and encouraging personal growth and teamwork.



DAY 1

TRAVEL TO QIANDAOHU / TEAM-BUILDING or DIY CATAPULTS / ORGANIC FARMING

PROPOSED ITINERARY

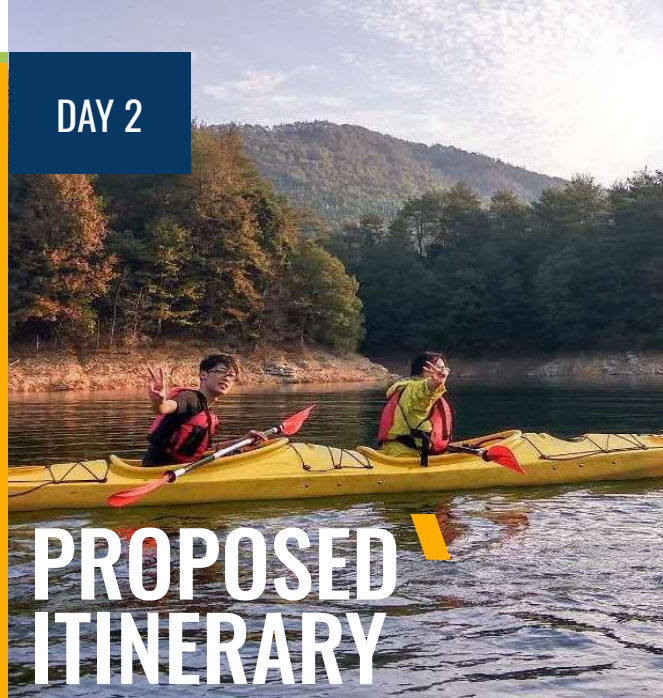
- 8:00am – 12:00pm ● Bus from Dulwich High School Suzhou to Lin'an
- 12:15pm ● Rendezvous with KA guides, introductions, meet your group leaders, lunch.
- 01:00pm ● **“Carnival of team-building:”** In the first part, student groups will compete in team-building challenges to earn tokens, which can be redeemed for materials to be used in part 2.
 - Or
 - **Catapult-building activity:** in their activity groups, students will receive an allocation of materials to build bamboo catapults, followed by a competition.
- 02:30pm ● Walk to **organic farm**, where students will learn about the essence of organic farming and help the farm with seasonal farming tasks.
- 04:00pm ● Transfer to hotel.
- 05:30pm ● Check-in, shower, rest
- 07:30pm ● Dinner at hotel restaurant.
- 08:30pm ● Reflections and debrief. **“Carnival of Team-Building,”** team-building challenge: In the first part, student groups will compete in team-building challenges to earn tokens, which can be redeemed for materials to be used in part 2.



HIGH ROPES ADVENTURE / KAYAKING or SUP EXPLORATION

- 08:00am • Breakfast at hotel, transfer to outdoor adventure center (格林七号)
- 09:30am • Safety briefing, followed by **high-ropes challenge tower and a small via ferrata course**. Students will navigate climbing elements, traverse ladders, and tackle a variety of obstacles under the supervision of experienced KA guides.
- 12:00pm • Break for lunch.
- 01:00pm • Transfer to outdoor water sports base. Introduction to **kayaking or stand-up-paddleboarding**, including briefing, paddling skills, games.
- 04:30pm • Conclude activity, change clothes. Return to hotel, shower, rest.
- 06:30pm • DIY dinner in nearby food court.
- 07:30pm • Evening game in hotel.

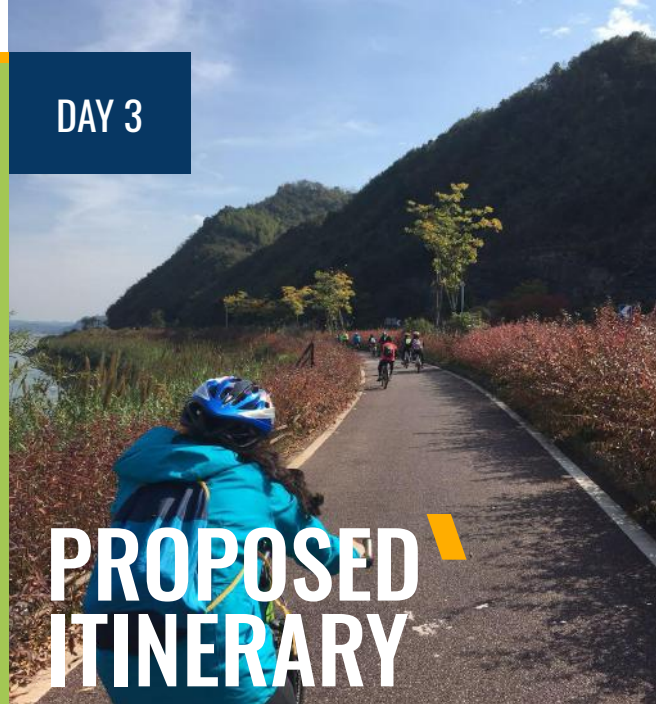
DAY 2



GREENWAY BIKE RIDE / APIARY & HONEY-MAKING

DAY 3

- 08:30am • Breakfast at hotel.
- 09:30am • Transfer to start of bike ride, sort bicycles/helmets, divide into groups, cycling safety overview. Begin cycling along the Qiandaohu cycling “greenway.” This is one of the most beautiful sections of the greenway; located away from the main road and close to the lake, and featuring a purpose-built bike only suspension bridge!
- 12:30pm • Sit-down lunch at local restaurant.
- 01:30pm • Transfer to apiary in Dashu Town, on the southern shore of Thousand Island Lake. Students will don protective headwear, receive a tour of the apiary, and learn about the time-honored tradition of honey-making.
- 04:30pm • Return to hotel, shower, rest
- 06:30pm • Buffet dinner at hotel restaurant.
- 07:30pm • Final night trip reflections and “unforgettable moments” student skits.



RETURN TO SUZHOU

- 08:00am** ● Breakfast at hotel, pack-up, check-out.
- 09:00am** ● Final debrief, say goodbye to KA Staff
- 10:00am** ● Return bus to Dulwich High School Suzhou (5 hours)

DAY 4



**PROPOSED
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