

EXTRA CURRICULAR

Term 1 2024-25

EXCITING GOALS TO MEET THE
DULWICH CHALLENGE

迎接德威挑战 — 令你兴奋的目标

80+

AMAZING
CO-CURRICULAR
ACTIVITIES,
COMMUNITY
SERVICE
PROJECTS &
STUDENT CLUBS

精彩的联课活动，社区
服务项目和学生俱乐部



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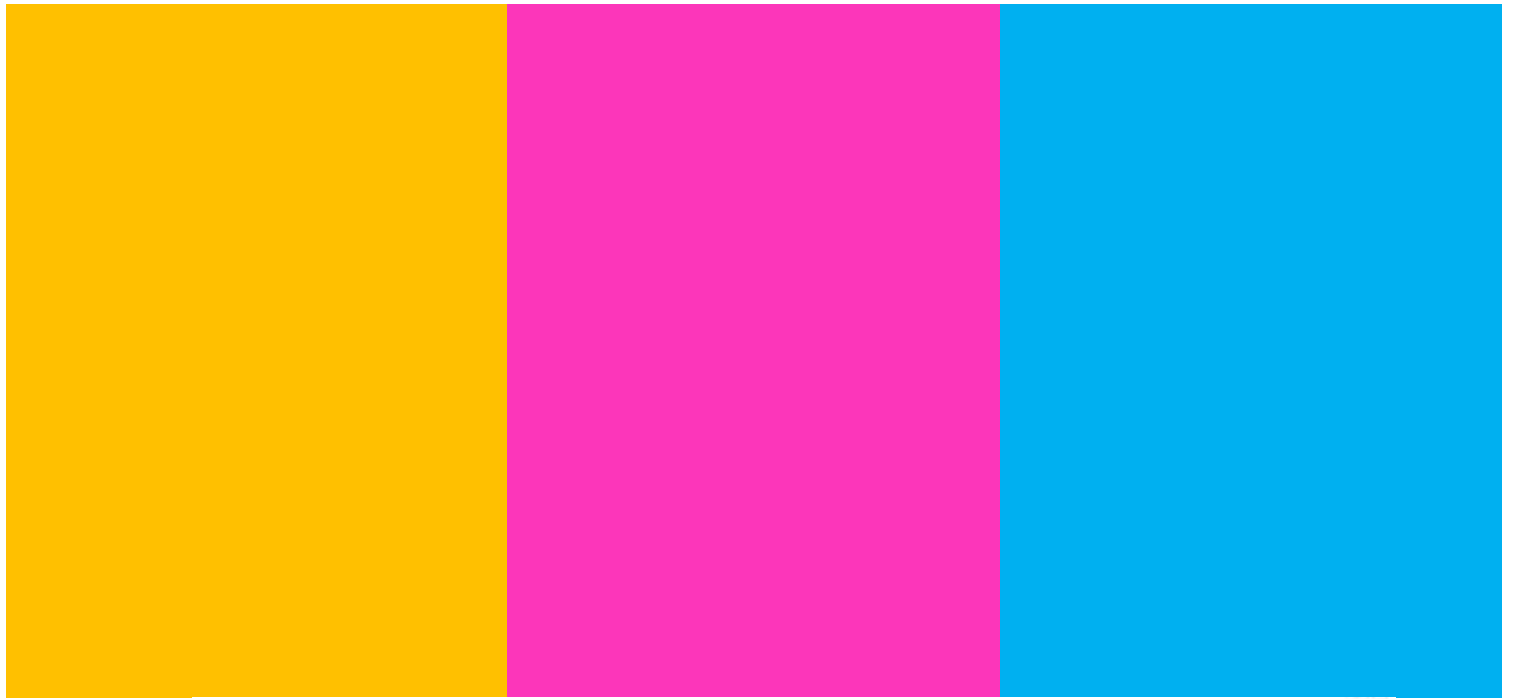
ADVENTURE DHSZ

德威冒险

Students spend time outdoors challenging themselves and building relationships during our Week Without Walls program

在我们的“活动实践周”项目中，学生们花时间在户外挑战自己和建立关系

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Welcome from our Director

总监致辞



At Dulwich International High school Suzhou, we passionately believe that CCAs are an integral part of our students' holistic education. Our CCA program is wide ranging with options for students to develop skills in a diverse range of areas from leadership and public speaking to cooking and flower arranging.

Being university ready, requires that our students do not just leave school with a solid academic background but with the skills to see them succeed both inside and outside the classroom as well as in life.

Through our extensive CCA program, students can discover their interests and talents while developing Dulwich values and competencies that will prepare them for a rapidly changing world. CCAs also promote friendships among students and staff members from diverse backgrounds as they learn, have fun and grow together. Participation in CCAs fosters social integration and deepens our students' sense of belonging, commitment and sense of responsibility to their school and community.

When speaking with our alumni about their time at our school, they will undoubtedly mention the many amazing opportunities that were afforded them through our CCA programme. The program allowed our alumni to pursue their passions and develop their leadership skills ensuring they were ready to thrive at university and in life. I hope that each one of our current students will also take advantage of the exciting options available.

There truly is something for every student within the Dulwich International High School CCA program and I encourage you to take your time and explore the possibilities on offer this term.

苏州德威坚信 CCA 是 我 校 学 生 素 质 教 育 的 重 要 组 成 部 分。 我 们 的 CCA 项 目 范 围 广， 为 学 生 提 供 多 种 选 择， 发 展 从 领 导 能 力、 公 共 演

讲到烹饪和插花等不同领域的技能。

要做好上大学的准备，需要我们的学生在离开高中时不仅要有扎实的学术背景，还要具备在课堂内外以及生活中取得成功的技能。

通过我们广泛的 CCA 项目，学生可以发现他们的兴趣和才能，同时具备德威的价值观和能力，使他们为快速变化的世界做好准备。CCA 还可以促进来自不同背景的学生和教职员工之间的友谊，他们一起学习，享受乐趣和共同成长。参加 CCA 活动可以促进社交融合，加深学生的归属感，使命感以及对学校和社区的责任感。

当与我们的校友谈论他们的高中时光时，他们无疑会提到我们的 CCA 项目为他们提供了许多令人惊叹的机会。该项目允许我们的校友追求他们的激情和发展他们的领导技能，确保他们准备好在大学和以后的生活中茁壮成长。我希望我们的每一位学生也能把握这些令人兴奋的机会。

在德威的 CCA 项目中，一定有适合你的最佳选择，我鼓励你们花时间，探索这个学期提供的机会。



Sarah Tielman
Director

Introduction to the Extra-Curricular Program

课外活动计划简介

One of the main guiding principles here at Dulwich High School Suzhou is that we ensure all our students receive an holistic approach to their education which encompass their physical, emotional, intellectual, and spiritual wellbeing and balance needs. We believe that education within the classroom should be complemented with exposure to experiences away from the usual four-walls environment, as it is paramount to enabling our students access to the development tools they need to prepare for university and a rapidly changing world. Universities are known to prioritise those applicants who are able to demonstrate communication skills, adaptability, being able to problem solve with creative solutions or build new knowledge, leadership and service orientation, and project management skills.

As such, I am extremely proud to present our Extra Curriculum program for Term 2 of the 2023-24 academic year. This program is expansive, covering a diverse range of activity categories including the academics, creatives, skills, and sports. Furthermore, we have a well-established House system which fosters a sense of belonging, commitment, and responsibility to our school for our students. Also, within Term 1 many of our students will have the chance to spend time away from the classroom as they are encouraged and expected to participate in our 'Week Without Walls' program. This provides students with the opportunity to have fun and participate in challenging activities with their peers as well as building strong lasting relationships that carry throughout their time here at Dulwich and beyond.

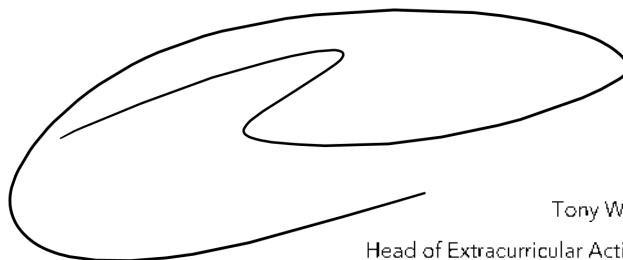
Within this comprehensive program, students have the opportunity to discover new and existing passions that will further develop their social, interpersonal, cognitive and leadership skills.

苏州德威的一个主要指导原则是，我们确保所有的学生接受全面的教

育，包括他们的身体、情感、智力和精神的健康和平衡需求。我们认为，课堂教育应该与课堂之外的体验相辅相成，这一点是非常重要的，使我们的学生可以具备完善的技能。众所周知，大学优先考虑那些能够展示其沟通技巧和适应能力、能够用创造性的解决方案解决问题或建立新知识、具备领导能力和服务导向、以及拥有项目管理技能的申请人。

因此，我非常自豪地向大家介绍我们2024-25学年第一学期的 CCA 联课活动计划。这个项目非常广泛，涵盖了各种各样的活动类别，包括学术、创意、技能和体育。此外，我们有完善的学院体系，培养学生对学校的归属感、使命感和责任感。在第一学期，我们的许多学生将有机会走出课堂，来参加我们的“户外实践周”活动。这为学生提供了与他们的同龄人一起享受乐趣和参与具有挑战性的活动的机会，并建立了牢固持久的关系，这个关系将贯穿在他们的德威生涯以及未来。

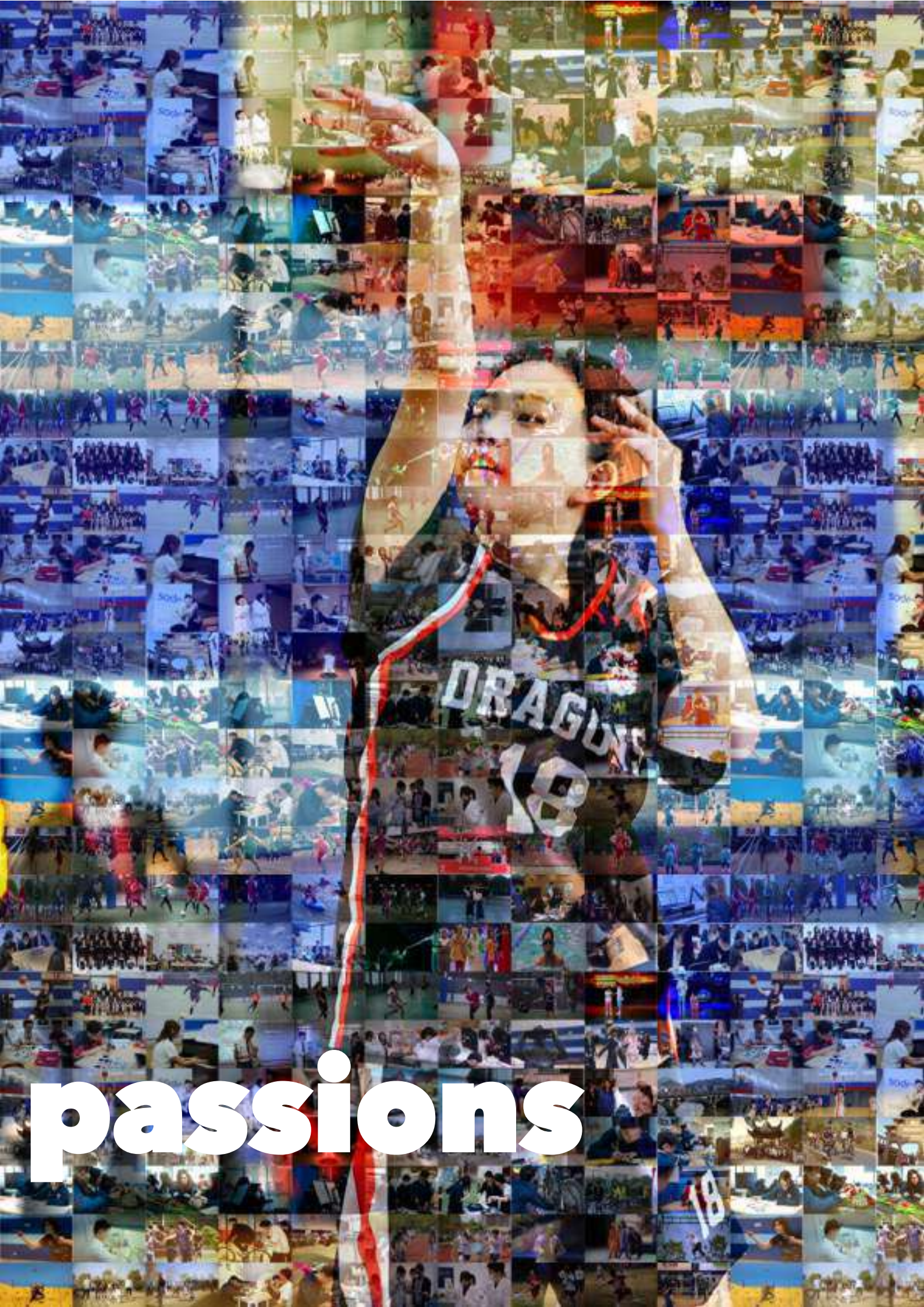
在这个全面的项目中，学生有机会发现新的激情，将进一步发展他们的社交，人际关系，认知和领导技能。



Tony Winton
Head of Extracurricular Activities

Discover your

探索你的激情



passions

Scholar's Program

学者计划

Steve Hodgkin

**Head of Scholar's Program
Humanities Pathway Lead**

"It's also about giving students the skills to succeed when they get a place at an elite university."



**In search of
& Oxbridge
Ivy League**

The Dulwich Scholars Program is incredibly important, as it is all about elite university preparation and academic enrichment. The Scholars Program is by invitation only. Only students with the highest zhongkao scores in year 10 and students with the highest proven records of assessment in years 11, 12 and 13 are invited to join.

They are invited to take part so that we can stretch them, and do things beyond the curriculum, which is both difficult and challenging for them. What we are not doing is test preparation. We are not teaching them anything subject related. We are trying to embed all the soft skills which are necessary for success at university in the future. One of them is critical thinking beyond the textbook. Another is extensive reading, also beyond the textbook, which is why we have a separate Scholars Program section in the school library. We are getting them reading, thinking, speaking, and writing.

Everything we are doing is ultimately based on university admissions and interviews. It's also about giving students the skills to succeed when they get a place at an elite university. We pull together all the soft skills that they will need to succeed in the application process and at university. The skill of speaking English confidently, the reading, the thinking skills.

We have made a commitment to do that for an hour a week over the next four years. There are several parts to the Scholars Program. One of the most important parts is mentoring. We have specialist staff, including myself, and various other experienced teaching staff, who have decided to make the commitment to see these students through the process and forge meaningful relationships with them, every Tuesday for an hour a week. This hour is not a normal lesson. They are much more interactive and more like university tutorials.

We host regular parent events, focusing on different aspects of the Scholars Program. Ultimately, the support of parents is required for the Program to succeed, as they have an important role to play.

The plan is to have a much greater role for student leadership in the Program. There is a mixture of students starting in Y10, all the way up to Y13, and we are already moving some of the older students into leadership roles. In semester two, we are looking for tangible outcomes, like maths competitions. For example, I want every scholar on the humanities Scholars Program pathway to enter the John Lock essay writing competition. We have been looking at soft skills in semester one, in semester two we will focus more on student agency and student empowerment as they use the skills they have developed in the real world as they showcase their writing skills.

In truth, you cannot get admitted to Oxbridge or Ivy League schools without excellent written and spoken English skills. The Scholars Program helps to develop these skills via significantly increasing exposure to English.

What the Scholar Program is not doing: it is not making promises. It isn't about undermining our school counselling departments commitment to finding the best-fit universities for our students. It's about making our scholars the best fit for elite universities.

德威学者计划之所以非常重要是因为丰富的学术经验关系着是否为进入一流大学做好了充分准备。学者计划只接受被邀请的学生。只有10

年级中考成绩最高以及11年级、12年级和13年级成绩最优异的学生才可以参加。

被邀请参加学者计划的学生,可以得到充分的突破扩展,做课程之外的学习,这对他们来说既困难又具有挑战性。我们不是做一些考试准备,我们也不教他们任何相关的课程。我们努力将所有在未来大学取得成功所必需的软技能融入其中。其中之一是超越教科书的批判性思维;另一个是广泛的阅读,这也超出了教科书,这就是为什么我们在学校图书馆有一个单独的学者计划部分。我们让他们读、想、说、写。

我们所做的一切最终都是基于大学录取和面试。这也是为了让学生在精英大学获得一席之地取得成功的技能。我们汇集了他们在申请过程和大学中取得成功所需的所有软技能。自信的英语口语能力,阅读能力,思考能力。

我们已经做出承诺,在接下来的四年里,每周都要保证有一小时的时间。奖学金计划有几个部分。其中最重要的部分是指导。我们有专业的教师,包括我自己,还有其他各种经验丰富的教师,我们承诺在整个过程中关注这些学生,并与他们建立有意义的关系,每周二,每次一个小时。这一小时不是一堂常规的课。它们更具互动性,更像大学里面的辅导。

我们定期举办家长活动项目,关注于学者计划的不同方面。该方案的成功需要得到父母的支持,因为他们发挥着重要的作用。该项计划是让学生领导力在该计划中发挥重大的作用。

项目中的学生从10年级开始,一直到13年级,我们已经让一些高年级的学生担任领导角色。在第二学期,我们会寻找更加有形的成果,比如数学竞赛。再例如,我希望人文科学学者计划的每一位学生都能参加约翰·洛克的论文写作比赛。在第一学期,我们一直在关注软技能,在第二学期,我们将更多地关注学生自主和授权学生,因为他们在展示自己的写作技能时,将使用他们在现实社会中发展出来的技能。事实上,如果你没有优秀的英语写作和口语能力,你是无法进入牛津、剑桥或常春藤盟校的。学者计划通过显著增加英语的接触机会来帮助发展这些技能。学者计划不会做的是:给出许诺。这并不是要破坏我们升学部门为我们的学生寻找最适合的大学的承诺。这是为了让我们的学者具备进入一流大学的能力。

Extended Project

拓展项目

Jessica Law

Head of Extended Projects

The top five most important vocational skills and abilities have been identified as: judgment and decision-making; fluency of ideas; active learning; learning strategies; and, originality abilities. The Extended Project (EP), offered at DHSZ, hits all these skills in its approach to delivering the EP program.

Project-based learning calls for the use and development of these skills which are also highly applicable in completing university degrees where independent thinking and self-management drives student learning. The opportunity to cultivate these skills in the form of a self-chosen research project is an ideal way for young people at DHSZ to prepare for what is ahead of them, both at university and in the workplace.

最重要的五个职业技能和能力：决策判断、思维连贯、主动学习、学习策略和创意能力。苏州德威提供的扩展项目(EP)，在其实施方法中就运用了所有的这些技能。

基于项目的学习需要使用和发展这些技能，这些技能在提倡独立思考和自我管理的大学学习中同样也非常适用。对于我们的学生来说，可以通过由自己选择的研究项目来培养这些技能，是他们为未来的大学和工作做准备的理想方式。



Extended Project 拓展项目

Jessica Law, Masihur Bawngi & John Coffey
Monday/Tuesday/Thursday · 15:30-16:30 · 2N12
(Invitation Only)

Essentially, the EP is a research project providing students the chance to choose their own topic of research. The aim is to produce a dissertation or product with an accompanying essay. Students have the option to be externally assessed, attracting a qualification that will be highly advantageous in university applications. Students learn techniques associated with creative and critical thinking, researching, questioning, time and project management, and expand their skills in writing and making informed conclusions. The project is aimed predominantly at Year 12 students and bridges Year 12 and Year 13, culminating in a presentation timed for the beginning of Year 13, showcasing student learning and the process they undertook.

A student undertaking the EP will be involved in exercising their own judgement in making decisions from the very beginning when a research topic is self-chosen. The benefits of choice are embedded motivation and agency in learning that surpasses learning that might happen in the classroom. The EP provides students the chance to collect their own primary data through conducting interviews, surveys or experiments. Students are active in the research process, learning through doing and in thinking of creative ways in collecting information to support their research in secondary sources and in solving problems that may arise in the process. The need to reflect regularly throughout the project ensures students are developing their skills in evaluating and acting on guidance from both a subject related mentor and the project coordinator. Discussion and collaborative thinking are highlighted between student and assigned mentor.

Students involved with the EP become far more aware of their personal and academic strengths throughout the process and challenge themselves in ways that promote academic development. The EP not only prepares students for the academic rigor of tertiary education but provides the opportunity to undertake a self-directed project in a supportive environment with an underlying structure aimed at enhancing sought after skills for life beyond high school.

从本质上讲，EP 是一个研究项目，为学生提供自己来选择研究主题的机会。其目的是完成一篇论文或附带一份论文的一个产品。学生可以选择外部评估，从而获得在大学申请中非常有利的条件。学生将学习到有关创造性和批判性思维、研究、提问、时间和项目管理的技能，并提升他们的写作能力和做出明智结论的能力。该项目主要针对12年级的学生，并在12年级和13年级之间架起桥梁，在13年级开始的时候，展示学生的学习和他们所经历的过程。

当一个研究课题是自己主观选择的时候，学生从一开始就可以在决策时实践他们自己的判断。学生自行选择的好处是可以获得超越普通课堂式学习的动力。EP 为学生提供了通过访谈、调查或实验收集原始数据的机会。学生在研究过程中是积极主动的，通过实践和创造性的方式来收集信息，以支持他们对二手资源的研究，并解决过程中可能出现的问题。在整个项目中，需要定期反思，这能确保学生在从学科相关导师和项目协调员处获得指导时，能发展其评估和执行方面的技能。学生和指定导师之间的讨论和协作思维极其关键。

参与 EP 的学生在整个过程中可以更好地意识到他们的自身优势以及其学术优势，并以能促进学术发展的方式挑战自我。EP 不仅让学生做足严谨的学术准备，更让学生们有机会培养和发展高中后生活中所需的其他技能，而这一切都将基于学生自我引导、自我决策的项目。

"After working on EPQ related to computer programming, my skills in Python and Excel have improved greatly, which has helped me to perform well in programming competitions. I have also discovered how joyful coding is."

Jake Z.

Skills which will be developed throughout this project

- **Critical and Creative Thinking**
- **Evaluation**
- **Time management**
- **Collaboration**
- **Communication**
- **Independent Research**

This is my House

这是我的学院

The origins of the house system date back to the foundation of our parent School Dulwich College in London. In recent years house systems were brought to public attention in the Harry Potter books by J.K. Rowling.

It provides opportunities for students to grow and learn, in terms of personality, morality, creativity, knowledge and skills. The system promotes the values of fair play, teamwork, citizenship, mutual responsibility, as well as self-discipline, initiative, perseverance, and resilience.

The House system also allows Houses to compete in a supportive environment. House Competitions are an important part of school life with sports events (such as volleyball, dodgeball, football, and swimming), performance (singing, music, art and drama) as well as some academic competitions (such as mathematics and coding) The House system helps our students to learn how to be good, sportsman like competitors that enjoy the positive aspects of healthy competition. The House system also lets students make new friends, feel part of something, and to experience a sense of community.

When you have morning registration your tutor group will be with other students from your House and will be a great way to start to build your House community.

学院制度的起源可以追溯到我们位于英国伦敦的德威公学。近年来, J.K.罗琳的《哈利波特》系列丛书也引起了公众对学院制的关注。它为学生提供了在个性、道德、创造力、知识和技能方面成长和学习的机会。该制度提倡公平竞争、团队合作、公民意识、共同责任以及自律、主动、毅力和适应力等价值观。

学院制允许学生在一个支持和鼓励性的环境中竞赛。学院竞赛是学校生活的重要组成部分,有体育项目(如排球、躲避球、足球和游泳)、表演(唱歌、音乐、艺术和戏剧)以及一些学术竞赛(如数学和编程)。学院制可以帮助我们的学生学会如何超越自我,就好比运动员能从健康的比赛中获益一样。

学院制也能够让学生结交新朋友,感受到自己是学院中的一员,享受团队精神。每天早上,你将会和你所在学院的其他同学一起进行晨会,这将是了解其他同学、并建立学院社交的良好开端。

Curie

Head of House: Alex Whitwam

Named after Marie Curie, Noble Prize winner of both Physics (1903) and Chemistry (1911).

以玛丽·居里夫人命名，诺贝尔物理学奖(1903)和诺贝尔化学奖(1911)。



Turing

Head of House: Chichak Guluyeva

Named after Alan Turing, a brilliant mathematician who took a leading role in breaking Nazi ciphers in WWII.

以艾伦·图灵命名，他是一位杰出的数学家，在二战中破译了纳粹密码。



Mandela

Head of House: Maria Villaescusa

Named after Nelson Mandela, president of South Africa (1994-99) and a Noble Prize winner for Peace (1993).

以纳尔逊·曼德拉的名字命名，他是前南非总统(1994-99)和诺贝尔和平奖得主(1993)。

Soong

Head of House: Maxine Li

Named after Soong Qingling, who founded the China Welfare Institute and was the Honorary President of the People's Republic of China in 1981.

以宋庆龄命名，她创立了中国福利会，并于1981年担任中华人民共和国名誉主席。

Challenge YOUR SELF

挑战你自己 The Dulwich Challenge 德威挑战

The Dulwich Challenge challenges each student to engage in a broad range of experiences each academic year. There are five categories of the Dulwich Challenge: Active, Creative, Skills, Adventure, and Services.

To be successful, during each school year you must:

- Engage in at least TWO long-term activities from the Active/Creative/Skills/Service categories (for example, at least one full semester of a CCA)
- Engage in at least TWO short-term activities from the other two categories above
- Complete an adventurous activity

The Dulwich Challenge is strongly encouraged for all students, no matter what year group! We will celebrate the successful candidates on our Founders Day in April each year.

As you move through the school, there will be opportunities to work towards higher levels of achievement through the Dulwich Challenge, Dulwich Challenge Extra, and Dulwich Challenge Elite. By engaging with and completing the Dulwich Challenge at different levels, we aim to develop our

students holistically and live the values of our school.

“德威挑战赛”每学年都能让各个学生参与到广泛的体验中。该挑战赛分为五个类别：积极、创新、技能、冒险和服务。

要想成功，每学年你必须做到如下事项：

- 参与积极、创新、技能和服
务类别中至少两项长期
活动（例如，一个CCA
至少要参与一整个学
期）
 - 参与以上另外两类
项目中至少两项短期
活动
 - 完成一个冒险活动
- 我们非常鼓励所有学
生参加德威挑战赛，不
分年级！我们将在每年4
月的创校日上庆祝成功的候
选人。

随着你在学校的不断进步，你将有机会通过德威挑战赛、德威升级挑战赛和德威精英挑战赛取得更高的成就。通过参与和完成不同级别的德威挑战赛，我们的目标是全面发展我们的学生，并融入学校的价值观。

Skills Experiences 技能体验

Skills experiences tend to connect more closely with the academic subjects that you study. They encourage you to develop key learning skills and subject knowledge, as well as being great fun! Perhaps you adore taking part in Chinese Debating or MUN, enjoy building Lego Mindstorms robots, or love cooking new dishes and desserts - these activities all count in your 'Skills' category.

技能体验往往与你所学的学术科目联系更紧密。它们鼓励你发展关键的学习技能和学科知识，同时也是非常有趣的！也许你喜欢参加中文辩论赛或模联，喜欢建造乐高“头脑风暴教育”机器人，或者喜欢烹饪新的菜肴和甜点 - 这些活动都属于你的“技能”类别。



Create Experiences 创意活动

Creative activities include music, art, drama, and dance, along with anything else that has a creative element. Enjoy creative writing - awesome! Like photography? That counts too! Anything that gets your creative juices flowing can be counted in your 'Creative' category.

创意活动包括音乐、艺术、戏剧和舞蹈，以及其他任何具有创意元素的活动。喜欢创意写作？太棒了！喜欢摄影吗？这也算！任何能让你的创意发挥的东西都可以计入你的“创意”类别。



Adventure Experiences 冒险

Our annual Week Without Walls trips are the most obvious way to complete the Adventure category, but there are also other opportunities, including ones outside the school.

我们每年的“无墙周”旅行（户外实践周）是完成“冒险”类别的最显著方式，但也有其他机会，包括学校以外的机会。



Active Experiences 积极（活跃）体验

Active experiences include anything that helps you get up and be active. Perhaps you train with a sports team, regularly practice swimming, go running, or even do yoga - it doesn't matter what the activity is - if it gets you up and moving you can count it as evidence in your 'Active' category.

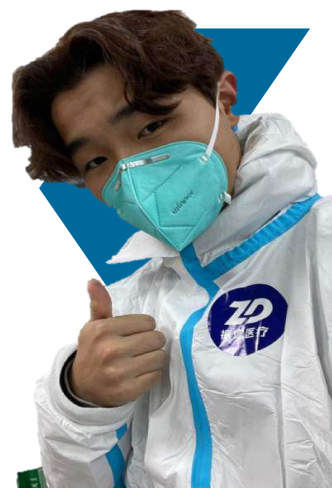
积极活跃的体验包括任何帮助你起身行动和保持活跃的活动。也许你参加了一个运动队的训练，定期练习游



Community Experiences 社区服务

Community service is an integral part of life at DHSZ. Throughout the year, you might choose to serve your school community by becoming a House Captain, a Dulwich English Ambassador, or part of the Student Council. Perhaps you're going to serve the wider community by joining a Service CCA or group, such as Wings Plan or the Dulwich Medical Programme. However you choose to serve your community, these are the types of experience that count in your 'Service' category.

社区服务是 DHSZ 生活中不可或缺的一部分。在这一年里，你可能会选择通过成为学院代表，德威英语大使或学生会的一员来服务你的学校社区。也许你会通过加入一个服务性的 CCA 或团体，如 Wings Plan 或 Dulwich Medical Programme 来服务更广泛的社区。无论你选择如何服务你的社区，这些都是你“服务”类别中的经验类型。



DHSZ

SPORTSDAY

October 2024





DHSZ Sports Day is an exciting event that brings together students, teachers, and staff to celebrate the spirit of sportsmanship and healthy competition. The day is filled with a variety of sports and activities, ranging from track and field events, to fun games like tug-of-war and relay races.

The event is not only about competition, but also about building relationships and fostering a sense of community. Students have the opportunity to bond with their classmates and teachers, while also cheering on their peers and showing support for their school.

DHSZ Sports Day is an excellent opportunity for students to stay active and engaged in physical activity, while also developing valuable life skills such as teamwork, sportsmanship, and perseverance. The event is also a great

way for students to showcase their skills and talents, and to build their confidence and self-esteem. DHSZ

运动会是一项激动人心的活动，将学生，教师和员工聚集在一起，庆祝体育精神和健康竞争精神。这一天充满了各种各样的运动和活动，从田径比赛到拔河和接力赛等有趣的游戏。

这项活动不仅是为了竞争，也是为了建立关系和培养社区意识。学生们有机会与他们的同学和老师共同合作，同时也为他们的同学加油，并对他们的学院表示支持。

DHSZ 运动会是一个很好的机会，让学生保持活跃和参与体育活动，同时也培养宝贵的生活技能，如团队合作，体育精神和诚信。这次活动也是学生们展示自己的技能和才能、建立自信和自尊的有效途径。





ADVENTURE

WEEK·WITHOUT·WALLS DHSZ

Dulwich's annual Week Without Walls program offers Year 10-12 students a unique opportunity to develop essential skills like teamwork, leadership, and resilience in a safe, challenging environment. This experience also fosters meaningful relationships between peers and teachers, reinforcing Dulwich's core values of collaboration, empathy, confidence, and excellence. The skills and connections gained during this immersive off-campus program provide a strong foundation for students' personal and academic success.

DHSZ 一年一度的“户外实践周”计划为 10-12 年级学生提供了一个在安全、具有挑战性的环境中发展团队合作、领导力和韧性等基本技能的独特机会。这种体验还促进了同龄人和教师之间良好关系，强化了 DHSZ 的核心价值观，即合作、同理心、自信和卓越。这种沉浸式校外计划期间获得的技能和联系为学生的个人和学术成功奠定了坚实的基础。



Y10 Lin'an 临安

The program will begin with student groups completing team-building challenges to earn tokens that can be exchanged for materials needed for a culminating engineering challenge. Day 2 will be spent at Lion's Head Cliff, engaging in rock climbing and abseiling on an outdoor cliff. On day 3, students will visit Baoshoushan Scenic Area for "Beach Olympics" and a kayaking activity. The program will conclude with a beautiful bike ride along Qingshan Lake's greenway bike path. Our team of professional instructors will keep students engaged through activity facilitation, interactive games, and reflections.

这个项目将从完成团队建设挑战开始：第一天，学生们以赚取可以在最终工程挑战中兑换所需材料的代币。第二天，学生们将在狮子头崖度过，参与户外悬崖的攀岩和速降活动。第三天，学生们将前往保寿山风景区参加“沙滩奥运会”和皮划艇活动。项目最后，学生们将沿着青山湖的绿色长廊自行车道进行享受美好大自然的骑行。我们的专业教练团队将通过活动指导、互动游戏和反思，让学生保持参与和投入。



Y12 M

The Moganshan activities within farming, and a building centre, climbing.

莫干山项目为学生有机农耕和骑行高空绳索挑战课

Y12/1

New to our WW the region's rich engage in a range Kubuqi desert, the Huitengchile materials, students have endured in

今年的内蒙古项目了解内蒙古地区一系列沉浸式的体验原参与射箭和搭建助材料，学生们



Y11/IG1 Qian Dao Hu 千岛湖

This program will take place in Qiandaohu ("Thousand Island Lake"), an artificial lake that was formed in 1959, with the construction of the Xin'an Dam. The entire valley was flooded, and entire villages were submerged forever. As the reservoir was filled in, former mountains became islands, giving the area its distinctive look. Students will cycle along China's longest 'greenway' bike path, explore the islands by kayak, and go for a walk in the woods' to take scenic vistas of the lake. There will also be a half day of team-building and high-ropes activities, as well as an optional scavenger hunt, which will expose students to the history and culture of the area.

这个项目将在千岛湖进行，千岛湖是一个于1959年因新安江大坝建设而形成的人工湖。整个山谷被淹没，整个村庄永远沉入了水底。随着水库的蓄水，昔日的山峰变成了岛屿，赋予了该地区独特的景观。学生们将沿着中国最长的“绿色长廊”自行车道骑行，乘坐皮划艇探索岛屿，并在林中漫步，欣赏湖泊的美丽景色。此外，还将进行半天的团队建设和高空绳索活动，以及一个可选的寻宝游戏，让学生们深入了解该地区的历史和文化。

Moganshan 莫干山

This program offers students a variety of different cultural and outdoor activities in the Moganshan region, including scavenger hunt, hike, organic farm visit, and bike ride. Students will spend one full day at the Outdoormix team-building center with the opportunity to try a high ropes challenge course and rock climbing.

该项目提供了莫干山地区多种不同的文化和户外实践，包括寻宝游戏、徒步、骑行和攀岩。



IG13 Inner Mongolia 内蒙古

This program, the Inner Mongolia program offers students a deep dive into the region's history, language, and nomadic culture. Over 4 days, students will experience a variety of immersive experiences - from tree planting and camel riding in the Gobi Desert to hiking the steppe, to cultural activities like archery and yurt building in the Grasslands. Through these participatory EOTC activities and supporting lectures, students will develop a nuanced understanding of the diverse cultures that exist in this dynamic region.

该项目是我们“户外实践周”计划新增的项目，该实践活动为学生提供了一种深入了解内蒙古丰富历史、语言和游牧文化的机会。在为期四天的活动中，学生们将参与一系列活动——从在库布齐沙漠植树、骑骆驼，到徒步穿越草原，再到在辉腾锡勒草原搭建蒙古包等文化活动。通过这些参与式的环境、户外和社区教学活动以及辅导讲座，将更深入地理解这个充满活力地区所蕴含的多元文化。



Green Dragons: Global Citizens

绿色龙：全球公民

We are excited to introduce the Global Citizenship – Green Dragons CCA to DHSZ. This initiative aims to create a profound impact not only within our CCA but also in the school community as a whole.

The Global Citizenship – Green Dragons CCA focuses on cultivating active global citizens who embrace environmental sustainability, diversity, equity and show an interest in cultural understanding. This whole school focused CCA encourages students to embrace international mindedness, collaborate effectively, promote GC in school and creatively contribute to events and activities such as 'No Carbon November', 'Woman's Week' and 'Earth Day'.

As advocates for Global Citizenship, our Green Dragon Champions will have the chance to take part in the One Voice Summit, located in Shanghai in November 2024. This is a 2-day opportunity for students to collaborate with other Global Citizenship students and learn about how AI and technology can improve social situations and sustainable consumption and production.

The 17 Sustainable development Goals are integral to life at DHSZ. They are embedded in whole school events, the academic curriculum and CCA's. The SDG's are specifically linked to our CCA's throughout this booklet, identified by using one of the 17 SDG icons. This signifies that our varied CCA's at DHSZ

cultivate a real-world connection, and all are essential for addressing climate change.

The world needs young people with a mindset for change and adaptation to allow our natural earth to flourish.

我们很高兴地向 DHSZ 介绍全球公民—绿色龙 CCA。

这个活动希望不仅能在我们的 CCA 联课活动中，而且在整个学校社区内产生深远的影响。

全球公民—绿色龙 CCA 专注于培养积极的全球公民，他们接受环境可持续性、多样性、公平性，并对文化沟通感兴趣。这个以全校为中心的 CCA 活动鼓励学生拥有国际视野并有效合作，在学校推广全球公民意识，并创造性地为“无碳十一月”、“妇女周”和“地球日”等活动做出贡献。

作为全球公民的倡导者，我们的绿色龙冠军有机会参加 2024 年 11 月在上海举行的“One Voice”峰会。这是一个为期两天的机会，让学生与其他全球公民学生合作，了解人工智能和技术如何改善社会状况和可持续消费和生产。





可持续发展目标



SUSTAINABLE DEVELOPMENT GOALS



ACADEMIC & SPORTS COMPETITION

学术及体育竞赛

Subject	Competition	Y10	Y11/IG1	Y12	Y13	*Expected Date
Social Science	AmplifyMe SIM2 (Economics)	✓	✓	✓	✓	Aug
	AmplifyMe SIM1 (Economics)	✓	✓	✓	✓	Apr
	John Locke Essay Competition	✓	✓	✓	✓	Jan-May
	Fitzwilliam Essay Competition			✓		Jan-Mar
	RGS (Royal Geographical Society) Essay Competition			✓	✓	Au-Oct
	Kavita Singh PPE Essay Competition			✓	✓	Jan-May
	SHASMUN (Model United Nations)	✓	✓	✓	✓	Nov
	CISSMUN (Model United Nations)	✓	✓	✓	✓	Feb
	SUZMUN (Model United Nations)	✓				May
	World Scholar's Cup	✓	✓	✓	✓	TBC
	Science	British Biology Olympiad		✓	✓	✓
Intermediate Biology Olympiad		✓	✓	✓		
iGEM			✓	✓	✓	Sept-Jun
F1 in Schools STEM Challenge		✓	✓	✓	✓	Sept-Apr
Canada Chemistry Competition			✓	✓		Apr/May
Australian Chemistry Olympiad		✓	✓	✓		Sept/Oct
UK Chemistry Olympiad			✓	✓		Jan/Feb
Cambridge IGCSE Science Competition		✓	✓			TBC
British Physics Olympiad			✓	✓	✓	Nov
Physics Bowl		✓	✓	✓	✓	Mar
Isaac Physics Senior Physics Challenge China Marathon (SPCCM) (Students must be 16-17 years)			✓	✓	✓	Dec-Mar

*Please note. Dates are subject to change.

*请注意，日期可能会有所变动。

TITITIONS

2024-2025

Subject	Competition	Y10	Y11/IG1	Y12	Y13	Expected Date
Computer Science	EiM Planet Hack	✓	✓	✓	✓	Dec
	UW CCC	✓	✓	✓	✓	Feb
	EiM Game Jam	✓	✓	✓	✓	Feb
	EiM KakD	✓	✓	✓	✓	Mar
	AMT CAT (Computational Algorithmic Thinking)	✓	✓			May
Sports	Volleyball SYAC Competition	✓	✓	✓	✓	Feb
	Basketball SYAC Competition	✓	✓	✓	✓	Oct
	Football SYAC Competition	✓	✓	✓	✓	Apr
	DHSZ Sports Day	✓	✓	✓	✓	Sept
	DHSZ Swim Gala	✓	✓	✓	✓	Jan
English	TED* Youth	✓	✓	✓	✓	Jan
Maths	UKMT Intermediate	✓	✓			Jan
	UKMT Senior			✓	✓	Sept
	AMC10	✓	✓	✓	✓	Nov
	AMC20	✓	✓	✓	✓	Nov
	EUCLID			✓	✓	Apr
	HSTM (High School Team Maths)	✓	✓	✓	✓	Mar
Chinese	Zongheng Cup 纵横杯“国际中文辩论赛	✓	✓	✓	✓	Apr/Nov
	Nanha Cup 南海杯“国际中学华语辩论邀请赛	✓	✓	✓	✓	Feb
	Chinese Debate World Cup 华语辩论世界杯	✓	✓	✓	✓	May
	International Chinese debating competition 新国辩“中学组国际辩论赛	✓	✓	✓	✓	May

ECAs at a glance

ECA 概览

Mondays	Tuesdays
Extended Project	Extended Project
Entrepreneur Club	Junior Maths Club
Chinese Debating Team	DEA presents: TEDx Youth (NEW)
Chemistry Society	Tissue Culture
ACE Introduction to Advanced Mathematics	Cambridge Upper Secondary Science Comp
F1 in Schools	Language Building CCA (NEW)
Maths Competition (NEW)	The Workshop (NEW)
Card Games (NEW) (13:00-13:25)	Every Mind Matters
Origami Club (NEW) (13:00-13:25)	***Easy Yummy Cooking
Dulwich Challenge Award—Expedition Training (NEW)	Addams Family: The Musical (NEW)
Sculpture Club (NEW)	Stop Motion Animation
Addams Family: The Musical (NEW)	DIY Crafts
Global Citizenship - Green Dragons (13:00-13:25)	Dragon eSports Team
Minecraft	Submission Wrestling (NEW)
Kendo (Student Led)	Boys Volleyball Teams (15:30-17:30)
Dance and Fitness	Girls Volleyball Teams (15:30-17:30)
***Indoor Rock Climbing (16:45-18:45)	Badminton Team (15:45-17:00)
Boys Football Team	Ultimate Frisbee Team
Junior Boys Basketball Team	SIEGE Band (NEW)
Senior Boys Basketball Team (15:45-18:00)	
ShoCan School Magazine (13:00-13:25)	
Day Night Band (NEW)	

***student fee attached to this CCA

Skills 技能

Academics 学术

Create 创意

Student Leadership 学生领导力



Wednesdays	Thursdays
***Ikebana	Extended Project
*ACG Art & Design	Quantum Club (NEW)
***Boxing	Model United Nations (MUN)
***Indoor Rock Climbing (16:45-18:45)	Psychology Society
Badminton (Recreational)	British Biology Olympiad
Dodge Frisbee (Recreational)	Physics Society
***Video Shooting and Editing	World News Report (13:00-13:25)
Senior Boys Basketball Team (16:30-18:00)	Catlan Club (NEW)
Boys Football Team	Chinese Reading Club
Table Tennis Team	LeetCode Competitive Programming (13:00-13:25)
Detective Agency	The Art of Candle Making
Variety Band	Dulwich Design—Year Book
xFace Dance	Dulwich Design—Photography (13:00-13:25)
Probability Statistics and Its Applications (NEW CCA)	Backstage Crew
No Problem!	Cycling
Sign Language (NEW)	Tennis
The Colour of Space (NEW)	Chinese Chess (13:00-13:25)
Cardistry	Swimming (18:30-20:00)
BlankOr (13:00-13:25)	Girls Basketball Team
Chinese Handicrafts (NEW)	Girls Football Team
Dreamseeker (NEW)	We*era Dance
Chinese Tea Meditation (NEW)	Choir
Youth Financial Challenge Club (NEW)	
Sign Language (NEW)	
IOL Language Inference Club (NEW)	
Bloom Hope (NEW)	
NSL STEM (NEW)	

ACAD

The image features the word 'ACAD' in large, bold, orange, sans-serif capital letters. The letters are cut out, revealing a person behind them. The person is wearing a dark, possibly navy blue or black, jacket with a visible button. They are holding a silver, vintage-style microphone in their right hand. The background behind the person is a plain, light color, likely white. The overall composition is clean and modern.



IGS

学术

YOUTH TEDx

DEA presents: TEDx Youth

Tony Qureshi & Anthony Mulson

Tuesday · 15:30-16:30 · 2S9



Welcome to DEA's TEDx, an exciting program offered by the DEA (Dulwich English Ambassadors)! Students will embark on a journey of self-discovery and personal growth as they develop key skills in public speaking and presentation. With the freedom to delve into various topics of their choice, students engage in lively discussions, hone their argumentative abilities, and refine their skills week by week. The program culminates in a powerful 5-minute speech and presentation on a given topic.

Throughout this experience, participants will gain valuable experience in impromptu speeches, fostering confidence, and enhancing presentation skills.

Join us as we inspire young minds to express their ideas, inspire others, and become impactful communicators on the TEDx DEA stage.

欢迎来到德威英语大使的 TEDx，这是由 DEA（德威英语大使）提供的激动人心的项目！学生将踏上自我发现和个人成长的旅程，因为他们将学习公开演讲的关键技能。学生可以自由地深入研究他们选择的各种主题，参与热烈的讨论，磨练他们的辩论能力，并每周提高他们的技能。该计划的实行是关于给定主题的 5 分钟演讲和演示。

在整个体验过程中，参与者将获得即兴演讲、培养信心和提高演讲技巧的宝贵经验。

加入我们，激励年轻人表达自己的想法，激励他人，并在 TEDx DEA 舞台上成为有影响力的传播者。



Chinese Debating Team 中文辩论

Jiao Cheng & Renee Lei

Monday · 15:30-16:30 · 3N7/3N8

Y11, IG1, 12 & 13 (Auditions required)



Debating is an important skill to develop students' critical thinking skills, language competence and team working. We are going to participate in at least two external competitions! These competitions adapt the style of public forum and debating topics are on matters of controversial public policy, generally with an international angle. If you are confident about your language competence in your first language.....come and join us! Throughout this semester you will develop a deeper understanding of Chinese culture, society, and global issues, develop critical thinking, public speaking, and language skills, and improve your confidence as well as your communication and cooperation skills.

辩论是培养学生批判性思维、语言能力和团队合作的重要技能。我们将参加至少两次外部竞赛！这些比赛采用公共论坛的风格，辩论的话题涉及有争议的公共政策问题，通常带有国际视角。如果您对自己的母语语言能力有信心.....欢迎加入我们！在本学期中，您将会加深对中国文化、社会和全球问题的理解。发展批判性思维、公共演讲和语言技能。提高自信心，以及您的沟通和合作技能。



Language Building CCA

语言发展CCA



Lynn Huo

Thursday · 15:30-16:30 · 4S7

The Language building CCA utilizes games and puzzles to incorporate fun and interactive language activities, enhancing proficiency and cognitive skills. Through a variety of crossword puzzles, word searches, vocabulary games, and online language-learning platforms, students will improve their speaking, reading, and writing abilities, while also developing critical thinking, problem-solving, and mental agility. By making language practice enjoyable, this CCA fosters increased motivation and long-term engagement in the acquisition of new languages.

语言发展 CCA 使用游戏和谜题，将有趣和互动的语言活动融入其中，以提高语言熟练度和认知能力。通过各种填字游戏、单词搜索、词汇游戏和在线语言学习平台，学生将提高口语、阅读和写作能力，同时培养批判性思维、解决问题和思维敏捷性。这项 CCA 通过让语言练习变得有趣来提高学习语言的积极性和长期参与度。



Quantum Club 量子俱乐部

Chichak Guluyeva

Tuesday · 15:30-16:30 · 3N1

Quantum physics is usually considered as the most challenging branch of physics. Quantum club is designed to break those barriers and make the most challenging branch of physics accessible for high school students. Throughout this semester you will discover the excitement and potential of quantum physics through engaging seminars, weekly tutorials, and hands-on experiments, envision a sustainable future by exploring the possibilities offered by quantum technologies and deepen your awareness and understanding of quantum phenomena and their applications, expanding your knowledge in this fascinating field.

量子物理学通常被认为是物理学中最具挑战性的分支。量子俱乐部旨在打破这些障碍，让高中学生能够接触到物理学中最具挑战性的分支。在本学期中，您将会通过引人入胜的讲座、每周辅导和动手实验，发现量子物理学的激动人心和潜力，通过探索量子技术提供的可能性，展望可持续发展的未来，加深您对量子现象及其应用的认识和理解，扩展您在这一迷人领域的知识。

**Physics Society 物理学会**

Johan Swartz

Thursday · 15:30-16:30 · 3N3

The Physics Society CCA offers students an immersive journey into the fascinating world of physics. Throughout this semester, you will have the opportunity to delve into hands-on experiments, guided by knowledgeable instructors. By the end of this semester, you will be able to: develop new technical skills in photography, including a deep understanding of exposure, composition, lighting, and camera settings, cultivate your artistic vision and the ability to capture visually compelling images, exploring creative composition and visual storytelling, and enhance your communication and leadership skills as you collaborate with other departments, CCAs, and clubs to organize and execute photoshoots for various school events.

物理学 CCA 为学生提供了沉浸式的物理世界之旅。在本学期中，您将有机会深入进行实验，由知识渊博的指导老师带领。到本学期结束时，您将能够在摄影方面发展新的技术技能，包括对曝光、构图、光线和相机设置的深入理解，培养您的艺术视野和捕捉引人注目的视觉图像的能力，探索创造性构图和视觉叙事，通过与其他部门、俱乐部合作，为各种学校的活动组织和执行摄影活动，提升您的沟通和领导能力。

**Chemistry Society 化学协会**

TBD

Monday · 15:30-16:30 · 4S4

The Chemistry Society offers practical activities to develop laboratory skills and deepen understanding of chemical reactions, while also preparing students for chemistry competitions, enhancing their knowledge and skills. Throughout this semester you will develop laboratory skills through hands-on activities like soap making, crystal growing, and organic scent extraction, deepen understanding of chemical reactions and their applications through practical exploration, and prepare for chemistry competitions, enhancing knowledge, problem-solving abilities, and gaining valuable experience for future studies and careers.

化学 CCA，通过发展实验室技能的实践活动并加深对化学反应的理解，同时也为化学竞赛做准备，增强学生知识和技能。在本学期，你将会通过像制皂、结晶、有机香料提取等实践活动，发展实验室技能。通过实践探索，加深对化学反应及其应用的理解。为化学竞赛做准备，增进知识、解决问题的能力，并获得未来学习和职业发展的宝贵经验。



Synthetic Biology Club (iGEM)



合成生物社

Murdoch Mackay

TBD · 15:30-16:30 · TBD

Invitation Only

This is the perfect club for people who might be pursuing biology as a career in the future as well as people who are willing to explore new academic fields. Here you will get a chance to do advanced experiments with microorganisms and get a glimpse of the life of a real scientist. You can learn more about how plasmids are used to engineer microorganisms and how to navigate yourself through a professional laboratory. If you are passionate about our projects, you can join our team for iGEM and compete with some of the world's best students.

合成生物学俱乐部是为那些对生物学领域感兴趣的人设计的。我们欢迎所有人加入，包括不熟悉这一领域的人。在我们的俱乐部，你可以了解更多关于质粒如何被用于微生物工程，以及如何在专业实验室中工作。不光如此，你还可以参加我们社参与的全球 iGEM 合成生物大赛。



F1 in Schools 学校一级方程



Johan Swartz & Bimlendu Mishra

Monday · 15:30-16:30 · 3N3

F1 in Schools is an international STEM competition where students design, construct, and race miniature Formula One cars. Using CAD software and rapid prototyping, students optimize their car's performance. The competition includes design, engineering, and marketing categories, developing critical thinking and problem-solving skills. Throughout this semester, you will gain inspiration for engineering and technology careers and develop a passion for STEM education, develop skills in project management, budgeting, and effective communication, and cultivate creativity, innovation, and teamwork through participating in competitive robotics.

F1 是一个国际性的 STEM 比赛，学生在其中设计、制造和比赛微型一级方程式赛车。利用 CAD 软件和快速原型制造技术，学生优化他们赛车的性能。比赛包括设计、工程和营销等类别，培养了批判性思维和解决问题的能力。到本学期结束时，您将会获得对工程和技术职业的启发，并培养对 STEM 的热情。你的项目管理、预算编制和有效沟通等技能会得到发展。通过参与竞争性机器人项目，你的创造力、创新性和团队合作精神会得到提升。



SCIENCES 科学

British Biology Olympiad



IBO BBO 生物竞赛

Wenyan Hou & Sabina Jalil

Tuesday · 15:30-16:30 · 4N4

This CCA is designed for students who are interested in participating in the Intermediate Biology Olympiad or the British Biology Olympiad. The focus of the activity is on revision and preparation, to ensure that students are equipped with the knowledge and skills needed to excel in the competition. By the end of this semester, you will deepen your understanding of biology through comprehensive study and engagement with the subject matter, develop critical thinking and problem-solving skills by applying biological concepts to analyze and solve complex problems, and prepare for the Olympiad by practicing challenging questions that will expand your knowledge and help you make meaningful connections between theoretical biology and real-life phenomena.

这个课外活动是为对参加中级生物奥林匹克竞赛或英国生物奥林匹克竞赛感兴趣的学生设计的。

该活动的重点是复习和准备，以确保学生具备在竞赛中取得优异成绩所需的知识和技能。到本学期结束时，您将通过全面学习和参与主题内容，加深对生物学的理解。通过将生物概念应用于分析和解决复杂问题，发展批判性思维和问题解决能力。通过练习挑战性问题来为奥林匹克竞赛做准备，这将扩展您的知识，并帮助您在理论生物学和现实现象之间建立有效联系。



Cambridge Upper Secondary Science



Competition 剑桥科学挑战赛

Sangeetha Ram

Tuesday · 15:30-16:30 · 4S4

The Cambridge Upper Secondary Science Competition is an extra-curricular activity that ignites students' passion for science through hands-on practical work, encouraging them to investigate topics of interest and apply the scientific method. By participating in this CCA, you will develop critical thinking skills by analysing scientific concepts, identifying patterns, and drawing evidence-based conclusions, foster collaborative working abilities through teamwork, effective communication, and cooperation with fellow participants, and cultivate innovation and creative thinking by exploring unique approaches to problem-solving, proposing novel ideas, and applying creativity in scientific investigations.

剑桥高年级组科学挑战赛 CCA，旨在通过实践激发同学们对科学的热情，鼓励同学们探究感兴趣的主题并应用科学方法。本学期，你将会通过分析科学概念、识别模式和提出基于证据的结论，培养批判性思维技能。通过与其他参与者的团队合作和有效沟通培养自身的协作能力。通过探索独特的问题解决方法、提出新颖的想法并在科学研究中应用创造力，来培养自我的创新精神和产生独特的创造性思维。



Tissue Culture 生物组织



培养

Orville Dalling

Tuesday · 15:30-16:30 · 3S8

Immerse yourself in an exciting co-curricular tissue culture program, gaining unique educational experiences. Through hands-on experiments, you'll learn sterile techniques, media preparation, and plant propagation, deepening your understanding of plant biology, sustainable agriculture, and biotechnology. By analysing data, you'll evaluate tissue culture methods and explore factors influencing plant development, inspiring future scientific pursuits. This engaging activity develops your practical skills in plant tissue culture and applies scientific principles to analyze growth factors.

让自己沉浸在令人兴奋的生物组织培养 CCA 项目中，获得独特的教育体验。通过动手实验，你将学习无菌技术，培养基准备和植物繁殖，加深你对植物生物学，可持续农业和生物技术的理解。通过分析数据，你将评估组织培养方法并探索影响植物发育的因素，从而激发起你未来对科学的追求。这个引人入胜的活动可以培养你在植物组织培养方面的实践技能，并应用科学原理来分析生长因子。



数学 MATHS



Junior Maths Club 低年级数学兴趣组

Ediz Turk

Tuesday · 15:30-16:30 · 3N10

Year 10, 11, & IG1

The Junior Math Club offers students the opportunity to delve into fun and challenging mathematical concepts. Through engaging games, puzzles, and group discussions, club members develop their problem-solving skills and cultivate a deep appreciation for mathematics. By the end of their participation in the club, you will be able to enhance your critical thinking abilities and problem-solving skills, gain a deeper understanding of mathematical concepts, and gain confidence in tackling complex problems and promotes teamwork and collaboration among members.

初级数学俱乐部，为学生创造了深入探讨有趣且具有挑战性的数学概念的机会。通过引人入胜的游戏、谜题和小组讨论，俱乐部成员们提高了问题的解决能力，并培养了对数学的深刻理解。本学期，你将能够提升你的批判性思维能力和问题解决技能。深入理解数学的概念。在解决复杂问题方面增强信心，并促进成员之间的团队合作精神。



ACE Introduction to Advanced Mathematics

ACE 高等数学入门

Yusuf Csabai

Thursday · 15:30-16:30 · 3N10

Year 12 & 13

'ACE Introduction to Advanced Mathematics @ DHSZ' is an engaging co-curricular activity at DHSZ that nurtures students' creative and effective application of mathematical knowledge. With challenging problems resembling undergraduate mathematics, students develop insight, ingenuity, persistence, and teamwork. By joining 'ACE I AM,' students can cultivate their intellectual curiosity and take significant steps towards realizing their aspirations. Learning outcomes include developing problem-solving skills through critical thinking and creative approaches, enhancing mathematical insight and ingenuity through exposure to advanced topics, and fostering persistence and resilience in the face of complex problem-solving processes.

ACE 高等数学是 DHSZ 的一项非常吸引人的课外活动，旨在培养学生创造性以及有效地应用数学知识的能力。通过与本科数学类似的具有挑战性的问题，学生的洞察力、独创性、毅力和团队合作精神可以获得培养。通过加入“ACE I AM”，学生可以提高自我的求知欲，并朝着实现愿望迈出重要的一步。学习成果包括通过批判性思维和创造性方法培养解决问题的能力，通过接触高级主题增强数学洞察力和独创性，以及在面对复杂问题的解决过程中培养毅力和灵活应变能力。



Competition Maths 数学竞赛

Yun Chen & Christopher Krnic

Monday · 15:30-16:30 · 3N10

Come and practice and prepare for the wide variety of maths competitions that we offer at DHSZ. We will look at the UKMT, AMC and Euclid competitions as well as learn and train for the High School Team Maths competition, HSTM 2025, which we host every year. We will form different groups depending on your year group and which level of the competitions you will take.

加入我们可以训练和准备在 DHSZ 提供的各种各样的数学竞赛。我们将关注 UKMT, AMC 和 Euclid 竞赛，并为每年举办的 HSTM 2025 高中团队数学竞赛进行指导和训练。我们将根据你的年级和参赛级别组成不同的小组。





I enjoyed MUN so much! I stretched my boundaries, forged new friendships, and became more confident. It is an extraordinary opportunity and I am honoured to be a part of MUN. For sure I will attend next year."

Savannah C.

Model United Nations (MUN) 德威模联社



Eileen Law & Charles Ross

Thursday · 15:30-16:30 · 2N10 & 2N11

Model United Nations (MUN) is a popular CCA in high schools that simulates the workings of the United Nations. Students take on the roles of diplomats, representing different countries, and engage in debates and negotiations to address global issues, enhance their understanding of international affairs, and develop critical thinking and public speaking skills. By the end of this semester, you will be able to enhance your awareness of global issues through research, debate, and negotiation, while promoting cultural insights and perspectives, enhanced critical thinking: MUN challenges students to analyse complex issues, develop creative solutions, and consider multiple factors, including political, economic, and social implications, and improve communication and diplomacy skills: MUN hones students' public speaking, negotiation, and persuasion abilities, fostering clear expression and constructive debates.

MUN(模拟联合国社团)是高中受欢迎的CCA, 它模拟联合国的运作方式。学生扮演外交官的角色, 代表不同的国家, 参与辩论和谈判, 解决全球性问题, 增进对国际事务的理解, 并发展批判性思维和公共演讲技能。到本学期结束时, 你将能够通过研究、辩论和谈判, 提高对全球问题的认识, 同时促进文化理解和提高批判性思维: 模联社挑战学生分析复杂问题、制定创造性解决方案、考虑政治、经济和社会影响等多种因素的能力。同时模联社还提升沟通和外交技能: 锻炼学生的公共演讲、谈判和说服能力, 促进清晰表达和建设性辩论。

Entrepreneurship Club (E - Club) 创业俱乐部



Philip Wangila

Monday · 15:30-16:30 · 4N10

The Entrepreneurship Club promotes entrepreneurship and educates students about creating and managing businesses. It provides a platform for members to share ideas, collaborate on projects, and develop leadership, communication, and project management skills. Through guest speakers, workshops, networking events, and business competitions, students gain practical skills, knowledge, and experience in entrepreneurship while exploring potential business ideas. Throughout this semester you will utilise your skills to develop innovative products with the potential to generate profitable sales, apply your skills to calculate costs, revenues, and profits, enabling you to make informed business decisions, and utilise various analytical frameworks such as the 4Ps, SWOT, PEST, and PESTLE to analyse different businesses, enhancing your ability to assess market dynamics and identify strategic opportunities.

创业俱乐部致力于激发创业精神, 教育学生如何创建和管理企业。它为会员提供了一个平台, 可以分享想法, 项目合作, 发展领导力、沟通和项目管理等技能。通过邀请嘉宾演讲、举办工作坊、组织社交活动和商业竞赛, 学生们在探索潜在商业理念的同时, 获得创业方面的实际技能、知识和经验。在本学期中, 你将利用你的技能开发出具有潜在盈利销售的创新产品。运用技能计算成本、收入和利润, 从而能够做出明智的商业决策。利用各种分析框架, 如4Ps、SWOT、PEST和PESTLE来分析不同的企业, 提高评估市场动态并识别战略机会的能力。

Model United Nations (MUN)

德威模联社



Psychology Society 心理学会



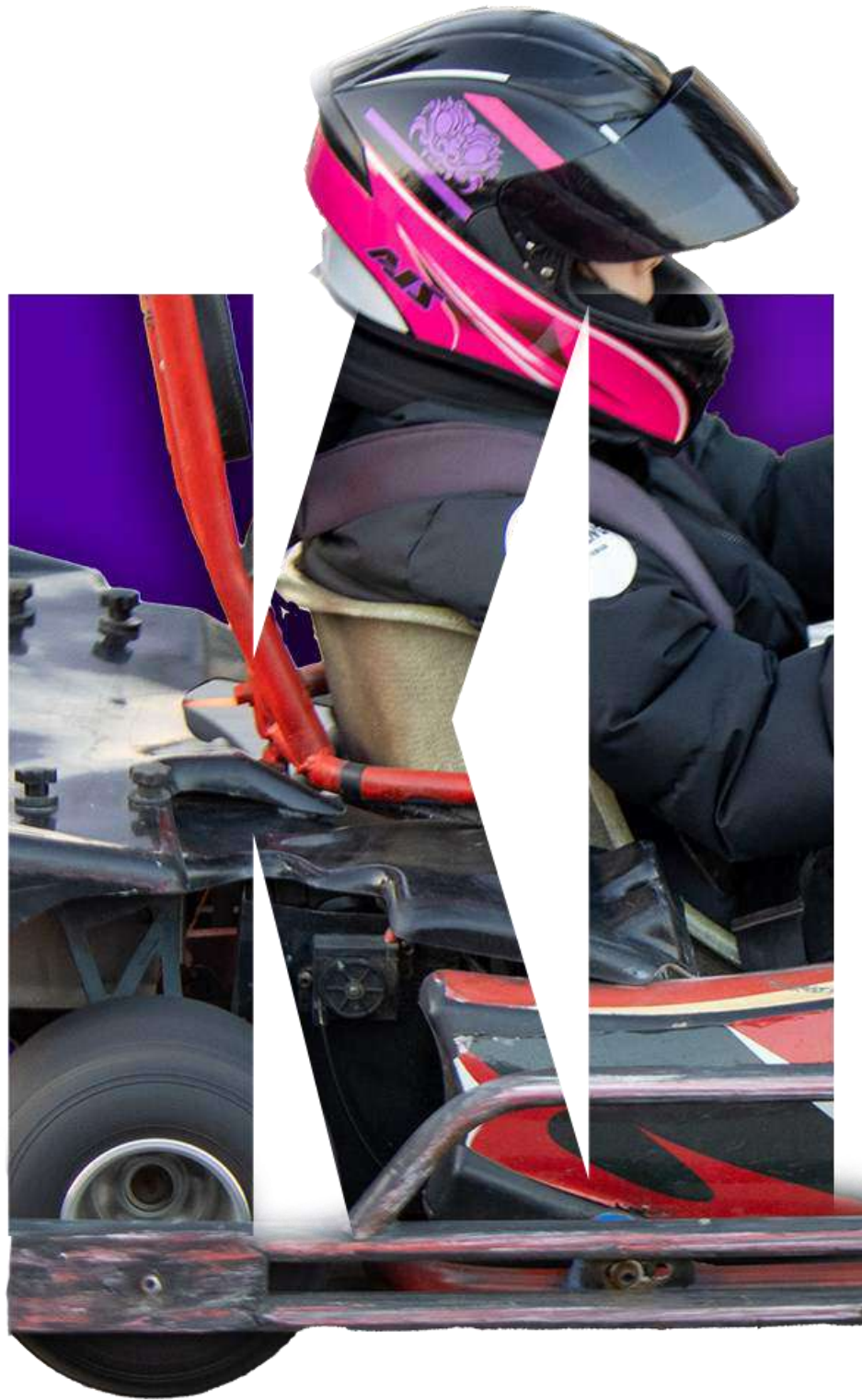
Svjetlana Atic

Thursday · 15:30-16:30 · 2S9

The Psychology Society is an ambitious and interesting platform for any Y11 and IG1 students interested in human behaviour (Passionate psychology A Level students are welcome). Members will explore basic psychology concepts through film, discussion and undertaking basic ethical research. They will look at psychometric testing for a deeper understanding of self and other people. They will gain a deeper understanding of psychological disorder by familiarization with diagnostic tools. In addition, students who want to pursue the subject at AS level will be accorded lots of opportunities to have a head start with aspects of the A level syllabus. Psychology cuts across all fields in all careers and this is a great opportunity to understand famous Psychologists and their pursuits, early in life.

心理学会是一个雄心勃勃且有趣的平台，适合任何对人类行为感兴趣的 Y11 和 IG1 学生（也欢迎心理学 A Level 对此有热情的学生）。成员将通过电影、讨论和进行基本伦理研究来探索基本的心理学概念。他们将通过心理测试来更深入地了解自己和他人。通过熟悉诊断工具，他们将更深入地了解心理障碍。此外，想要攻读 AS level 科目的学生将有很多机会在 A level 教学大纲的各个方面取得领先。心理学涉及所有职业的所有领域，这是了解著名心理学家及其在生命早期的追求的绝佳机会。







技能

Easy Yummy Cooking 烹饪



Julynda Pascua, Amanda Xue & Muge Ozgonul

Tuesday · 15:30-16:45 · Dining Hall

*****This CCA requires students to pay for ingredients*****

Cooking CCA is a practical activity where students learn culinary skills by preparing and cooking dishes, exploring cooking techniques, and gaining knowledge about ingredients and flavors. By the end of this semester, you will be able to cultivate a hobby and develop practical culinary skills for personal enjoyment and culinary exploration, and develop culinary skills, enabling to independently prepare meals for when they go abroad in the future.

烹饪 CCA 是一项实践活动，学生通过准备和烹饪菜肴，探索烹饪技术，获得有关食材和口味的知识来学习烹饪技能。到本学期结束时，你将能够培养一种爱好，培养实用的烹饪技能，以满足个人爱好和烹饪探索。培养烹饪技能，使他们能够在未来出国时独立准备饭菜。



Chinese Reading Club 中文读书会



Renee Li

Thursday · 15:30-16:30 · 3N8

In our Chinese reading club, we aim to foster deep thinking and exchange diverse perspectives as we explore classic literature. Through reading and discussing these timeless works, we embark on a collective journey into a wider world, enriching our souls and expanding our horizons. Join us on this fulfilling and enlightening adventure, where the power of books ignites our minds! Throughout this semester you will develop critical thinking skills through reading and discussing classic books, cultivate cultural awareness and empathy through exploring diverse narratives and perspectives found in classic literature, and improve communication and interpersonal skills through engaging in meaningful discussions and exchanging ideas with fellow book club members.

在我们的中文阅读俱乐部中，我们的目标是培养深刻思考，并交流多元化的观点，通过探索经典文学作品。通过阅读和讨论这些永恒的作品，我们踏上了一次集体的旅程，进入了一个更广阔的世界，丰富了我们的的心灵，拓展了我们的视野。加入我们，踏上这个充实而启迪的冒险，书籍的力量点燃我们的心灵！在整个本学期的中，您将通过阅读和讨论经典书籍，发展批判性思维技能。通过探索经典文学中多元化的叙事和观点，培养文化意识和同理心。通过参与有意义的讨论，并与书友交流思想，提高沟通和人际交往能力。



Origami Club 折纸社团



CCA Leader: Allen Ju

Monday · 13:00-13:25 · 2S9

Our club brings together origami enthusiasts from all walks of life. Whether you're a seasoned folder or a curious beginner, you're invited to join us on this creative journey. By the end of this semester, you will be able to strengthen understanding of geometric concepts, formulas, and labels, excites different learning modalities and improves spatial visualization skills, and playfully explain physics concepts.

我们的社团汇集了来自各领域的折纸爱好者。无论你是经验丰富的同学还是感兴趣的初学者，我们都邀请你加入我们的创意之旅。到本学期结束时，你将能够加强对几何概念、公式和标签的理解。形成不同的学习方式和提高空间可视化技能。有趣地解释物理概念。



Dulwich Challenge Award - Expedition Training

德威挑战奖 - 探险培训

Steve Hodgkin

Monday · 15:30-16:30 · 2N10



Camping outside, navigating with maps, preparing your own menu, and cooking your own food outdoors are all fun things to do, especially when you are planning to do them any from home and with a team of friends. DHSZ are planning on running a camping expedition in semester 1 of this school year as a part of the Dulwich Challenge Award. If you want to find out more then please come along. By the end of this semester, you will be able to:

- Develop teamwork and communication skills.
- Build independence and resilience.
- Develop independent thinking and problem solving.

在户外露营、使用地图导航、准备自己的菜单并在户外烹饪食物，这些都是很有趣的事情，尤其是当你计划离家远行并与一群朋友一起时。学校正计划在本学年第一学期举办一次露营探险活动，作为德威挑战奖的一部分。如果你想了解更多，请加入我们。到本学期结束时，你将能够：

- 培养团队合作和沟通技能
- 建立独立性和适应能力
- 培养独立思考和解决问题的能力

challenge



Dulwich

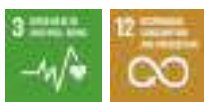
Catlan Club

CCA Leader: Benjamin Koh

Thursday · 15:30-17:30 · 2N13

The Catan Club is a place where you can learn strategic thinking, resource management, and negotiation skills while playing the popular board game Catan. Whether you're a beginner or an experienced player, the club offers opportunities to enhance your problem-solving abilities, meet new people, and participate in friendly competitions and tournaments. Joining the Catan Club is a fantastic way to develop valuable skills in a fun and engaging environment.

《卡坦岛》俱乐部是一个你可以边玩流行的桌面游戏《卡坦岛》边学习战略思维、资源管理和谈判技巧的地方。无论你是初学者还是经验丰富的玩家，这个俱乐部都提供了提高你解决问题能力的机会，让你结识新朋友，并参与友好的比赛和锦标赛。加入《卡坦岛》俱乐部是在一个有趣而吸引人的环境中发展宝贵技能的一个极好的方式。



LeetCode Competition Program 力扣编程竞赛

CCA Leader: Amin Teymorian

Tuesday · 13:00-13:25 · 3N5



You will be provided with intensive and immersive hands-on practical training to prepare for computer programming contests. Our program will not only cover advanced data structures and algorithms but also emphasize problem-solving techniques, algorithmic analysis, and optimization strategies. By the end of this semester, you will be able to improve coding skills (e.g., use of dictionaries and search algorithms), prepare for external coding competitions (e.g., UW CCC), and prepare for CAIE computer science exams (e.g., Paper 2 in IGCSE, Paper 2 in AS Level, and Paper 4 in A Level).

你将接受密集和沉浸式的实践培训，以备战计算机编程比赛。我们的计划不仅涵盖高级数据结构和算法，还强调问题解决技巧、算法分析和优化策略。到本学期结束时，你将能够：提升编码技能（例如，使用字典和搜索算法）为外部编程比赛做好准备（例如，UW CCC）为CAIE计算机科学考试做好准备（例如，IGCSE的Paper 2，AS Level的Paper 2，以及A Level的Paper 4）



World News Report 世界新闻报道

Lynn Meng

Thursday · 13:00-13:25 · 2N1E



In this CCA, you will boost your English skills and dive into the exciting world of current events! Get ready to chat, laugh, and learn as we read and discuss news articles together. We will mix things up with cool media reports like documentaries and interviews too! But wait, there's more! We will also be the voice of our school with our very own news reports. Come join us for an epic journey of discovery and friendship! By the end of this semester, you will collaboratively produce a media report using cameras, greenscreen, and software, acquire skills in planning, scripting, filming, editing, and adding special effects to your report, and demonstrate skills in reading comprehension, critical thinking, verbal communication, and media production through a final project.

在这个社团中，你将提升你的英语技能，并深入了解充满活力的时事新闻世界！准备好和我们一起阅读和讨论新闻文章，聊天，欢笑，学习吧。我们还将通过精彩的媒体报道如纪录片和采访来增加趣味性！等等，我们还有更多！我们还将通过我们自己的新闻报道成为我们学校的声音。快来加入我们，一起踏上探索和友谊的史诗之旅吧！到本学期结束时，你将会通过相机、绿幕和软件合作制作媒体报道。获得规划、编写、拍摄、编辑和添加特效的报道技能。通过最终项目展示阅读理解、批判性思维、口头沟通和媒体制作技能。



and Editing

video shooting

Video Shooting and Editing 视频剪辑社



Outside Provider

Wednesday · 15:30-16:30 · 1N3

*****This CCA requires a student fee*****

This CCA course will run by a highly qualified photographer and video editor who is currently working in the industry. The course will provide you with the opportunities to learn how to use different editing software, including Final Cut Pro X, Photoshop, and DaVinci Resolve. Within the editing process you will develop your skills on action and speed transitions, colour grading, and the use of sound effects to heighten the overall quality of your videos. By the end of this semester, you will be able to use different editing software including Final Cut Pro X, Photoshop, and DaVinci Resolve, and use colour grading and sound effects to heighten the overall quality of your video.

该CCA将由一位在行业内工作的高素质摄影师和视频编辑带领。该课程将为你提供学习如何使用不同编辑软件的机会，包括Final Cut Pro X、Photoshop和DaVinci Resolve。在编辑过程中，你将培养动作和速度过渡、色彩分级以及使用音效来提高视频整体质量的技能。到本学期结束时，你将能够使用包括Final Cut Pro X、Photoshop和DaVinci Resolve在内的不同编辑软件。使用色彩分级和音效来提高视频的整体质量。



skills 技能



The Workshop 工作坊

Every Mind Matters



每个心灵都很重要

Ivy Hou & Rain

Tuesday · 13:00-13:25 · 3N9

This CCA is designed to promote health and wellbeing using a combination of Chinese and Western techniques. It will enable students to explore themselves and their mental health. We will use a variety of creative and anxiety/stress relieving techniques to improve student's overall wellbeing.

Additionally, we will be training and promoting our mental health champions during this CCA. These champions will actively support and promote mental health and wellbeing in the school. All students are welcome to join the CCA, regardless of mental health champion status.

该CCA旨在促进健康和福祉，使用中西方技术的结合。它将使学生探索自己和他们的心理健康。我们将使用各种创造性和缓解焦虑/压力的技术来提高学生的整体心理健康。

此外，我们还将在此次CCA中培训和推广心理健康大使。这些大使将积极支持和促进学校中的心理健康和福祉。无论是否是心理健康大使，所有学生都欢迎加入CCA。



Card Games 卡牌



Natalia Tsbina

Wednesday · 13:00-13:25 · 3N10

Card games are a relaxing way for students to unwind afterschool, learn and have fun. Card games keep your mind sharp and active, they encourage creativity in problem solving and strategic thinking. By the end of this semester, you will develop your cognitive skills like memorisation and communication by learning the rules of new games, develop your leadership skills as you will be given an opportunity to introduce and teach your favourite games to the members of the CCA.

卡牌游戏是学生放学后放松身心、学习和娱乐的方式。卡牌游戏可以保持你的头脑敏锐和活跃，它们鼓励创造性地解决问题和战略性思考。到本学期结束时，你将通过学习新游戏的规则，发展认知技能，如记忆和沟通力。培养领导技能，因为你将有机会向CCA的成员介绍和介绍你最喜欢的游戏。



The Workshop 工程坊



Don Socorro

Tuesday · 15:30-16:30 · 3N3

Join "The Workshop" CCA to unleash your creative potential! Designed for EiM competitions like Planet Hack, Game Jam, and HakD, this dynamic workshop offers hands-on learning experiences. From game development to 3D printing, robotics, programming, DIY tools, and presentation skills, participants will develop valuable skills while unleashing their imagination. Showcase your talents and make your mark in the world of technology and innovation! By the end of this semester, you will be able to enhance your creativity and innovation through hands-on activities like game development and 3D printing, enhance your presentation skills, critical for effectively showcasing their work and ideas, and increased confidence in their abilities to tackle real-world challenges and competitions in the field of technology and innovation.

加入“工程坊”CCA，释放你的创意潜力！设计用于EiM集团内的各类比赛，如黑客星球，游戏制作和黑客松，这个动态的车间提供了实践学习经验。从游戏开发到3D打印、机器人技术、编程、DIY工具和演示技巧，参与者将在释放想象力的同时培养宝贵的技能。展示你的才华，在技术和创新的世界中留下你的印记！到本学期结束时，你将能够通过游戏开发和3D打印等实践活动，增强你的创造力和创新能力。增强你的演示技巧，这对于有效展示你的工作和想法至关重要。这个项目能增强你在技术和创新领域中应对现实挑战和竞争的能力，增加自信。



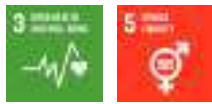
CPR





创意

School Choir 学校合唱团



Sheree Hollis
Jojo Z. & Dora W.

Monday · 15:30-16:30 · 1S1

The School Choir CCA offers students a vibrant and inclusive platform to explore the art of choral singing. Through regular rehearsals and performance opportunities, participants will develop essential vocal techniques, such as breath control, pitch accuracy, and harmonic blending.

By the end of the semester, choir members will demonstrate improved vocal skills, the ability to work collaboratively as an ensemble, and a deeper appreciation for diverse musical genres and cultures. Importantly, the choir will also have the chance to showcase their talents at school events, fostering a sense of pride and community spirit within the student body. Whether you are a seasoned singer or a newcomer to the world of choral music, this CCA welcomes all students who are passionate about raising their voices in harmony.

学校合唱团 CCA 为学生提供了一个充满活力和包容性的平台，让他们探索合唱艺术的魅力。通过定期的排练和表演，参与者将掌握必要的声乐技巧，如呼吸控制、音准和声融合。

到学期末，合唱团的成员将展示他们在声乐技能方面的进步，以及作为合唱团员的协作能力，并对不同的音乐类型和文化有更深切的欣赏。重要的是，合唱团还将有机会在学校活动中展示他们的才华，在学生群体中培养自豪感和社区精神。无论你是经验丰富的歌手还是合唱音乐的新手，这个 CCA 都欢迎所有热衷于和谐发声的学生加入。



Backstage Crew: Making the Magic Happen

后台工作人员:创造奇迹



Lemon Zhai

Thursday · 15:30-16:30 · Lecture Theatre

Are you passionate about all elements of design? What about being a stage manager? Being in charge of props and costumes? Video making? Well this is the CCA for you. Do you want the chance to be part of the back stage crew? For the first time ever we will have a CCA that will focus on behind the scenes of the Musical. In this CCA you will learn the skills and the responsibilities of where the REAL MAGIC HAPPENS.... BACKSTAGE!! You will learn about prop design, set design and even documentary skills. There are a limited number of spots so sign up while you can. For further info please contact Ms. Zhai at lemon.zhai@dulwich.org.



你对全方面的设计充满热情吗？做一个舞台经理怎么样？负责道具和服装？录像制作？如果你感兴趣，那么这就是最适合你的 CCA。你想要有成为后台工作人员的一部分吗？有史以来第一次，我们将有一个专注于音乐剧幕后工作的 CCA。在这个 CCA 中，你将了解“真正的魔法发生之地”的相关技能和责任——后台！你将学习道具设计、布景设计，甚至文件记录技能。名额有限，请趁早报名。如需进一步信息，请联系 Ms. Zhai，她的邮箱是 lemon.zhai@dulwich.org。



Family: The Musical

Addams

ADDAMS FAMILY: THE MUSICAL 音乐剧

Katherine Ryan, Jessica Fannon & Sheree Hollis

Monday/Tuesday · 15:30-16:30 · Lecture Theatre/Black Box



This year, we are asking DHSZ students to step into the enchanting and captivating world of Addams Family: The Musical, where the quirky characters of Charles Addams come alive on stage. Embark on a journey alongside the lovable and eccentric Addams family as they face an unexpected challenge when their daughter, Wednesday (Princess of Darkness), falls head over heels in love with a young man from a "normal" family. Prepare to be immersed in a delightful blend of offbeat humour, catchy songs, and a touch of the supernatural. Addams Family: The Musical tells a story that celebrates love, family, acceptance, and the importance of embracing one's individuality. An experience not to be missed. By participating in this musical, you will:

- Develop collaboration and teamwork skills as you work alongside peers and production members to create a cohesive and successful performance. You will learn effective communication, compromise, and the importance of supporting each other to achieve shared goals.
- Cultivate self-confidence and public speaking abilities through acting on stage. You will overcome stage fright, project your voice, and engage with an audience, building essential skills applicable to public speaking, presentations, and interviews.

今年，我们邀请德威的学生们踏入《亚当斯一家：音乐剧》这个迷人的世界，在这里，查尔斯·亚当斯的古怪角色将在舞台上生动呈现。跟随可爱又古怪的亚当斯一家，踏上一段旅程，当他们的女儿、周三（黑暗公主）爱上了一个来自“正常”家庭的年轻人时，他们面临了一个意想不到的挑战。准备好沉浸在离奇幽默、动听歌曲和超自然色彩的美妙融合中。《亚当斯一家：音乐剧》讲述了一个庆祝爱、家庭、接受和珍视个体独特性的故事。这是一个不容错过的体验。通过参与这部音乐剧，你将：

- 与同龄人和制作人员一起合作，共同创造出一个凝聚力强、成功的表演，培养合作和团队合作的技能。你将学会有效沟通、妥协，并意识到支持彼此以实现共同目标的重要性。
- 通过在舞台上表演，培养自信和公众演讲能力。你将克服舞台恐惧，放声高歌，并与观众互动，建立起适用于公开演讲、演示和面试的重要技能。



The Addams Family

A NEW MUSICAL
COMEDY

DHSZ Minecraft SMP

Matthew Smith

Monday · 15:30-16:30 · 1N3



Embark on an educational journey through Minecraft, where students collaborate in a multiplayer world to solve challenges, foster creativity, and cultivate teamwork skills while exploring various subjects in an immersive virtual environment. By the end of this semester, you will learn to collaborative Problem-Solving: Collaborate in Minecraft to develop stronger teamwork, communication, and critical thinking skills, digital Literacy: Enhance digital skills through Minecraft, gaining proficiency in digital tools and platforms., cultivate Creativity and Innovation: Explore and experiment with design concepts in Minecraft, fostering creativity and cultivating a mindset of exploration and invention.

在 Minecraft 中踏上一次教育之旅，学生们在多人游戏世界中合作，解决挑战，培养创造力，并在沉浸式虚拟环境中探索各种学科，培养团队合作技能。在整个学期中，你将学到协作解决问题：在 Minecraft 中合作，培养更强的团队合作、沟通和批判性思维能力。数字素养：通过 Minecraft 提高数字技能，熟练掌握数字工具和平台。培养创造力和创新：在 Minecraft 中探索和实验设计概念，培养自身创造力，提升探索和发明的思维方式。

Sculpture Club 雕塑俱樂部

Lee Whitehouse

Monday · 15:30-16:30 · 2N2



Develop art skills further using 3D materials and techniques. This CCA will include a range of fun sculpture projects. By the end of this semester, you will gain knowledge and understanding of 3D materials and techniques, learn to collaborate, give, and receive constructive feedback, and appreciate collective creativity through group projects and critiques in sculpting, and take risks through exploring new artistic possibilities, embracing unconventional techniques, and developing resilience and adaptability.

通过使用3D材料和技术进一步发展艺术技能。这个 CCA 将包括一系列有趣的雕塑项目。到本学期结束时，你将获得对3D材料和技术的知识和理解。通过小组项目和雕塑评价，学会合作，给予和接受建设性反馈，并欣赏集体创造力。通过探索新的艺术可能性、接受非传统技术，培养坚韧和适应能力，来冒险。



Dulwich Year Book 德威年鉴

TBD

Thursday · 15:30-16:30 · 3N13



The Yearbook CCA designs and produces the annual school yearbook, capturing and preserving memories, achievements, and events. Students showcase their creativity and design skills through collaboration in this engaging co-curricular activity. By the end of this semester, you will be able to plan, manage and organise time effectively. You will learn to break down tasks, set deadlines and allocate resources, collaborate effectively in a team, emphasizing communication, delegation, and mutual support for successful outcomes, and gain creativity and design skills. Understand the importance of layouts, typography, and colours in Yearbook construction. Learn how these elements enhance overall design and visual appeal.

Yearbook CCA 致力于设计和制作学校的年度校刊，捕捉和保留记忆、成就和事件。学生通过在这个有趣的课外活动中进行合作展示他们的创造力和设计技巧。到本学期结束时，您将能够有效地规划、管理和组织时间。您将学会拆分任务、设定截止日期和分配资源。在团队中有效进行合作，强调沟通、委派和相互支持，以取得成功。获得创造力和设计技巧。了解布局、排版和颜色在年鉴制作中的重要性。了解这些元素如何增强整体设计和视觉吸引力。



Ikebana 插花



Outside Provider

Monday · 15:30-16:30 · 3N1

This CCA requires a student fee

The Ikebana CCA offers students a captivating journey into the world of flower arranging, where they can discover the beauty of friendship, happiness, and spirituality through floral art. Under the guidance of an experienced teacher, students will not only develop their confidence and learn various techniques but also have the chance to create stunning floral compositions to cherish each week. Throughout the semester, they will have the opportunity to enhance their artistic abilities and creative expression, foster self-assurance and a sense of accomplishment, and gain a deeper understanding and appreciation of diverse floral traditions, nurturing a global perspective and cultural sensitivity.

插花 CCA 为学生提供了一种迷人的花道之旅，让他们通过花艺发现友谊、幸福和灵性之美。在经验丰富的老师指导下，学生不仅将提升自己的信心并学习各种技巧，还有机会每周创作令人惊叹的花卉作品。在整个学期中，他们将有提升他们的艺术才能和创造表达能力，培养自信和成就感，并对各种花卉传统有更深入的理解和欣赏，培养全球视野和文化敏感度。



Dulwich Photography 德威摄影

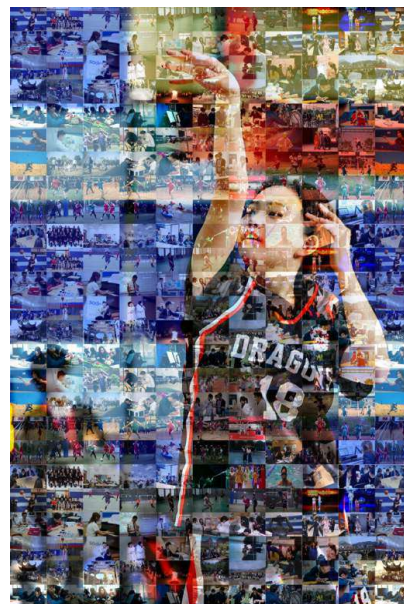


Tony Winton & Wayne L.

Thursday · 13:00-13:35 · 3N13

Photography CCA develops students' skills through hands-on experiences and guidance. Capture school events including Sports Day, House Spirit Week, and the School Musical. By the end of this semester, you will be able to showcase photography skills: exposure, composition, lighting, and camera settings, unleash artistic vision: capture visually captivating images, explore creative composition and storytelling, and develop communication and leadership: coordinate photoshoots with other departments, CCAs, and clubs.

摄影 CCA 通过实践经验和指导培养学生的技能。捕捉学校活动，包括体育日、院系精神周和学校音乐会。到本学期结束时，你将能够展示摄影技能：曝光、构图、照明和相机设置。释放艺术视野：捕捉引人注目的图像，探索创造性构图和叙事。发展沟通和领导能力：与其他部门、CCA 和俱乐部协调组织拍摄活动。



DIY 手工制作社团



Sereena Shi & Rain Xie

Tuesday · 15:30-16:30 · 2N13

This hands-on arts and crafts course will develop your proficiency with materials like paper, ceramics, fabric, and jewellery. Through workshops, you'll tap into your creativity to produce unique handicrafts.

The course also covers the business side, teaching product design, pricing, marketing, and sales. This culminates in an end-of-semester fundraiser where you can sell your creations, with proceeds going to a local charity.

这门动手艺术和手工艺课程将提高你使用纸张、陶瓷、织物和珠宝等材料的熟练程度。通过动手制作，你将利用你的创造力来制作独特的手工艺品。

该课程还涉及商业方面的学习，教授产品设计、定价、营销和销售。最后以学期末的筹款活动结束，你可以售卖你的创作，所得收益将捐赠给当地慈善机构。



The Art of Candle Making

艺术手工蜡烛

Maria Villaescusa & Ibtisam Allie

Thursday · 15:30-16:30 · 3S9

The Art of Candle Making CCA provides students a hands-on experience to explore candle-making. You'll create fragrant candles using diverse materials and techniques, developing practical skills and fostering creativity. By semester's end, you'll demonstrate proficiency in candle-making, selecting appropriate components, and cultivating an artistic vision to express your creativity through unique designs. Additionally, you'll have the opportunity to produce and sell your handmade candles at school charity fayres, putting your entrepreneurial skills into practice while contributing to a good cause.

蜡烛制作 CCA 为学生提供动手实践的机会, 探索蜡烛制作。你将使用不同的材料和技巧制作香薰蜡烛, 培养实践技能并激发创造力。到学期末, 你将展示在蜡烛制作方面的熟练程度, 选择合适的材料, 并培养艺术视野, 通过独特的设计表达你的创造力。此外, 你还有机会在学校慈善义卖会上制作和销售自己手工制作的蜡烛, 将你的创业技能付诸实践, 同时为公益事业做出贡献。



Global Competencies: Green Dragons

全球竞争力: 绿色龙

Kimberley Murray

Thursday · 13:00-13:25 · 2N3

We aim to make a positive impact in our school community through this multifaceted CCA. The key focus areas include environmental sustainability, raising awareness and developing practical skills to promote eco-friendly practices; economic sustainability, enhancing knowledge about responsible financial management and entrepreneurship; and cultural understanding, exploring diversity, inclusion, and global perspectives through creative activities. By engaging in this CCA, students will not only develop valuable skills, but also contribute to the betterment of our school and beyond through innovative and impactful initiatives.

我们致力于通过这项多元化的课外活动(CCA)在学校社区产生积极影响。重点关注领域包括环境可持续性、提高认识并发展实践技能以推广环保实践; 经济可持续性, 增强对负责的财务管理和创业精神的认识; 以及文化理解, 通过创意活动探索多样性、包容性和全球视角。通过参与这项 CCA, 学生们不仅将发展宝贵的技能, 还将通过创新和有力量的举措为学校 and 更广泛的社区带来福祉。



Stop Motion Animation 定格动画

Mark Ford

Tuesday · 15:30-16:30 · 2N5

In this stop motion animation CCA, students will use toys or clay figures to create their own animated adventures. Exploring storytelling and animation techniques, they'll apply the 12 Principles of Animation to produce a meaningful short film on the theme of "No Poverty" using Stop Motion Studio software. By semester's end, students will understand frame rates, camera angles, and the skills to craft compelling stop motion animations that bring their unique visions to life.

在这个定格动画 CCA 中, 学生们将使用玩具或粘土人物来创造他们自己的动画冒险。通过探索讲故事和动画技术, 他们将应用动画的12个基本原则, 使用 Stop Motion Studio 软件制作一个以“消除贫困”为主题的有意义的短片。到学期末, 学生们将理解帧率、相机角度, 以及制作引人入胜的定格动画所需的技能, 使他们的独特愿景成为现实。



ACG Art & Design 课程介绍

Outside Provider

Wednesday · 15:30-16:30 · 2N4



Fashion Sense Workshop (Weeks 1-6)

时尚触觉工坊 (第1到6周)

Fashion is not limited to traditional clothing. It is an art and a lifestyle attitude. Under the guidance of teachers, students can experience the fashion system, including clothing design, jewelry accessory design, fabric dyeing, and fashion marketing concepts. They can truly understand the significance of fashion in our lives and its wonderful aspects.

时尚不局限于传统意义上的服装，它是一门艺术，更是一种生活态度。在老师的带领下，学生可以体会时尚体系中的服装设计，珠宝配饰设计，面料印染以及时尚营销理念。真正认识时尚对于我们生活的意义和它的美妙之处。

Contents:

- ◇ Hand-dyed Silk Scarf
- ◇ Clothing Sketching and Collage
- ◇ Heat Shrink Sheet Hairpin
- ◇ Monoprint Summer T-shirt
- ◇ Old Clothes Transformation
- ◇ Enamel Inlay

内容:

- ◇ 手工扎染丝巾
- ◇ 服装速写与拼贴
- ◇ 热缩片发簪
- ◇ 单印夏日T恤
- ◇ 旧衣改造
- ◇ 掐丝珐琅



ACG: ART & DESIGN

RECREATIONAL

SP





休闲运动

Cycling 单车 CCA



David Gabb & Luke Webb

Thursday · 15:30-16:30 · Main Foyer

The cycling CCA provides hands-on instruction to develop students' cycling skills. Through rides, events, and guidance, participants will improve their bike handling, endurance, speed, and ability to navigate diverse terrain and conditions. By the end of the semester, students will demonstrate technical cycling proficiency, find their cycling style, and gain communication and leadership skills for organizing group activities.

骑行CCA通过实践指导发展学生的自行车骑行技能。通过骑行、活动和指导，参与者将提高他们的自行车操控、耐力、速度和驾驭不同地形和条件的能力。在本学期结束时，学生们将展示自己的自行车技术水平，找到自己的自行车风格，并获得组织团体活动的沟通和领导能力。



Indoor Rock Climbing 室内攀岩



Lee Mckelvey

Monday · 15:30-18:00 · Olympic Park

This CCA requires a student fee

Indoor rock climbing is a great way to exercise both your body and your mind. It is a fullbody workout and you get to problem solve at the same time! You will build up your confidence, power and problem solving skills by taking part in the awesome CCA. This CCA is off-site and therefore requires students to pay, but the cost is well worth the 90 minutes of fun you can have climbing with friends.

By the end of this semester, you will improve your confidence, not only physically, but also mentally, and develop and enhance your problem-solving skills as you navigate varying degrees of wall climbing difficulty.

室内攀岩是锻炼身体和头脑的绝佳方式。这是一个全身性的锻炼，同时你还可以解决问题！通过参加这个令人惊叹的CCA，你将增强自信、力量和解决问题的能力。这个CCA是在校外进行的，因此需要学生支付费用，但通过与朋友一起攀爬90分钟的乐趣来说，这个成本是物有所值的。到本学期结束时，你将提高你的信心，不仅在身体上，而且在心理上。在攀爬不同难度的攀岩墙时，发展和增强你的解决问题的技能。



Tennis 网球



Benjamin Arnold

Thursday · 15:30-16:30 · Tennis Court

The Tennis CCA offers students the opportunity to develop their tennis skills and engage in physical activity, improving technique on various shots and transitioning to overarm serving. Throughout this semester, you will enhance hand-eye coordination as you practice and refine your timing and precision in hitting the ball during gameplay, develop sportsmanship and teamwork skills by practicing fair play, respect for opponents, and effective collaboration with teammates, and cultivate perseverance and resilience through overcoming challenges and setbacks during training and competitive matches, building mental fortitude and determination.

网球 CCA 为学生提供了发展网球技能和参与体育活动的机会，提高各种击球技术，并过渡到上臂发球。本学期，你将会在比赛中练习和精确控制击球时的时间和精准度，增强手眼协调能力。通过练习公平竞技、尊重对手，并与队友有效合作，培养体育道德和团队合作精神。通过克服训练和比赛中的挑战和挫折，培养毅力和适应能力，建立心理坚韧和决心。



Dragon eSports Team 电龙竞队



Matthew Grech & Umer Sohail

Tuesday · 15:30-16:30 · 1N3

Join the eSports CCA if you're competitive, love video games, and want to learn more about making them. Compete in Nintendo Switch games, get career tips, and challenge students from other Dulwich schools in China. It's the perfect place to play games without getting in trouble! Throughout this semester, you will develop organisational skills to plan online esports fixtures and House esports events and manage individuals to create teams to compete in online esports fixtures and House esports fixtures, and develop collaboration skills through in-game teamwork and setting up equipment for weekly CCAs and House esports events.

如果你具有竞争性，热爱视频游戏，并且想要了解更多关于制作游戏的知识，那么请加入电子竞技 CCA。在 Nintendo Switch 游戏中展开竞争，获取职业技巧，并挑战德威旗下其他学校的学生。这是一个可以玩游戏而不惹麻烦的完美场所！在整个本学期的学习中，你将提升组织能力用以规划在线电子竞技赛事和学院电子竞技赛事，并组建和管理团队参加在线电子竞技赛事和学院电子竞技赛事。通过游戏中的团队合作和为每周的 CCA 和学院电子竞技赛事设置设备，提升合作能力。



Submission Wrestling 擒拿术



Jack Rau

Tuesday · 15:30-16:30 · Dance Studio

This CCA will focus on submission grappling – a blend of American folkstyle wrestling and Brazilian jiu jitsu. Practices will be a combination of drilling, positional training, and live wrestling. We will begin with the very basics, so this is suitable for anyone wanting to learn more about grappling. By the end of this semester, you will learn the basics of submission wrestling, and learn how to perform basic wrestling positioning, hand fighting, and takedowns. We will also go into Brazilian Jiu Jitsu submissions and submission defense.

这个 CCA 将侧重于擒拿术——一种美国民间摔跤和巴西柔术的混合。训练将包括演练、定位训练和实战摔跤。我们将从最基础的开始，因此适合任何想要了解更多关于擒拿术的学生。到本学期结束时，你将能够学生将学到摔跤的基础知识。学习如何执行基本的摔跤定位、手斗和打倒。展示巴西柔术的擒拿技巧和防守技巧。



Chinese Chess 象棋社



Michelle Niu

Thursday · 13:00-13:25 · 3S9

Welcome to Chinese Chess Club! Whether you're a novice or a grandmaster, we welcome players of all levels. Ready to test your intellect in thrilling competitions? Join Chinese Chess Club and unleash your strategic brilliance! By the end of this semester, you will be able to develop your strategic thinking as the game requires students to plan and anticipate opponents moves, and improve decision making under pressure as you will be required to weigh up choices on which moves to make.

欢迎加入中国象棋俱乐部！无论你是新手还是大师，我们欢迎各个水平的玩家。准备好在激动人心的比赛中展示你的实力了吗？加入中国象棋俱乐部，释放你的战略才华！到本学期结束时，你将能够发展你的战略思维，因为这个游戏要求学生计划和预判对手的走法。在压力下改善决策能力，因为你将需要权衡选择哪些走法。



Kendo 剑道



Student: Leo S.

Teacher Sponsor: Maria Hou

Wednesday · 15:30-16:30 · Tennis Court

Learning safe self-defence skills and abilities. Learn the cultural significance of Kendo.

Practicing Kendo helps build patience and self-control. Through only long-term practice can we improve our skills. During exercise, we are often "accompanied" by fatigue, thus enduring tiredness is a part of training.

Etiquette is important in Kendo. Respecting opponents is not only for the sense of ritual, but also for inner cultivation. The main purpose of learning Kendo is through requesting advice from our opponents to achieve the goal of mutual encouragement.

练习剑道可以培养耐性和持续努力的习惯。剑道只有长期练习的积累，才能有技术的进步，在其努力积累的过程中，经常会伴随着疲惫，于是对痛苦的忍耐是剑道练习的一部分。剑道是一项注重礼节的运动，尊重对手并非只是为了仪式感，而是对内在的培养与修行。请求对手指教，祈求彼此共同成长，才是学习剑道的内在目的。



Dance and Fitness CCA 舞蹈社



Maxine Li & Sophia Chen

day · 15:30-16:30 · Dance Studio

Our dancing CCA is a vibrant and energetic activity that allows students to express themselves through various dance styles and choreography. Participants learn fundamental dance techniques, develop coordination and flexibility, and showcase their creativity in thrilling performances, fostering a sense of camaraderie and self-confidence within the group.

Throughout this semester you will develop coordination, rhythm, and body awareness through dance movements, enhance creativity and expression through choreography and improvisation exercises, and improve teamwork and collaboration skills through group performances, fostering synchronized movements and mutual support.

我们的舞蹈社团是一项充满活力的课程，让学生通过各种舞蹈风格和编舞来表达自己。参与者学习基本舞蹈技巧，发展协调性和灵活性，并在激动人心的表演中展示他们的创造力，促进团队之间的友谊和自信心。在本学期期间，您将会通过舞蹈动作发展协调性、节奏感和身体意识。通过编舞和即兴练习增强创造力和表达能力。通过团体表演提高团队合作和协作能力，促进同步动作和相互支持。



Dodge Frisbee 躲避飞盘俱乐部



Leo L. & Wayne D. (Student Led)

Wednesday · 15:30-16:30 · Astro pitch

This CCA centres around a sport called Dodge Frisbee. The main objective of the game is similar to dodgeball, where participants catch a frisbee and throw it at opposing players to eliminate them from the game. The team that eliminates all of its players is considered the loser. This sport effectively enhances students' reflexes, decision-making speed, and fosters teamwork among team members. Frisbee has gained significant popularity in foreign countries, and in recent years, it has gradually gained traction in China. It is a sport that captivates both domestic and international players.

这项课外活动以躲避飞盘为主题。运动的主要目标类似于躲避球，参与者需要接住飞盘并将其投向对方的球员，将其淘汰出局。将所有球员淘汰完的队伍被视为失败者。这项运动有效提升学生的反应能力、决策速度，并促进团队合作。飞盘运动在国外已经非常受欢迎，近年来在中国也逐渐流行起来。这是一项受到国内外玩家喜爱的运动。



Boxing 拳击



Qualified Instructor

Monday · 15:30-16:30 · Dance Studio

This CCA requires a student fee

Boxing is a highly intensive sport, suitable for all students to get into shape and lose fat fast (burns about 700 calories per hour). It is also good for blood circulation and metabolism, improving bodily flexibility and a great stress release. When you train, boxers need to learn lots of skills, smartly using different fighting tactics, along with developing reaction and mobility skills. Boxing also plays a large part in self-defense as well as creating a stronger mindset.

拳击是一项强度很高的运动，适合所有学生快速塑形和减脂（每小时燃烧约 700 卡路里）。它也有利于血液循环和新陈代谢，提高身体的灵活性，是一种很好的压力释放。训练时，拳击手需要学习很多技能，巧妙地使用不同的战斗战术，同时发展反应和移动技能。拳击在自我防卫以及创造更强大的心态方面也发挥了很大作用。



Swimming 游泳



Qualified Swim Coach

Thursday · 18:30-20:00 · DCSZ Swimming Pool

The swim CCA offers structured training and competitive opportunities for students of all skill levels. By the end of the semester, participants will have improved their swimming techniques, increased cardiovascular fitness, and developed teamwork and leadership skills through participation in the annual DHSZ Swim Gala event and other group activities. The swim CCA also provides a fun and inclusive environment for students to make new friends and stay active.

游泳 CCA 为所有技能水平的学生提供结构化的培训和竞争机会。在本学期结束时，学员们将通过参加一年一度的 DHSZ 游泳嘉年华及其他游泳活动，提高他们的游泳技术，增强心血管健康，培养团队合作和领导能力。游泳 CCA 还为学生提供了一个包容开放的环境，让他们结交新朋友，保持活跃。



DHSZ TEAM

SP





BITS

德威校队

Badminton Team 羽毛球校队



Sam Cui & Jason French

Tuesday · 16:00-17:00 · IGYM

Badminton is a very popular, fast-paced sport known for improving balance, coordination, agility, and speed across all age groups. At DHSZ Badminton Team, we strive to cultivate confidence, team spirit, and a commitment to fair play among our members. Throughout this semester you will improve Physical Fitness: Enhance cardiovascular health, agility, coordination, and stamina through playing badminton, develop Stress Reduction and Mental Resilience: Reduce stress levels and cultivate mental resilience by actively participating in badminton, and foster Social Interactions and Relationship Building: Engage in badminton to promote social interactions and build relationships with fellow players.

羽毛球是一项非常受欢迎的快节奏运动，以提高各个年龄组的平衡、协调、敏捷和速度而闻名。在 DHSZ 羽毛球队，我们致力于培养成员的自信、团队精神和对公平竞争的承诺。在本学期期间，您将会提升身体素质：通过打羽毛球来增强心血管健康、敏捷性、协调能力和耐力。培养减压和心理韧性：通过积极参与羽毛球运动来降低压力水平并培养心理韧性。促进社交互动和人际关系建设：参与羽毛球运动以促进社交互动并与队友建立关系。



Table Tennis Team 乒乓球校队



TBD

Wednesday · 15:30-16:30 · Gym

Table tennis is a popular sport at DHSZ, with a growing presence and strength. Both boys and girls train and compete together across different year groups. Throughout this semester, you will have the opportunity to enhance your knowledge and understanding of table tennis, including the rules, strategies, and techniques of the sport, improve your skills through regular training sessions and active participation in matches, developing precision, control, and game tactics, and develop a sense of responsibility and teamwork by actively contributing to the setup, takedown, and refereeing of matches, fostering a collaborative and supportive team environment.

乒乓球是德威学校的一项受欢迎的运动，其在学校的影响力和实力不断增强。男生和女生跨年级一起训练和比赛。在本学期，你将有机会加深对乒乓球的认识和理解，包括该运动的规则、战略和技巧。通过定期的训练和积极参与比赛，提高你的技能，培养精准度、控制力和比赛策略。通过积极参与比赛的布置、撤场和裁判工作，培养责任感和团队合作精神，促进团队合作和支持性氛围的形成。



Ultimate Frisbee Team 极限飞盘



Muralee Kanthiah

Tuesday · 15:30-16:30 · Astro pitch

The Ultimate Frisbee CCA offers students the opportunity to develop their skills in this exciting and fast-paced sport through hands-on experiences and guidance from experienced instructors. Throughout this semester, you will have the chance to actively participate in training sessions, friendly matches, and House competitions. By the end of this semester, you will be able to demonstrate proficiency in the fundamental skills of Ultimate Frisbee, including throwing, catching, and field positioning, develop a deep understanding of the rules, strategies, and tactics of the game, enabling you to make effective decisions during gameplay, and cultivate teamwork and collaboration skills through regular practice sessions and game simulations, fostering effective communication, coordination, and support among teammates.

终极飞盘 CCA 让学生能亲身体验这个激烈且快节奏的运动中，并接受经验丰富的教练的技能指导。在本学期，你将有机会积极参与训练课程、友谊赛和院队比赛。到本学期结束时，你将能够展示终极飞盘的基本技能，熟练掌握包括投掷、接球和场地位置的技巧。深入理解比赛的规则、战略和战术，使你能够在比赛中做出有效的决策。通过定期的训练和比赛模拟，培养团队合作和协作能力，促进队员之间的有效沟通、协调和支持。





Badminton Team 羽毛球校队

Girls Volleyball Team



女子排球队



Grace Wen & Jessica Law

Tuesday · 15:30-17:30 · Gym



Volleyball is a great team sport that can be enjoyed by people of all year and skill levels. If you are new to Volleyball no problem, we can help you learn the skills and have fun playing. The rules of volleyball are easy to understand making the game fast to learn and easy and fun to play. Throughout this semester, you will:

- Develop essential volleyball skills, including spiking, digging, setting, and serving.
- Gain a comprehensive understanding of the rules of the game and apply them effectively during matches against other schools and tournaments.

Come join us and play Volleyball. What are you waiting for?



Boys Volleyball Team



男子排球队

Tim Rees

Tuesday · 15:30-17:30 · Gym



排球是一项伟大的团队运动，适合各个年龄和技能水平的人员。如果你是排球新手，没关系，我们可以帮助你学习技能，去享受打球的乐趣。排球的规则易于理解，学习起来快速简单，易学并很有趣。在本学期中，你会：

- 发展必要的排球技能，包括扣球、接发球、传球和发球。
- 全面了解比赛规则，并在与其他学校的比赛中有效地应用这些规则。

你还在等什么？快来加入我们一起打排球吧！

VOLLEYBALL
排球

Boys Basketball 男子篮球队



TBD

Monday · 15:30-17:00 · Gym

Wednesday · 16:30-18:00 · Gym

Our Basketball CCA offers students the opportunity to develop their athletic abilities and teamwork skills through regular training sessions, drills, and competitive gameplay. Participants engage in a dynamic and supportive environment where they can hone their basketball fundamentals while fostering camaraderie and sportsmanship within the team. Throughout this semester you will:

- Enhance teamwork skills: Engage in team practices, drills, and games to develop effective collaboration, communication, and coordination with peers, fostering camaraderie and unity within the team.
- Improve physical fitness and athleticism through regular training sessions and participation in various physical activities, promoting overall health and well-being.
- Enhance leadership skills: Take on roles such as team captain, leading warm-up exercises, or providing guidance during gameplay to develop leadership abilities. Learn to motivate and inspire teammates, make strategic decisions under pressure, and effectively communicate with coaches and fellow players.



篮
球

BASKET



Girls Basketball 女子篮球

TBD

Thursday · 15:30-16:30 · Gym

篮球CCA为学生提供了通过定期训练、练习和竞技比赛发展体育能力和团队合作技能的机会。参与者在充满活力和支持的环境中参与，可以在这里磨练篮球基本功，同时在团队内培养友谊和体育精神。在本学期中，你将会：

- 增强团队合作能力：参与团队训练、练习和比赛，与同伴有效合作、沟通和协调，培养团队友谊和团结精神。
- 通过定期训练和参与各种体育活动，提高身体素质和运动能力，促进整体健康和幸福感。
- 增强领导能力：承担队长等角色，领导热身运动，或在比赛中提供指导，以发展领导才能。学会在压力下激励和鼓舞队友，在策略性决策方面表现出色，并有效地与教练和队友沟通。

BALL

足球

FOOTBALL

The DHSZ Girls' and Boys' Football Teams welcome players of all skill levels to develop their football skills and compete against other schools. Through coaching and practice, you will enhance your technical abilities, learn the value of teamwork and sportsmanship, and improve your physical fitness and tactical awareness. Participating in this CCA also fosters important life skills like communication and leadership, all while representing your school in local matches and tournaments.



Boys Football Team 男子足球校队

Keegan Ashton & Alex Whitwam

Monday/Wednesday · 15:30-18:00



DHSZ 男女足球队欢迎所有技能水平的球员前来发展足球技能，并与其他学校进行比赛。通过教练的指导与训练，你将提高你的技能，学习团队合作和体育精神的价值，同时提高你的身体素质和战术意识。参与这个俱乐部活动还可以培养重要的生活技能，如沟通和领导能力，并在本地比赛和锦标赛中代表你的学校参加比赛。



Girls Football Team 女子足球校队



Mark Coyle

Thursday / 15:30-16:30 / Astro Pitch

STUDENT

LEAD





学生领导力

Inspiring and Developing Leaders within the Student Community

激励和发展学生社区的领导者

Student-led co-curricular activities at DHSZ are activities that are organized and run by students, with guidance and support from teachers or adult mentors. These activities can provide a wide range of benefits for students, including:

- **Leadership development:** Student-led CCAs provide students with opportunities to develop their leadership skills, as they are responsible for planning, organizing, and managing the activities. This can help students learn how to communicate effectively, delegate tasks, and motivate their peers.
- **Creativity and innovation:** Student-led CCAs can be a platform for students to express their creativity and innovation. Students can come up with new ideas for activities, events, or projects, and have the freedom to explore their interests and passions. This can help students develop their critical thinking, problem-solving, and decision-making skills.
- **Personal growth:** Student-led CCAs can also provide students with opportunities for personal growth and development. By participating in CCAs, students can learn new skills, explore new interests, and develop their confidence and self-esteem. This can help students become more well-rounded individuals, with a broad range of experiences and skills.

Overall, student-led CCAs have become a valuable addition to our school's co-curricular program. They have provided many of our students through the years with opportunities for leadership, creativity, and personal growth, while

also contributing to a vibrant and engaging school community.

学生主导的课外活动是在教师或导师的指导和支持下，由学生组织和经营的活动。这些活动可以为学生提供广泛的好处，包括：

·**领导力发展:**学生主导的社团课为学生提供了发展领导技能的机会，因为他们负责计划、组织和管理社团课。这可以帮助学生学习如何有效地沟通，分配任务，并激励他们的同伴。

·**创意与创新:**学生主导的社团课可以成为学生表达创意与创新的平台。学生可以为活动、事件或项目提出新的想法，并且可以自由地探索他们的兴趣和激情。这可以帮助学生培养批判性思维、解决问题和决策的能力。

·**个人成长:**学生主导的社团课也可以为学生提供个人成长和发展的机会。通过参与社团课，学生可以学习新的技能，探索新的兴趣爱好，并培养他们的自信和自尊。这可以帮助学生成为更全面的人才，拥有广泛的经验和技能。

总的来说，学生主导的社团课已经成为我们学校课外项目的一个有价值的补充。多年来，他们为我们的许多学生提供了领导力、创造力和个人成长的机会，同时也为一个充满活力和吸引力的学校社区做出了贡献。



Click to add notes

Availability: Investigate



Name of CCA	Type of CCA	Student Leaders	Lunchtime CCA
ShowCan School Magazine	A CCA for those who have an interest in journalism and creativity.	William W. & Andrew J.	YES
Dreamseeker	A well-being CCA exploring the meaning of dreams.	Mirabel Z.	
Variety	A CCA which welcomes those who have a passion for signing or playing a musical instrument.	Leo S.	
Street Dance	Learn a range of dance styles including Hip-Hop, Jazz and Popping.	Jenny Q.	
Xface	Dance group	Zoe Z.	
Probability and Statistics	Develop your skills and understanding on mathematical probabilities	Karl Z.	
HOTS (Hope on the Star)	Service based CCA with students volunteering to support the school community	Hannah Z.	
Youth Financial Challenge Club	Work towards competing in an annual financial challenge event.	Miya Z.	
We-Era	Learn a range of dance styles including Hip-Hop, Korean and Jazz.	Casey C.	
Sign Language	Learn sign language to communicate with the hearing impaired.	Stephanie S.	
BlankOr	Dance and acting CCA	Elina H.	YES
Fitness CCA	Get healthy through dance, stretching and exercise.	Ayaka Z. & Shiloh C.	
Cardistry	Learn magic with cards	Charlie C. & Tico	
Chinese Handicraft	Learn how to make traditional Chinese handicrafts.	Sylvia W., Alex D., Savannah C., & Cici S.	
IOL Language Inference Club	Join this CCA and develop your linguistic skills, and prepare for the IOL competition.	Carl X.	
Detective Agency	Problem solving and role playing.	Aurora Q. & Joy Z.	
SIEGE Band	Musical Band—opportunity to rehearse and perform at school events.	Ryan Y.	
No Problem!	Learn to creatively write your own music lyrics.	Ming Xing W. & Samuel D.	
The Colour of Space	CCA for science fiction enthusiasts who are keen to engage in discussions and activities.	Renee L.	
Day Night	Musical Band—opportunity to rehearse and perform at school events.	Richard H.	
Tea Health Meditation	Focus on meditation through Chinese tea.	Harry C. & Beverley L.	
Bloom Hope	Service CCA exploring animal welfare.	Christine H., Hannah D., & Lexi J.	YES
NSL STEM	Remote Control Car Racing CCA	Ryan H.	

社团名称	社团类型	学生社长	午餐时间的社团
校刊	一个对新闻和创意感兴趣的 CCA	William W. & Andrew J.	YES
梦境探索家	一个拥有幸福感的 CCA，具有探索梦想的意义。	Mirabel Z.	
V 变	一个欢迎那些对唱歌或演奏乐器有热情的 CCA。	Leo S.	
街舞社	学习一系列的舞蹈风格，包括嘻哈，爵士和跳跳舞的 CCA。	Jenny Q.	
Xface	舞蹈组	Zoe Z.	
概率统计及其应用	发展你对数学概率的技能和理解力。	Karl Z.	
HOTS (Hope on the Star)	一个以服务为基础的 CCA，学生自愿支持学校社区。	Hannah Z.	
青少年金融挑战赛	争取参加年度财务挑战赛。	Miya Z.	
We-Era	学习各种舞蹈风格，包括嘻哈，韩国舞和爵士。	Casey C.	
手语	学习手语与听障人士交流。	Stephanie S.	
空白者	舞蹈和表演 CCA	Elna H.	YES
健身 CCA	通过舞蹈、伸展运动和锻炼来保持健康。	Ayaka Z. & Shiloh C.	
花切	玩转魔术卡片	Charlie C. & Tico	
非物质文化遗产手工社团	学习如何制作中国传统手工艺品。	Sylvia W., Alex D., Savannah C., & Cici S.	
IOL 语言推理社	加入 CCA，提高你的语言技能，为 IOL 比赛做好准备。	Carl X.	
德威侦探社	解决问题和角色扮演。	Aurora Q. & Joy Z.	
围城乐队	乐队—有机会在学校活动中排练和表演。	Ryan Y.	
No Problem!	学会创造性地写自己的歌词。	Ming Xing W. & Samuel D.	
炫彩空间	一个为热衷于讨论和活动的科幻爱好者而设的 CCA。	Renee L.	
日夜	乐队—有机会在学校活动中排练和表演。	Richard H.	
Tea Health Meditation	品茗养身社	Harry C. & Beverley L.	
希冀		Christine H., Hannah D., & Lexi J.	YES
NSL中学生STEM大联盟		Ryan H.	

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